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29th August 2017

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Issue 358

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Blossom, Magnolia, Daffodils and Violets, tell us Spring is really here and I find I am needing to check the time often because days are drawing out. Six year old Grand Daughter Maggie pointed out that our large pink Magnolias were throwing off their

woolly blankets - large fluffy bud casings are covering the ground as beautiful Magnolias take centre stage.

Having seen some lovely new Lavender plants on offer in Garden centres, I continue to cut back mine as they begin to put out new growth - really old woody bushes can be cut back hard to encourage new lower growth. If they do not respond, it may be time to replace them. Newly planted Lavender plants just need a hair cut and fed manure enriched compost - plus a little lime.

With new Spring growth happening, it is the time for Shrub height and width control. Soft Shrubs encroaching on drive and walkways, can be trimmed back - they will soon recover with new growth. I have been reducing the height on some of my taller Shrubs like Phebaliums, Pittosporums and Pseudopanax. You can do this if height is a problem without spoiling the shape of Shrubs. What I do, is cut out the centre top leader down to where the side branches bush out. This removes the natural point at the top and will sometimes reduce the height by 2 or more metres. Shrubs will soon send up a new leader, but will also put more growth into the sides which can be trimmed to shape if a problem.

A lot of climbers are in bud now - ready to do their Spring thing, so when trimming, watch you are not cutting off new buds. Jasmines here have not been knocked by frosts (yet) - will leave them a bit longer until I am sure the frosts are over before trimming them.

If you have still not feed your Roses - do it as soon as possible! they are moving fast now and need food kept up to them for good health. This goes for most plants now. If you have no time to do anything else in the garden, feeding plants is a must for now while roots are searching. It is well worth the effort and will minimize the spraying needed later on. Now would be a good time to mention plants that resent being fed. Many South African and Australian natives - such as Proteas, Leucodendrons, Banksias, and all Grevillias do not need feeding. I have lost some of these because they had absorbed fertiliser from neighbouring plants.

There is still time to divide Hostas while they are still not showing a lot of leaf. These dramatic shade loving perennials can really highlight a shaded spot with their fresh greens and variegated shades. Simply lift established clumps at least 4 to 5 years old, use a sharp spade to slice them into a few good size pieces, then replant. They also look great in pots - but get Slug bait around them as soon as they start showing leaf, or try some of the Slug repellent methods that have been passed down by gardeners listed below.

Epsom salts sprinkled on the soil will supposedly deter Slugs and also helps prevent Magnesium deficiency in your plants. Magnesium helps to deepen color, thickens petals and increases root structure.

Coffee grinds, Oat Bran, Builders Sand, Nut Shells, Sprigs of Rosemary scattered around are also said to repel Slugs. Continue to sow seeds under cover. Seeds I planted two weeks ago are up already and getting a weekly liquid feed of diluted worm tea. Any seed packs that recommend Spring sowing will pop up now. I sow my seeds in trays of

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compost and soil, combined with a layer of seed raising mix on the top. This way your seed raising mix will go further. Once planted, cover the trays with plastic or glass, but use spacers to let air circulate between the plastic / glass and tray.

If you plan to grow vegetables this Summer - get the garden ready now by digging in some weed free compost, then let the soil settle a bit before planting. Plant seedlings later in the day when the heat is out of the sun, then keep moist until they take hold and start growing. Watering is best done at the start of the day. In areas you do not plan to plant out for a while, why not do tired soil a favour and sow a green crop to add humus. Mustard, Lupine, Barley or Wheat - they will germinate in no time. If you do decide to do this, dig it in when lush, soft and green - don't let it get to the flowering, stalky stage, because it takes too long to break down.

Plenty of seed Potatoes on offer now for you to get sprouting. Early varieties can go in and should show leaf in about a month when frosts are over.

This is also the time to give fruiting Shrubs and trees a dressing of Pot ash to help with fruiting. Deciduous fruit trees and everything in the way of small fruit should be planted in August at the latest. I have been thinning and arranging Raspberry canes this week. Take out old canes that have fruited and remove all spindly canes excess runners - I train mine along a wire fence.

Now is a good time to trim, feed and shift Citrus trees.

Cheers, Linda

National respiratory awareness month

Breathe Better September is back with a challenge. For most Kiwis breathing is something we don't think twice about. But for one-in-six living with a respiratory condition, being able to breathe properly is far from reality.

On 1 September the Asthma and Respiratory Foundation NZ will launch its annual respiratory awareness month in New Zealand. Breathe Better September is a national movement for Kiwis to show their support for better breathing and healthy lungs. "Over 700,000 Kiwis have a respiratory condition, it's the third leading cause of death and costs the country \$6 billion each year," says Letitia O'Dwyer, Chief Executive from the Asthma and Respiratory Foundation NZ.

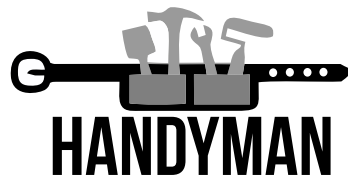
This September the Foundation is calling for people to participate in the "healthy lungs challenge". This involves taking up a challenge during September that works towards keeping lungs active and healthy.

Examples of challenges are setting a goal for exercise, meditation, eating healthy or quitting smoking. People can choose what will be a challenge for them, therefore being inclusive of everyone and their varying abilities.

Hayley Sims from Wellington will complete a challenge along with her dog Ferdi. "Over the month of September we aim to run a total of 70km. Ferdi could run all day, but I am a bit out of practice, so this will be a great challenge for healthy lungs!" Says Sims.

Challenge participants sign up on the website everydayhero.com/nz, choose the Asthma and Respiratory Foundation NZ as their chosen charity, and once their challenge has been set encourage their friends and family to support them.

Respiratory disease includes asthma, bronchiectasis, bronchiolitis, pneumonia, chronic obstructive pulmonary disease (COPD), lung cancer and obstructive sleep apnoea.



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Screening of locally made films

The public will have the opportunity to view locally made films that have been entered into the 'Unique Stories' film competition.

The competition is part of the community fundraising, of which over \$1.7 million has already been raised, for the Cultural Facility Development Project - a major project that will see the Forrester Gallery, North Otago Museum and Waitaki District Archive merge and move to an expanded Forrester Gallery site in 2019.

Four weeks ago the film competition was opened to the public, schools, and both amateur and professional film makers, and the finalists' entries will be shown at a special screening at the Oamaru Opera House on Friday 8 September. This screening will be open to the public, and give people the opportunity to see how the film makers see our place.

Mayor Gary Kircher says the film competition has given people a great opportunity to tell their own stories about what's special about the Waitaki district and put their own unique stamp on storytelling.

"The criteria for each film was that it would be no more than three minutes in length and that it would be innovative and creative," says Mayor Kircher.

There are four categories:

1. Schools; any size group, students must be involved in all stages of film-making but may have adult assistance.
2. 12 – 18 year olds; maximum four people per production team (not including actors)
3. Open (Amateur); maximum four people per production team (not including actors)
4. Open (Professional); if you have engaged in any paid film production work you will be deemed to fall into this category. Maximum four people per

production team (not including actors)

The finalists will be chosen and announced by acclaimed Emmy® Award winner and Natural History NZ film producer Ian McGee and the evening will be hosted by MC, and host of television's Survivor NZ, Matt Chisholm.

Tickets are just \$5 per person and can be purchased from the Oamaru i-Site in Thames Street, and Council offices in Oamaru and Palmerston. They are also available by emailing event coordinator Lucianne White at lucianne@waitakinz.com.

Meet the Candidates

Grey Power North Otago is once again organising a Meet the Candidates gathering before this year's general election. There are six candidates standing for the Waitaki seat — Jacqui Dean (National), the sitting MP, Zelie Allan (Labour), Alex Familton (NZ First), Kevin Neill (Opportunities), Patrick Wall (Green) and Hessel Van Wieren (Democrats). This is your chance to hear what they have to say and to ask them questions.

The meeting is to be held on Saturday 16th September, a week before polling day, in the Salvation Army auditorium, starting at 1.30p.m. It will be followed by afternoon tea in the adjacent lounge. Everyone is welcome.

North End Community Gardens

Members of the Waitaki Presbyterian Church have been looking at how to continue the work that was started with Note (North Otago Tongan Engagement) after successfully fund raising and installing water tanks in three villages in Tonga. However, this time the focus is local and so we will be starting a community garden behind Eveline Church.

Note was established to bring together Tongan and Kiwi people, with the community garden we want to continue and expand on this, having people come from all cultures to come and interact with each other. Gardening is an activity that anyone can do and people can learn from each other, so the North End Community Garden will be as much about the gardening and teaching of gardening skills as it will about fostering interactions between the people of the different cultures that make up our community. While the garden will be to grow food, we want to grow much more than food, we want to grow and strengthen the community.

The North Otago Tree Planting Association has kindly provided a grant for the purchase 17 fruit trees and Statement Trees has kindly donated another two trees. There will be a planting day for these trees on Saturday 2nd September at 10am to begin the Community Garden at Eveline Church, 424 Thames Highway. Please bring spades or shovels to help with the planting of the trees.

Everyone is welcome to come as we want the community to own the garden making it theirs. This is to be a place in the community for the community that they can come to and meet each other, chat and perhaps do some gardening at the same time.



Oamaru Heritage Radio

Tuesday evening, 4pm to 10pm.
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Tuesday: September 5th

- 5.30 Item for Younger Ears: Thomas the Tank Engine, Henry Goes to Hospital
- 6.00 Classic Comedy: I'm Sorry I'll Read That Again
- 7.30 Concert Piece: Bach, Brandenburg Concertos No 1 and No 2
- 9.00 Reading: We Of The Never Never, by Mrs Aeneas Gunn, read by June Salter, Pt 2 of 8

Criterion Hotel, Oamaru (1877)



For long the pub with no beer

From 1874 businessmen began building on the 'Harbour Board block' on the newly reclaimed and subdivided western side of Tyne Street. First up were grain stores and the harbour board's offices, then in 1877 hotelier William Gillespie built the Criterion on this key corner site. In the same year, it was reported that no Oamaru hotel possessed a bath, architects Forrester and Lemon gave Gillespie an urn- and pinnacle-encrusted, balustraded limestone hotel that knocked the socks off the opposition. The ground floor of the adjoining building served as a wool store and offices for Connell and Clowes, while its upper floor was an extension of the Criterion.

So much for the architecture... Booze was a hot political issue from the 1880s. In 1878, when Oamaru's population was less than 5000, there were 210 arrests for drunkenness. Teenage larrikins, often drunk, jostled people into the gutters, interrupted concerts and disturbed church services by banging on windows, shouting and throwing stones. Many thought the supposed 'cure' worse than the disease, as Salvation Army zealots preached, sang and played musical instruments in the streets and even took to invading the bars.

But the righteous had their revenge. The no-licence poll of 1905 killed the pubs by banning the sale of alcohol from 1906. After limping along as a private boarding house until about 1940, the Criterion passed into the hands of the local foundry, with the southern extension forming part of the premises of Jock Doherty, a local wool and skin buyer. nzhistory.govt.nz

Glenavy Women's Institute – August Report

Members of Glenavy WI met at the Glenavy Hall for their monthly meeting and were welcomed by President Hermien van't Klooster.

The Aspirations were repeated. Glenavy has purchased two new children's car seats for Timaru Plunket rental. These have been paid for with money raised at last month's progressive dinner's cake auction. A very good cause and an excellent result. Well done those who donated goods for the auction and those who purchased.

Our Institute banner which is looking very fragile at the moment is to be replaced. There had been the thought of a change but members have unanimously voted for it to be a replica of what we already have. Once the banner is made, the old one will take pride of place in our display cabinet.

There was only one birthday for the month and a spray was presented to Sue Koevoet.

Shona Bethany from Waimate, was then introduced. She demonstrated card making. Shona has been making cards for five years and demonstrating for the last two. Her word of advice was "not to worry if it's not perfect. Better to have your personal touch, be it a little imperfect, as the card you are creating is not the Hallmark brand. " How nice it always is to receive something that has been handmade. And to be truthful, if you do receive one, you never look for any imperfections !!!!!!!

Shona also demonstrated how a die cutting/embossing machine created lovely designs that have a professional look. Members were most impressed with what could be done. It was then time for our own members to try their hand at making a card. Shona had packs already made up which made it easier for members to get started. She went round everyone to help in any way she could. The cards that were made were then judged for one of our competitions. There were two boards that Shona had brought that featured many different types of cards that could be made. She also had catalogues for sale which showed the many stamps, dies and other accessories needed. An excellent demonstration that was thoroughly enjoyed by all. Shona was thanked by Hermien and presented with baking.

A typical WI supper was then served and a little more chatter over a cuppa

completed the evening.

Competition Results: Weed

Arrangement: 1st Hazel Poole 2nd Sue Koevoet, Handmade Card: 1st= Joyce Wallace, Hermien van't Klooster.

What's Happening at Weston Playcentre?



On Friday last week we had a very exciting visitor to our Playcentre. Alice from St Johns came to see us in her ambulance! The children had such a great time looking all around the ambulance and Alice showed us some of the tools they use to help people who are hurt. Some of the children even had a turn to lie on the stretcher. We were all fascinated to see the way the legs folded and unfolded so it could be taken out of the ambulance and put back in again. We pretended to have some injuries so that Alice could even bandage us up. She showed us the right way to put the bandages on. Thanks so much for visiting us in your ambulance Alice. The children really enjoyed it and learnt a lot too! If you and your preschooler would like to join in the fun – pop along for three free visits to see if Playcentre is right for you. 2 Airedale Road, Weston. Open Tuesday – Friday, 9am – 11.30am during school term time.



WANTED

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Community Diary

Wednesday 30th

Cancer Society Volunteer meeting Dean O'Riley Lounge - beside Basilica, Reed St at 10.15am. Ph. Rayna Hamilton 431 7897.

Excelsior Petanque Club Day, 1pm. Ph. 437 1590 or 437 0388.

Eveline Indoor Bowls 7pm at the Centre. Ph 437-2471.

Have a go at Croquet, Awamoa/Garden Croquet Club, Awamoa Rd, 10.30am - 3pm, wear flat soled shoes, suitable for all.

Parents Centre Playgroup (0-6yr) 10am, Salvation Army Hall.

St Patrick's Indoor Bowling Club, Centennial Park, 7pm. Ph. 434 7196.

Waitaki Community Gardens Working Bee, Wednesdays 1-3pm. All welcome! Call Ra on 021 115 4884 for 2 hours of fun!

Weston Indoor Bowls, 7:30 Weston Hall Ph. 4348281.

Yankee Bowls 1:30pm, Centennial Park. Ph. Bob 437 1704 or Gilda 437 2471.

Thursday 31st

Awamoa Indoor Bowls Club closing day at 1.30pm Members a plate - ph 4345061

Diabetes Walking Group Chelmer St Gardens carpark 10.30am. Ph Jan 437 2348.

Kakanui Playgroup 9am-12pm, Kakanui School. 1st 3 visits free.

Mainly Music - pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. Ph Angela 437 0911. mainlymusic.org.nz

N.O. Asthma Society Respiratory Exercise Class, 10am, St John Hall Lounge, Exe St. Ph. 434 3202.

North Otago Early Settlers Assn at 1.45pm at the Early Settlers Hall, Severn St. Portraits copying process continues. New Members Welcome.

Friday 1st September

AA Meeting, Orwell St Chapel, 12 noon. Ph.432 4191 or 437 2928.

Newcomers Coffee group 10.30am at the Opera House. Ph.Christine 027 2428643.

N.O. Tramping & Mountaineering Club: Liverpool Hut - Matukituki (Wanaka Area). Ph. Robbie 434 6353. Departs Medway Car Park 6pm on Friday 1st. Names to Robbie by Monday 28th August.

Saturday 2nd

Have a go at Croquet, Awamoa/Garden Croquet Club, Awamoa Rd, 10.30am - 3pm, wear flat soled shoes, suitable for all.

Jumble Sale, 10am, St Luke's hall, 3 Wharfe St.

Meadowbank Community Stadium Bowls 14 Conway St, 1.15pm. all welcome Ph 4340951

Sunday 3rd

Excelsior Petanque Club Day, 1pm. Ph. 437 1590 or 437 2557.

St Paul's Church, Coquet St, 10am.

AA Meeting, Orwell St Chapel, 6pm. Ph. 437 2928 or 437 2337.

Oamaru Farmers Market 9.30 - 1pm, cnr Wansbeck & Tyne St. Hot food, fresh produce.

Monday 4th

Happy Scoundrels, over 55 10pin bowling 12.45pm, Galleon Complex. Ph. Mike 437 0224 or Garry 434 1463.

Kakanui Playgroup 9am-12pm, Kakanui school. 1st 3 visits free.

SeniorNet Oamaru 10am, 2 Trent St, Ph. Dorothy 434 7278.

Tokarahi Spinners & Weavers, Tokarahi Hall at 10am. Ph. Christine 434 2223.

Woodturners, 1pm @ Clubrooms, Oamaru Racecourse. Ph. 439 5795.

Tuesday 5th

AA Meeting, Orwell St Chapel, 7.30pm. Ph. 4324191 or 4372337.

Age Concern Gentle Exercise Programme, over 60's Orwell St Chapel Hall, at 1:30pm. Ph. Heather 437 2404.

Barnardos Kidstart Playgroup 9-12noon, preschool children & parents, St Mary's Anglican Church Hall, Bring morning tea.

Diabetes Walking Group, Chelmer St Gardens carpark 10.30 am. Ph Jan 437 2348.

Justice of the Peace, 11am-1pm, W.I.N.Z building, Coquet St.

Meadowbank Indoor Bowls, 7pm at the Centre, Centennial Park, Ph. Noel 437 0217 or Bob 437 1704.

Oamaru Club Indoor Bowls 7-9pm, Oamaru Club Hall, 32 Severn St, Ph Maria 439 5240.

Oamaru Garrison Band Practise Nights, Band Rooms, Cnr Severn & Isis St, 7.30pm.

St Paul's Indoor Bowls, 2pm Church Hall. Ph. Mike 434 6722.

U3A Waitaki St Johns Hall Lounge, 2-4pm. Ph. Linda 434 6613.

Up & coming

Cancer Society Support Group Meeting - 2nd Wednesday each month. Held at Community House Meeting Room, 100 Thames St at 10.30am. All welcome.

Sunday 10th - N.O. Tramping & Mountaineering Club: Alps2Ocean Bike Ride. A 45km ride starting from Oamaru and return - 4-5 hours. Contact Maurice & Phyllis 434 6166. Departing 9am from Medway car park.

Classifieds

For Sale

2006 Triumph Bonneville T-100 865cc 23000kms -\$6500, TXT 027 260 9988. Photo Available at www.oamaru.net.nz

300 approx terra cotta out-door tiles, 225x225mm. never been used. \$100. Ph. Bev 027 436 1495.

Himalayan Salt Lamps - lots of different shapes & styles in stock, great health benefits, at The Charity Shop, Eden St car park.

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Rec Centre - Spring Special!

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3 bdrm Furnished House to rent at Kakanui \$300pw. Ph 022 049 7253 / 027 465 1653

AGM notices

N.O. Toy Library AGM, Northstar Restaurant, 7.30pm, 30th August.

Oamaru Performing Arts Society - AGM Thursday August 31st 7.30pm. Blind Foundation Hall Steward Street.

N.O. Parafed AGM, 7.30pm, Community House.

Waitaki Bridge Hall AGM, September 14th at 7pm in the Hall.

GARAGE SALE

Sat 2nd & Sun 3rd Sep 8am Start
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Golden Cake.



(uses up egg yolks) 1/2 cup milk, 3oz butter, 3/4 cup sugar, 3 egg yolks with with 2 tblsp water, 1.1/2 cups flour, 1.1/2tsp B.Powder, 1tsp vanilla. Cream butter and sugar, egg yolks in water, add vanilla and beat well. Add flour and milk alternately then bake for 30 mins in moderate oven, or until golden brown and well risen.

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TTC, RCN, Cert Alcohol & Drug Counselling, DAPAANZ
- ▶ Kaye Mattingley434 1188
.....DipGrad Otago NZRSW, MANZASW
- ▶ Orwell Street Counselling.....434 6168
.....022 192 4415

Curtains & Tracks

- Curtain, blinds, & track installation
027 653 0984

Dispute Resolution & Mediation

- ▶ Marian Shore - Mediation Waitaki
.....434 7533.....027 724 1130

Drain Jetting & Camera

- ▶ AG Plumbing, Ange 021 434 950
see our facebook page

Driver Training

- ▶ RBM Driver Training & Motorcycle Rental
.....439 5355

Dressmakers

- ▶ Alterations, repairs & sewing..434 7793
.....027 284 9994
- ▶ Robinson Gray021 173 6161
.....Tailored clothing & alterations

Electricians & Appliances

- ▶ Denis Browne - All Coms437 2323
.....021 458 584
- ▶ Glenn Taylor Electrical434 7282
.....027 522 1012
- ▶ Whitestone Appliances - Repairs 434 6810
.....021 366 446

Fencing

- ▶ Andrew Couper Fencing ..027 256 5199
.....Commercial & Residential

Funeral Directors

- ▶ Wall's Funeral Services.....434 8266
.....49 Humber St

Gardening

- ▶ Bess Allan Gardening 434 9953
Qualified & Experienced.....021 180 0941
- ▶ Steven Jones Gardening Services.....
.....027 260 9988

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- ▶ Acupuncture & Massage.....434 9663
.....(ACC) Rick Loos (NZRA) @ Health 2000
- ▶ Healing Team.....434 2024
.....Saturdays, 2pm, St Marys Church
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- ▶ Jojan McLeod027 675 7600
.....Immigration Waitaki

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.....Paul Houlahan 021 331 261

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- ▶ A+ Services Meth Testing..027 714 4812
.....0800 155 166

Mobile Travel Broker

- ▶ Jannine Hore439 4230
The Travel Brokers - member of Helloworld
- ▶ Lynne Sinclair, NZ Travel Brokers.....
Cruising/Holiday Packages.....432 4172

Painters & Decorators

- ▶ 0800 Mr Painter0800 677 246
.....027 437 4367
- ▶ ADF Painting & Decorating.....
.....03 431 2771.....021 393 414
- ▶ Brian Charles Painter & Decorator
.....434 7006.....027 283 8920
- COLOURPALACE Painting 027 470 3780

Pest Control Services

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.....027 714 4812.....0800 155 166

Pets

- ▶ Oamaru Pet Supplies.....434 7096
- ▶ Suds & Paws for dog grooming 434 5957
- ▶ Paws Awhile Boarding Cattery 434 1296
- ▶ Puppy Love Grooming.....021 101 7858

Plumbers

- ▶ Foley Plumbers Oamaru.....434 2330
.....Tom Palmer.....0800 303 530

Podiatrist

- ▶ Simply Feet Podiatry.....437 9025
.....316 Thames Hwy, open Mon-Fri

Printing & Photocopying

- ▶ Oamaru Print & Copy434 9651
.....info@perfectprint.co.nz

Removals & Storage

- ▶ Mount Cook Moving & Storage Ltd
.....(Est 1989).....027 4341289

Transportation & Rental Vehicles

- ▶ Driving Miss Daisy434 8421
.....Appointments, Dunedin & Timaru Hospital, Shopping
- ▶ Oamaru Transfers434 9506
.....Hospitals & Airport transfers (Merv Aitchison)
- ▶ Oamaru - Dunedin/Hospital Shuttle.....
Door to door service.....434 7744

- ▶ RBM Motorcycle Rental & Driver
Training439 5355

- ▶ Smash Palace.....433 1444
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- ▶ Nathan Oakes TV, Sound, PC Install &
Repairs.....,0210 237 0646 or 03 437 2474

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- ▶ Tint a Window.....0800 368 468
.....www.tintawindow.co.nz

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Photos can be viewed on the facebook page "Rugby In North Otago" or in-store.

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