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18th July 2017

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Issue 352

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Expression of interest; Do you belong to a club/group that needs to modernise it's communications (website, email & social media management). Let us know - we are trying to get enough people to run some free training groups. Website and email will be provide by Oamaru.net.nz
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School holidays and Children inside as days get colder - not ideal, but if no snow on those hills, there will be no lakes filling. With the good hard frosts our gardens need, bugs will be zapped and soil broken down. Tender plants need covering with frost cloth, Bougainvillea, Hibiscus, Pelargonium and young Daisy bushes. Here on the

coast, established Marguerite Daisy bushes will take a knock from the frosts - leave if they have frosted on outside growth. This will protect the new growth beneath. Inland towards Kurow, gardeners will need to take cuttings of Daisy bushes, Geranium and Pelargoniums and protect them until Spring, because the frosts are too harsh for that soft growth.

I have pruned a few sheltered Hydrangeas, but need to stop myself from being tempted to start on any others until nearer Spring, but you can give pink Hydrangeas a dressing of lime now to keep them pink and blue Hydrangeas a dressing of Sulphate of Allium, or the specially prepared blue Hydrangea mix that can be bought from the Garden Centres.

This week I attacked a group of large leggy Rhododendrons that had leaves, buds and blooms only on the top of long woody branches taller than myself. I was only going to cut the woody non productive wood off because the bushes were beginning to flower. However once I started, I ended up cutting them all right back to a healthy bulging nodule and then they got compost and straw - they should push out new bushy growth in the Spring.

More Rose pruning this week as well - I had to invest in some new secateurs, as the pair I have been using were not cutting clean and rips on a Rose prune will not allow the cut to seal - resulting in die - back, sometimes claiming a whole branch. Newly planted Rose bushes will need pruning at an outward facing bud.

If Winter has left your garden looking a little too bleak, the local Garden Centres have nice potted colour to brighten things up - small groups of colour make all the difference. I have been buying punnets of small annual seedlings - Pansies, Wallflower, Stock and Primula to pot up for early Spring colour and also potting in individual pots Delphiniums, Hollyhock, Lupins, Foxgloves and Sweet Peas grown from seed in the Autumn. Winter seems never-ending right now, but I see Spring waiting backstage everywhere.

Vegetables: This week I planted some more Garlic cloves, the list of facts, benefits and legends surrounding Garlic are so many and so varied. Garlic has been a staple in both pantry's and medicine cupboards for centuries. The shortest day is traditionally garlic planting time but it is still ok to plant now through to August. Separate small cloves and plant pointed end up, five to seven cm below the soil surface and about 10 to 15 cm apart in a sunny, well drained location. Garlic will also grow well in containers or pots, growing to about 60-90cm tall during Winter and Spring, flowering before the top growth dies off over Summer. Source bulbs from a Garden Centre as Garlic bought from a supermarket may have been sprayed to inhibit sprouting.

Time to start preparing the soil for Spring planting. Cultivate vacant spaces, digging in green crops sown earlier. Add compost / manure, and a few handfuls of lime to encourage worms.

Fruit: Winter is the time for planting Fruit trees and for finding the best selection in Garden Centres, They will be tall - having been grafted onto strong root stock. Plant up to where they were planted in the bag and stake well to protect against the wind.

A tip to eradicate Codling Moths as they climb to attack

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Apples, Pears, Walnuts, Quince, Crab Apple, and some Plum and Peach trees. Quarter fill a tin or plastic milk container with treacle and hang in the tree. It is said to attract male grubs - the treacle is said to smell like the female Codling Moths pheromones, attracting the male grub into the container to reach a sticky end. A double bonus is that the treacle will attract grub eating birds. Grubs start climbing trees at blossom burst - good to have all ready and on the trees. *Cheers, Linda Wilson - Rockvale Gardens*

Hearing loss in adults

Here are some symptoms of hearing loss:

- You frequently have to ask people to repeat themselves
- You have difficulty understanding speech in noisy places
- You turn up the volume on your TV or radio so loud that others complain
- You often misunderstand what is being said.

To diagnose a hearing loss you need a professional hearing test, but first, consider visiting your doctor or a specialist ear nurse.

- They can check your ears for problems like too much wax or an ear infection.
- They can also recommend and refer you for professional help, like a hearing therapist or an audiologist.

Seek this help as soon as possible as there are services and supports available to help you manage your hearing loss.

Hearing loss in children

Your child may have trouble hearing if they have some of these signs:

Infants under 6 months old

- Does not react to loud sounds, or wake to noise
- Not turning his/her head towards your voice by 4-6 months

Infants 6-12 months old

- May not recognise words or understand simple phrases

Children 1-2 years

- Does not respond to or try to locate sounds
- May not copy or repeat words and sounds to communicate
- May rely on visual clues

Children 3 years and older

- Speech is slow compared with other children of similar age
- Talks loudly
- Listens to television at louder volume
- May have short attention span
- May have behavioral issues
- May find it hard to follow or understand verbal questions and instructions

The sooner you get the help, the better for you, your child, your family and whānau. Please contact your doctor, nurse or hearing specialist (audiologist) straight away.

YOGA

Classes for Term Three 2017

Begin from the 25th of July

Tutor: John Guthrie

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Tuesday morning 10.30am-12.00pm -

Tuesday evening 5.45pm-7.15pm

Thursday morning 10.00am-12.00pm

Above classes \$110.00 term fee (\$16.00 casual)

Thursday evening 6.30pm-7.30pm \$80.00 term fee (\$12.00 casual)

All classes at St.John's rooms in Exe Street.

Register with John or Dominique: 03 689 7586

Email: karunayoga@kinect.co.nz

Aged Services

Age Concern Waitaki, 100 Thames St, Oamaru 434 7008

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N.O.Budget Advice Oamaru 434 6196 Palmerston 027 552 5502

Chiropractor

Ron Sim Chiropractor 23 Eden Street, Oamaru 434 8784

Citizens Advice

Citizens Advice Bureau North Otago 434 9743 or 0800 367 222

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Julie Hales TTC, RCN, Cert Alcohol & Drug Counselling, DAPAANZ 021 071 1030

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Wednesday 19th

Community Diary

Excelsior Petanque Club Day, 1pm. Ph. 437 1590 or 437 0388.

Eveline Indoor Bowls 7pm at the Centre. Ph 437-2471.

Parents Centre Playgroup (0-6yr) 10am, Salvation Army Hall.

St Patrick's Indoor Bowling Club, Centennial Park, 7pm. Ph 4347196

Waitaki Community Gardens Working Bee, Wednesdays 1-3pm.

All welcome! Call Ra on 021 115 4884 for 2 hours of fun!

Weston Indoor Bowls, 7:30 Weston Hall Ph. 4348281.

Yankee Bowls 1:30pm, Centennial Park. Ph. Bob 437 1704 or Gilda 437 2471.

N.O Orchid Society Meeting, St John Hall, Exe St 1.30pm. Ph Betty 434 2025.

Zonta Club of Oamaru: upstairs at the Star and Garter. Ph. Christine McLellan 022 074 5938.

Thursday 20th

Awamoa Indoor Bowls Club at 1:30 pm, Bowling Pavilion Towey St. Ph. 434 5061.

Diabetes Walking Group Chelmer St Gardens carpark 10.30am. Ph Jan 437 2348.

Kakanui Playgroup 9am-12pm, Kakanui School. 1st 3 visits free.

Mainly Music - pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. Ph Angela 437 0911. mainlymusic.org.nz

N.O. Asthma Society Respiratory Exercise Class, 10am, St John Hall Lounge, Exe St. Ph. 434 3202.

'Senior Social Sports' Come along to the Rec Centre from 1:30-3pm to enjoy some regular exercise with like minded people followed by a social 'cuppa'. Walking netball, table tennis, walking soccer and more. \$5 per session. Call Sport Waitaki 0294349379 or Rec Centre 4346932 to register.

St Paul's Thrift Shop open 10am - 2pm.

Friday 21st

AA Meeting, Orwell St Chapel, 12 noon. Ph.432 4191 or 437 2928.

Newcomers Coffee group 10.30am at the Opera House. Ph. Christine 027 2428643.

Saturday 22nd

Meadowbank Community Stadium Bowls, 14 Conway St, 1.15pm. all welcome. Ph. 434 0951.

Sunday 23rd

AA Meeting, Orwell St Chapel, 6pm. Ph. 437 2928 or 437 2337.

Excelsior Petanque Club Day, 1pm. Ph. 437 1590 or 437 2557.

St Paul's Church, Coquet St, 10am.

Oamaru Farmers Market 9.30 - 1pm, cnr Wansbeck & Tyne St.

Monday 24th

Altrusa International of Oamaru meet, Ph Robyn 027 4312858.

Breastfeeding Support Group. 10am-12pm, Plunket rooms. Ph.

Amy McCauley 0274186731 or oamaru@lalecheleague.org.nz

Happy Scoundrels, over 55 10pin bowling 12.45pm, Galleon Complex. Ph. Mike 437 0224 or Garry 434 1463.

Tokarahi Rifle club indoor range. Tokarahi Hall at 7-30pm.

Kakanui Playgroup 9am-12pm, Kakanui school. 1st 3 visits free.

SeniorNet Oamaru 10am, 2 Trent St, Ph. Dorothy 434 7278.

Woodturners, 1pm @ Clubrooms, Oamaru Racecourse. Ph 4395795

Tuesday 25th

AA Meeting, Orwell St Chapel, 7.30pm. Ph. 4324191 or 4372337.

AGM - North Otago Recreational Turf Trust 7.30pm at the N.O. Recreational Turf, Centennial Park, New members welcome.

Age Concern Gentle Exercise Programme, over 60's Orwell St Chapel Hall, at 1:30pm. Ph. Heather 437 2404.

Barnardos Kidstart Playgroup 9-12noon, preschool children & parents, St Mary's Anglican Church Hall, Bring morning tea.

Diabetes Walking Group, Chelmer St Gardens carpark 10.30 am. Ph Jan 437 2348.

Justice of the Peace, 11am-1pm, W.I.N.Z building, Coquet St.

Meadowbank Indoor Bowls, 7pm at the Centre, Centennial Park, Ph. Noel 437 0217 or Bob 437 1704.

Oamaru Club Indoor Bowls 7-9pm, Oamaru Club Hall, 32 Severn St, Ph Maria 439 5240.

Oamaru Garrison Band Practise Nights, Band Rooms, Cnr Severn & Isis St, 7.30pm.

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St Paul's Indoor Bowls, 2pm Church Hall. Ph. Mike 434 6722.
U3A Waitaki St Johns Hall Lounge, 2-4pm. Ph. Linda 434 6613.

Public Notice

Guinness World Record for Grabatology – largest collection of men's neckties? It is being held on Saturday 29 July 2017 from 9.00am at 153 Thames Street Oamaru - (the former BNZ building) corner Coquet and Thames Street Oamaru. It is open to the public and open to public inspection. I expect to reach the new world record about 3pm

Waitaki Power Trust - A.G.M., Thomas's Dining Room, Brydone Hotel, Thames St, Wednesday 26 July 2017 at 5.30pm.

The Trust's 2017 Annual Report will be available from 19 July 2017 from Network Waitaki Limited, 10 Chelmer St, Oamaru during normal business hours or by contacting wpt@clear.net.nz
AGM for the Oamaru Swim Club Inc being held at the Waitaki Aquatic Centre on Monday 12th August 2017 starting at 6pm.

Oamaru Heritage Radio

Tuesday evening, 4pm to 10pm. "Trevor's Tuesday Variety Time" Oamaru 88.3. Internet listening at www.ohr.nz

Tuesday: July 25th

- 5.30 Item for Younger Ears: Songs from Bananas In Pajamas
- 6.00 Classic Comedy: I'm Sorry I'll Read That Again
- 7.30 Concert Piece: Debussy, L'Après-midi d'un Faun and Children's Corner Suite
- 9.00 Reading: D H Lawrence, Sons and Lovers, read by Robert Powell, Pt 4 of 8

Winter School Holiday Programme At The Wonderlab

There's still time for kids to have fun at the wonderlab's Winter Drop-in Holiday Programme in the Forrester Art Gallery which is running Monday to Friday this week!



OamaruRocks at the wonderlab: Paint rocks to hide around Oamaru. Bring your own rock (around the size of your palm works best) and imagination and the wonderlab will provide the materials. The idea is to hide them to be hunted, captured (photographed with the finder and posted on OamaruRocks) and re-hidden, or kept. Be on the look-out for painted rocks already hidden around Oamaru - if you find one of the PRIZE wonderlab rocks you win a free visit to the wonderlab holiday programme. Happy rocking!

Necktie World Record: Upcycle at the wonderlab Have fun with the double up ties from local Oamaru grabatologist Irene Sparks who has started her official attempt to break the world record with her large collection of Neckties. Make something wearable or sculptural - it's all up to you.

Both programmes will run each day, all ages are welcome and it's \$2 per child. No bookings required - Just drop in any time between 11am and 3pm! Contact Elizabeth 03 433 0853 or Email: info@forrestergallery.co

Excelsior Petanque Club

The wintry blast that went through on Wednesday the 12th didn't stop members of the Excelsior Petanque Club turning out for Bastille Day, but overcoats and gloves were the order of the day. Luck was with them to hold games before lunch. All present enjoyed a lovely three course meal. Rain held up play after lunch for an hour. The Pistes were very heavy and wet and played very slow. Thanks to all that turned up and dressed in Red.

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Rocks to replace mattress for coastal protection

A one-in-seven year storm event has led to a decision to change the way the Council land between Holmes Wharf and the Oamaru Creek is protected.

Council had recently let a contract to protect the harbour land with sand mattresses. After a trial period to determine the best methods to install the sand mattresses, contractor Paul Smith Earthmoving was making good progress. Recently large waves from a storm out at sea struck the coastline and completely eroded the beach of sand and gravel meaning that there is now not enough left to shape the beach and install the mattress to the correct slope.

Mayor Gary Kircher said, “With a combination of king tides and waves hitting the beach from an unusual angle, much of the stone, gravel and sand have been ripped from the beach, making it now unsuitable for the mattress to continue to be placed properly”.

Assets Group Manager Neil Jorgensen said, “After advice from Council’s coastal engineer for the project, Gary Tear, we have made the decision to revert to using rocks to protect the reserve land and penguin colony in this area.”

It was unfortunate that the sand mattress, which did its job during the storm, could no longer be used for the rest of the project. “We would like to thank Paul Smith Earthmoving for working through the change in conditions with us and helping to make the transition from mattress to rock seamless”.

This has meant some increase in costs, with the large waves requiring \$60k of emergency rock work, outside of the contract and the change to rock increasing the contract value from \$520k to \$590k. Both Council and Paul Smith Earthmoving staff have worked hard to keep the cost of the new work as low as possible.

Mayor Gary said, “Unfortunately nature has now seen fit to remove so much material and substantially change the shape of the beach that we now have to go back to the rock protection. It will cost more money, but that work is underway. When completed, the coastline from Cape Wanbrow through to the end of the Kiwirail rock protection will be armoured against the sea’s waves and tides. It will require ongoing maintenance of course, but it will slow the advances that have eaten away so much of our land.”

The sand mattress that has already been installed will remain in place for now and expect that it is likely to be recovered by natural movement with beach material over the next few months.

The 7 Sopranos Coming to Oamaru

The Oamaru Opera House is staying true to it’s name by hosting The 7 Sopranos this September 21st. The 7 Sopranos are Australia’s most exciting operatic voices, who combine breathtaking music and high glamour to thrill audiences with classic songs and moving melodies. Audiences will experience an intimate acoustic performance filled with operatic highlights and popular favourites from around the world. Musical highlights include arias from La Traviata, Carmen, La Boheme, Phantom of the Opera, The King & I and of course The Toreador Song and Nessun Dorma – Soprano style.

The 7 Sopranos have thrilled audiences internationally, with their unique look and sound that bridges the gap across all ages. Now is your opportunity to experience a magical evening of pleasure and delight with The 7 Sopranos. *“I’ve died and gone to heaven. Ridiculous, just so good. Astonishing! A triumph, a triumph”* - Alan Jones, Radio 2GB, Australia. *“Stunning to the ears and the eyes, Australian’s The 7 Sopranos are poised to take the world by storm”* - The Courier Mail, Brisbane



Unique Stories Film Competition:

Calling all film makers and story tellers! Pick up your phone, ipad or video camera and weave a tale about the Waitaki District that encapsulates our regional spirit in under three minutes of innovative film-making. There is nowhere else in the world quite like Waitaki; our people, our landscapes, our culture, our history - this is your chance to be part of that story by telling one of your own. Award categories are – Schools, 12-18yr old, Open Amateur, Open Professional. Everyone is encouraged to take part and have fun - aspiring film-makers, professionals or just with a group of your family or friends! Pick up an entry form kit with all detailed information and criteria from the i-SITE or by emailing lucianne@waitakinz.com Entries must be submitted no later than 5pm Friday August 18th.



Classified Adverts

For Sale

Honda Big Red 4WD, very good engine, seat, tyres and overall cond. Very reliable workhorse, \$2950. Ph 027 435 7535.

Stuck inside on a rainy day? Try a romance novel to warm you up! Heaps of great winter reading at The Charity Shop, Eden St.

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Smash Palace, for rental cars/vans and car parts. Ph. 433 1444.

Wanted

Books - always buying at Oasis Oamaru, 10 Harbour St. Ph 4346878
Exercycle in good condition wanted, Ph. 021 101 7858.

German Shepherd X looking for a good home. Approx 2 years old. Neutered, fully vaccinated. A high energy dog that needs a bit more space to run around. Great with people. Would make a great retriever for duck shooting. Contact Greg on 021 1101 587.

Old Treadle Sewing Machine; working order with attachments \$200 ono, Ladies heart shape back bedroom chair **Queen Anne legs** \$150 ono. Ph or txt 027 448 8501.

Runners/Delivers wanted for Maildrops within the Oamaru area txt Viva 022 343 2231 for more information.

Tools Wanted - Tradesmen, Carpenters, General Gardening - everything considered. Ph. 021 450 405.

For Rent

Moving? Extra guests? Holidays? Need Accom? Short Lets: Ocean View apartments(Oamaru), Holiday house(Wanaka). Ph 021659757.

Raffle Results

SPCA raffle has been drawn and all winners notified. Thank you Oamaru for your support



New Business

Elise Blundell is opening a new acupuncture clinic in Oamaru at the Community House, with a unique take on affordability in healthcare. The walk-in clinic breaks down the financial barrier to receiving health care by treating patients in a group setting, together in one room – lowering the cost for all.

Community style acupuncture is popular in the U.S, and there are two clinics in New Zealand. Everyone is welcome and up to five people can be treated at once in the comfortable reclining chairs. To maintain confidentiality, particularly in sensitive cases, there are health forms patients can fill out to avoid questioning. Elise can also take the wrist pulse and look at the tongue to help her diagnose the condition.

The clinic is opening at 12pm on Thursday the 20th of July, with drinks, snacks, Q and A's, and demonstrations until 1pm, followed by treatments until 7pm. It will then run weekly each Thursday afternoon. If you would like to volunteer as a subject for the demonstration during the first hour of opening, please contact Elise.

The community clinic operates on a sliding scale fee – the patient chooses to pay between \$15 and \$40. For more information you can check out the clinics website at www.communityacu.net, email Elise at communityacu.oamaru@yahoo.com or call on 0223765960.

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David Ovens Building Contractor Ltd *Licensed B/P* 027 481 9424

Wayne Nuttall Builders 027 434 3409 437 2513

Surface Solutions - *making concrete great again!* 027 436 9209

Contracting

Andy Reid Contracting *Earthwork/Digger work* 027 689 5680

Cleaning

A1 Spic & Span, *Carpet & windows* 027 737 8423 434 5534

A+ Services *Window, Gutter & Carpet Cleaning* 027 714 4812 0800 155 166

Headstone Cleaning Service 021 026 26115

Oamaru Chimney Sweep 027 436 1315 434 8025

Drain Jetting & Camera

AG Plumbing *see our facebook page* Ange 021 434 950

Dressmakers

Alterations, repairs & sewing 027 284 9994 434 7793

Robinson Gray - tailored clothing & alterations 021 173 6161

Electricians & Appliances

Denis Browne - All Coms 021 458 584 437 2323

Glenn Taylor Electrical 027 522 1012 434 7282

Whitestone Appliances - Repairs 021 366 446 434 6810

Fencing

Andrew Couper Fencing *Commercial & Residential* 027 256 5199

Gardening

Bess Allan Gardening *Qualified & Experienced* 434 9953 021 180 0941

Steven Jones Gardening Services 027 260 9988

Insulation

Dunbars Insulation local and affordable 027 789 8788

Living House - Best Prices 0800 434 600

Joinery

Rycole Joinery *custom designed kitchens* 027 276 2866 434 5012

Meth Testing

A+ Services *Meth Testing* 027 714 4812 0800 155 166

Painters & Decorators

0800 Mr Painter Free Phone 0800 677 246 027 437 4367

ADF Painting and Decorating 021 393 414 03 431 2771

Brian Charles Painter & Decorator 027 283 8920 434 7006

COLOURPALACE Painting 027 470 3780

Pest Control Services

Spider proofing & Pest Control 027 714 4812 0800 155 166

Plumbers

Foley Plumbers Oamaru, Tom Palmer 434 2330 0800 303 530

Window Tinting

Tint a Window, www.tintawindow.co.nz 0800 368 468

Recipe of the Week:

Raisin Delicious

1/2 cup brown sugar, 1/2 cup white sugar, 1.1/2 cups boiling water, 1 tblsp butter, 1/4 tsp cinnamon, pinch salt, 3/4 cup raisins, Vanilla essence.

Mix and boil 15 mins.

Make a batter from the following - mixing in order given.

1 tblsp butter, 1/3 cup sugar, 3/4 cup flour, 1tsp B.powder, 1/3 cup milk, 1 beaten egg.

Spread in buttered dish and cover with the syrup. Bake in mod oven 30 mins.

CLAAS Harvest Centre

USED MACHINERY SALE



JCB FARM MASTER 434S

2013, 2895Hrs, 230HP. Comes with 2.4m bucket, smoothride & auto grease. (x2 more units available). **\$179,000 +GST**



JCB FARM MASTER 435S

2015, 1033Hrs, 230HP, 48kph. Comes with a 2.4m bucket. Smoothride & auto grease. **\$235,000 +GST**



KRONE EC320 MOWER

2008 Easy Cut Mower. 7 Disc - 3.14 cut. Quick change knives & 540 PTO. **\$9,900 +GST**



CLAAS AXION 850 CEBIS

2008 7570HRS, 265HP, 50kph, 4WD. Front linkage & PTO. 6 Front & rear work lights. 24x24 transmission. **\$82,500 +GST**



MAXAM 3300

2007 Rear mounted mower. 3.3m cut. Good condition. **\$7,900 +GST**



JCB LOADALL 535-95

2005, 4915Hrs. 100HP, 30kph. 4 Speed powershift transmission, air con cab, 4WD disconnect & completely rebuilt transmission with multi level joystick. **\$66,900 +GST**



JCB LOADALL 541-70

2009 Agri Super, 9000Hrs, 130HP. Q-fit attachment, boom suspension, 4WD & 4WS & torque lock. External cab filter & external engine filter. **\$42,500 +GST**



JOHN DEERE 6125M

2013, 3880Hrs, 125HP. Comes with JD H340 Front end loader - Quick coupler. 24x24 transmission, 3 speed PTO, 4 front & rear work lights, flashing beacon, Cat3 hook ends & new front tyres. **\$75,000 +GST**



CLAAS ARION 620 C-MATIC

2015, 675Hrs, 158HP, 50kph. Front suspension, x4 remotes, 600kg front block & hydraulic trailer brakes. Power beyond, ISOBUS socket, cab suspension & climate control. **\$125,000 +GST**

All prices EXCLUDE GST

For more information on these items or to enquire about other stock we have, please contact a CLAAS Harvest Centre Salesman near you -

claasharvestcentre.com

CONTACTS:

TIMARU BRANCH
72 Hilton Highway, Washdyke
Scott MacMillan - 027 801 3658