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Issue 382



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Enjoy your week, **regards The Telegram.**

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Autumn begins: The wonderful warm ripening season - long shadows, low sun in cornflower blue skies. (At this mellow time of the year, the poet in me emerges!!) I am still cutting back plants that looked stunning through Summer, but are now just tied and straggly like bush Lavatera,

Mignonette, Lavender tops, Geraniums - they will all leaf up again to go through the Winter - and still seed collecting - there are so many ready now, I plant a few now, but save most to sow in Spring. It is a perfect planting time for trees, shrubs, spring bulbs and perennials and annuals. As I have mentioned before, buying punnets of annual and perennial seedling now to pot on into individual pots, will give you a headstart on early Winter flowering. Some will bud up and flower, others will grow strong roots through Winter and flower when the ground warms up in Spring. Try this with Polyantha, Iceland poppy, Lupin, Primula, Wallflower, Stock, Snapdragon and if Sweet peas are planted in late Autumn, they will pop up and sit through Winter to flower in August.

Conifers: This month is said to be the best time to plant Conifers - there are such a lot of different types on offer now and I consider that Conifers contribute to the bones of a garden. Tall narrow Conifers planted in groups give larger gardens a vertical push and formality. Labels need to be read carefully as they give the height and width for the first ten years. After that they do keep growing and should be removed if they start to look untidy. Most ornamental Conifers look wonderful for years and years. A website with a comprehensive selection is <http://www.conifers.co.nz> - a good contact for those who like to Bonsai.

It's difficult to think about Spring when Autumn has just begun, but if you want that beautiful Spring splendor in your garden after the chill of Winter, it is now that most Spring bulbs are on offer - all that beauty sleeping in bags waiting to be planted. Daffodils along a roadside fence line, grouped in a vacant paddock, under deciduous trees with Bluebells and best thing is they can be forgotten about and happily multiply year after year. Tulips are planted last in the month of May.

Compost: This is an excellent time to start building a new compost heap and get it heating up before winter. <http://freshorganicgardening.com/learn-to-build-a-compost-pile/>. The heating process stops during the coldest months, so get one started now when leaves are falling and lawns still need mowing. Hen manure becomes too hot for heaps during other months but ok to add now.

Lawns. This is said to be the best time to sow a new lawn, because perennial weed growth is slowing. The ground and nights are warm and dew helps with moisture so grass seed will be up in no time. Water your new lawn early in the morning, instead of during the day - between 6am and 10am, -this will ensure that the moisture actually gets down into the soil and to the roots of your grass before the sun evaporates it away. For mature lawns, aeration with a fork or a push along spikier is one of the easiest and most effective

ways to keep your lawn healthy and happy and best done now, in Autumn after your lawn has suffered heavy foot traffic and drought throughout the Summer. If a lawn is choked with thatch, then the hiring of a detaching machine is needed.

Vegetables: That last rain was just what veg gardens needed and with the now heavy dews, moisture seems to be staying to benefit all the new planting. Keep planting in rotation - leaf veg where root veg has been and it is a good time to sow Root plants like Asparagus, Beetroot, Carrots, Chives, Leeks,

Onions, Parsnips, Shallots, Spring Onions. When Potatoes are dug, they need to be kept in the dark or they will go green. I take what I need from a dig and leave the rest in the ground until needed. When the time comes for

storing them, there are products which will inhibit sprouting, but many gardeners avoid chemicals near food so I will once again mention a natural alternative with you. Layer the stored potatoes with sprigs of Rosemary, Sage and Lavender. The essential oils given off by these Herbs not only inhibit sprouting, they will also help to keep the tubers free from bacterial soft rots.

Fruit: Apples, Quince, Plums, Walnuts and late Peaches - so much at once! The birds must be overjoyed by their feasting and the rats / mice will be munching Sunflower seeds and waiting patiently for the Walnuts to ripen - I am sure they are pleased with the work we have put in to feed them!

Cheers, Linda

Recipe of the week - Zucchini Slice

375grams zucchini grated, 1 large onion chopped, 2 rashers bacon or ham cooked & chopped, 1 cup grated cheese, 1 cup self raising flour, 1/2 cup oil, 5 eggs, Salt and pepper

Method - Mix oil and eggs. Combine all. Bake 30-40minutes at 150°C. Freezes well.



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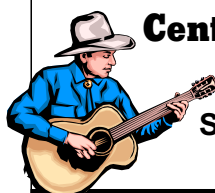
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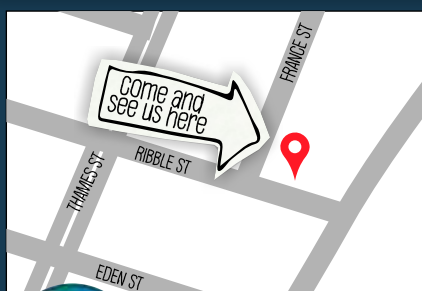
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The Waitaki Multicultural Council



is hosting a Race Relations Day
Event in the form of an International Dinner. It is a day to
remind us all of the crucial role of positive race relations
and human rights play in our communities and lives.

New Zealand is amongst the most culturally and ethnically
diverse nations in the world. Every 21st March, we join the
rest of the world in celebrating the International Day for the
Elimination of Racial Discrimination. In New Zealand,
communities across the country host
hundreds of events on and around
the 21st of March to mark Race
Relations Day to promote and
showcase our culture through dance,
music and food.

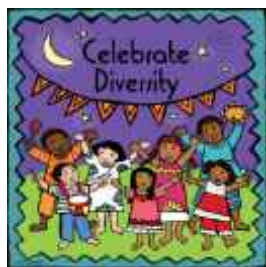
It is an opportunity to welcome and
get to know the people in your
community and to celebrate the diversity in our Waitaki
District.

Date: Saturday 17th March 2018

Venue: Pembroke School Hall,
Raglan Street, Oamaru

Time: 6pm

Bring a plate of food to share. International Dinner and
Music. Raffles. Come and join us and meet new friends.
More Info; Sandra 0277789753 or Cecilia 0212680784



Rights, Rules & Remedies

A Column by Consumer Affairs Writer, Jordan Kelly.

Good Morning. Oh, You're Missing A Couple of Hundred Grand from Your Account?

How would you feel if, the next time you logged into your
bank accounts online, you were missing a couple of
hundred grand?

That was the early-morning surprise a colleague's partner
awoke to recently.

My colleague lives in Ireland and his (romance) partner lives
in Scotland. He related the circumstances of this most
unfortunate online banking fraud to me, as follows:

Someone had managed to get some form of information-
siphoning virus onto her laptop and had downloaded all her
personal data (including passport details) off of it. They then
used this to lodge an application to convert her bank account
into a joint account with a fraudulent identity. The bank's
operational policies apparently enabled approval of the
application. I believe this was authorised because the stolen
data also contained her passport details, which were the key
details required by the bank to authorise the conversion to a
joint account.

The crooks cleaned out her account to the tune of 100,000
British pounds.

'You're Not Likely to Get it Back'

The police have become involved, of course, but do not hold
out much hope of the funds ever being retrieved. Meantime,
the bank in question has denied all responsibility and
liability. My colleague informed me that, while the police
had no recommendations for how others could avoid this
situation, they did make the firm recommendation that,
because of this type of situation, it is wise **NOT** to keep all
one's funds parked in just one bank.

Some Basic IT Protective Measures

While stressing that the following measures are neither a
foolproof nor a comprehensive solution given the degree
of sophistication of these cybercriminal rings, local IT
professional Ian Morris, says computer owners should, at the
least, afford themselves a basic level of protection i.e.:

- Install a recognised, commercial anti-virus solution and
ensure it's always updated. Also ensure Windows updates
are performed when prompted by your operating system.
- Open emails **ONLY** from senders you know and from
whom you are expecting correspondence. (Today's
cybercrims can send emails to you from your own
contacts list. If you've received an unexpected attachment,
especially a .zip file, even from a known contact, be safe:
Delete it, then check with the sender as to its veracity.)
- Don't have a separate viewing pane. This automatically
opens and displays the email.
- Don't use simple words or combinations (e.g. based on
your address) for passwords.
- **NEVER** give out passwords - for any reason **EVER**.
- Avoid public computers and wifi spots (e.g. cafes and
libraries) for internet banking.

Mould and dampness

All houses must be in a reasonable state of cleanliness before being rented out. This includes being free from mould and dampness. Tenants should try to keep their house in a condition that doesn't encourage mould and damp. This includes keeping the house well aired, and removing mould as soon as it appears.

Check for signs of mould and damp before moving in

Before you move into the property, you and the landlord should inspect the property together and note any damage in a property inspection report (part of the tenancy agreement).

Dampness is often from external sources – check that gutters are clear, downpipes and drainage are working. Where the house has a suspended floor, check that the ground is dry and that there are no leaks.

Use the inspection to look for any signs of mould or damp, raise any concerns you have with the landlord, and agree when and how these will be addressed.

When you complete the tenancy agreement, you can write in any conditions that you both agree on (as long as they comply with the Residential Tenancies Act 1986). Your tenancy agreement may contain more information about your responsibilities.

Understand your responsibilities

Once you move in, it's your responsibility to keep your place clean and tidy. This includes keeping your home in a condition that doesn't encourage mould and damp.

Be aware that you're most likely to have problems with damp and mould in autumn and winter.

Air your home to prevent mould

A dry, well-aired home is easier to heat and healthier for you and your family. To air your home, open windows and doors whenever you can. Make the most of the sun's warmth by opening curtains early in the morning and closing them just before it gets dark.

If you're creating steam or moisture, either by cooking, bathing or using a clothes dryer, open windows and use any extractor fans.

Other things you can do to prevent mould and damp are:

- keep lids on pots when cooking
- wipe condensation off walls and windows
- hang washing outside, and make sure everything's dry before putting it away
- leave wardrobes slightly open and pull beds and furniture away from walls so they can breathe
- keep the shower curtain hanging inside the shower or bath so water doesn't drip on the floor, and wash the curtain every few weeks
- use an electric heater rather than un-flued portable gas heaters (gas heaters expel water as the gas burns)
- keep only a few plants inside.

Remove mould as soon as it appears

To protect the health of everyone in your home, remove mould as soon as it appears. White vinegar is a cheap and effective option to kill or clean mould. On painted surfaces, thin down the vinegar half and half with water to avoid damaging the paint or other surfaces that might discolour. Leave it for a few days to take affect and then wipe off the dead mould with soap and water using a clean cloth.

You can also use diluted household bleach (1 part bleach

with 3 parts water mixed together) in a bucket of water to dispose of excess water containing mopped up mould to a drain. Your supermarket will also have a range of eco-friendly cleaners.

Use a clean sponge or cloth when washing off mould and rinse it often to reduce the risk of it spreading. Remember to wear the necessary safety equipment such as gloves, eye protection and an appropriate safety mask when handling cleaning chemicals and when washing the mould away.

Keep mattresses aired to prevent damp

If you or anyone in your family sleeps on a mattress on the floor, this will cause damp on the floor space covered by the mattress. Damp can cause health problems, as well as maybe causing damage to the mattress and the floor.

If it's not possible to put the mattress on a proper bed frame off the floor, be sure to air the mattress every day – remove the blankets and sheets and lift the mattress onto its side.

If the dampness is no one's fault

If the house is damp through no fault of you or the landlord, or you can't find the source of the dampness, who's responsible for fixing the problem is uncertain. If this is the case, talk to your landlord.

Hidden sources of dampness left undetected long enough may cause expensive damage to a home. If there is unexplained dampness a landlord could bring in a qualified building surveyor to determine if there is a less visible issue causing the damp.

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Community Diary

Wednesday 7th

Age Concern Golden Oldies Afternoon
Sponsored by Network Waitaki, 1st & 3rd Wed of the month, 2-4pm, LandSAR Rooms, 1 Severn St, gold coin donation, some transport avail. Ph 434 7008.

Cancer Society Volunteer meeting, Dean O'Reilly Lounge, Reed St at 10.15am. All welcome. Ph Rayna Hamilton 431 7897.

Excelsior Petanque Club day, 1pm. Ph. 437 2557 or 437 1590.

Thursday 8th

Athletic Netball Club 2018 Season Team Trial dates at 6pm * (Registrations taken on this night as well Saturday March 10th), & Tuesday March 3th @ 6pm. Taward St netball courts. Any questions please call Kim on 027 433 5002.

Diabetes Walking Group: Chelmer St Gardens Car Park, 10.30a.m. Everyone welcome. Ph. Jan 437 2348.

Kiwikids Tryathlon - 4pm at OIS. Ph. Oamaru Multisport Club, Adair 021 309439 or Diane 021 08150688. Enter www.sporty.co.nz/oamarumultisportclub.

Grey Power North Otago: Office open 1.30-3.30pm, 2nd floor, Community House. Other times, phone 437 2220.

Mainly Music - pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. Ph Angela 437 0911. mainlymusic.org.nz

North Otago Rose Society meet at the Vintage Car Club Rooms, Stoke Street at 7.30pm. Contact Christine 434 2223.

Friday 9th

AA Meeting, Orwell St Chapel, 12 noon, Ph. 432 4191 or 437 2928.

Indoor Summer Bowls 7pm, indoor bowls Centre Centennial Park. Ph. Bob 437 1704.

Meadowbank Bowling Club, 14 Conway St, social bowls 2pm. Bowlers & non-bowlers welcome. Ph. 434 7196.

Waitaki travel Club, monthly meeting, 10am, Manor Estate. Guest speaker Mr & Mrs Robert Naismith - Antarctica.

Saturday 10th

Athletic Netball Club 2018 Season Fun Day & Registration @ 9.30am

Sunday 11th

AA Meeting, Orwell St Chapel, 6pm, Ph. 437 2928 or 437 2337.

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Monday 12th

The Happy Scoundrels Over 55 Ten Pin Bowling Club, 1pm, Galleon Family Complex. Ph. Mike 437 0224 or Garry 434 1463
Mobile Service Coordinator for Disability Information Service is available upstairs in Community House from 10.30am - 1pm.

Waitaki Woodturners, 1-5pm, clubrooms, Oamaru Race course. Ph. 439 5795.

Tuesday 13th

AA Meeting, Orwell St Chapel, 7.30pm, Ph. 432 4191 or 437 2337.

Age Concern Gentle Exercise Programme, Orwell St Church Hall Tuesdays 1.30 - 3pm, \$3 per person. Contact: 434 7008.

Diabetes Walking Group: Chelmer St Gardens Car Park, 10.30a.m. Everyone welcome. Ph. Jan 437 2348.

Justice of the Peace 11am - 1pm, WINZ Building, Coquet St.

St Paul's Indoor Bowls - 2pm Church Hall, Ph. 437 1294.

Up & Coming

Musical Theatre Oamaru Proudly Presents the Network Waitaki Season of Mamma Mia! Auditions April 5-7th Visit www.mto.org.nz for info.

Notice is hereby given of the upcoming A.G.M. for Waitaki Boys High School Community Association to be held in the WBHS School Staffroom on Monday 19th March 2018 starting at 7pm.

Afternoon Social Housie: 1.30pm 14th March, St John, 21 Exe Street. All welcome. Relaxed session using counters. Ph: 437 2220.

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Garage Sales

Awamoa Road, this Saturday. Household goods. Signs out at 9am.

For Rent

Room to let - Holmes Hill to suit more mature person. Ph. 027 442 0404.

Cauliflower and Onion Pickle.

1 large Cauliflower, 2 cups Vinegar, 2tblsp flour, 1tblsp mustard, 1.1/2 cups sugar, 3 Onions, 1 cup cold water, 1tblsp Tumeric, 1tblsp salt. Cut cauli into flowerettes, slice onions. Place in saucepan and almost cover with water.

Add salt. Boil 4 mins and drain water off through a colander.

Place veges back in saucepan, add vinegar, water and sugar. Bring to boil.

Thicken with remaining ingreds, which have been mixed to a smooth paste with a little water.

Cook further 4 mins.

Road conditions update

Updated on Friday 28 February
More roads have been opened while several roads are still closed and others are being monitored.

Road closures:


- Grange Hill Road

Under caution due to surface flooding:

- Simm Road.
- Uxbridge Road - 4WD only
- Brooklands Road
- Finchs Road - 4WD only
- Rocklands Road
- Springhill Road.

Petanque News

On Sunday at the Excelsior Petanque Club the super six competition was held. It was a lovely day despite the heavy rain overnight. Seven out of eight clubs competed for the annual trophy. The day was enjoyed by all. Dunedin City 29, 1 Taieri, 24. 2 Alexander 20, 3. Waikouati 18, 4. Excelsior 16, 5. St Kilda 12, 6. Caversham 6,7.



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Cruising/Holiday Packages.....432 4172

Naturopath, Iridologist

- ▶ Halo Iridology.....021 270 0971
.....*www.haloiridology.com*

Painters & Decorators

- ▶ 0800 Mr Painter0800 677 246
.....027 437 4367

Pest Control Services

- ▶ Spider proofing & Pest Control
.....027 714 4812.....0800 155 166

Pets

- ▶ Suds & Paws for dog grooming 434 5957
- ▶ Paws Awhile Boarding Cattery 434 1296
- ▶ Puppy Love Grooming.....021 101 7858

Plumbers

- ▶ Foley Plumbers Oamaru.....434 2330
.....*Tom Palmer*.....0800 303 530

Podiatrist

- ▶ Simply Feet Podiatry.....437 9025
.....*316 Thames Hwy, open Mon-Fri*

Printing, Copying & Signage

- ▶ Oamaru Print & Copy434 9651
.....*info@perfectprint.co.nz*

Tiling

- ▶ Lakeland Tiling.....Shane..027 312 2017
.....*Kitchens & Bathrooms - No job too small*

Transportation & Rental Vehicles

- ▶ Driving Miss Daisy434 8421
.....*Appointments, Dunedin & Timaru Hospital, Shopping*
- ▶ Oamaru Transfers434 9506
.....*Hospitals & Airport transfers (Merv Aitcheson)*
- ▶ Oamaru - Dunedin/Hospital Shuttle.....
Door to door service.....434 7744
- ▶ RBM Driver Training439 5355
- ▶ Smash Palace.....433 1444
.....*Cars, Vans, Bicycle Hire & Shuttle Service*

TV Installation & Repairs etc

- ▶ Nathan Oakes TV, Sound, PC Install & Repairs.....0210 237 0646 or 03 437 2474

Vehicle Servicing & Repairs

- ▶ Ludemann Motors.....03 434 0291
.....6 Main St, Weston

Window Tinting

- ▶ Tint a Window.....0800 368 468
.....*www.tintawindow.co.nz*

Census 2018

Have you completed your census forms yet? If not, please do so. Please support your community.

The total number of people recorded in a region is important. Central government uses the figures to work out how much money it gives to a region for such services as roads and health. If you are not counted in the census, the whole community loses out. We don't get our fair share of the money.

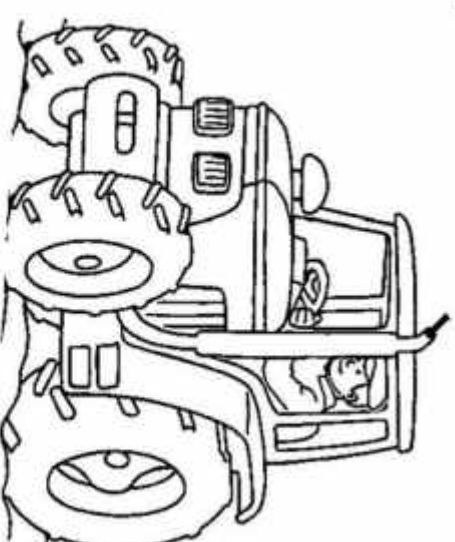
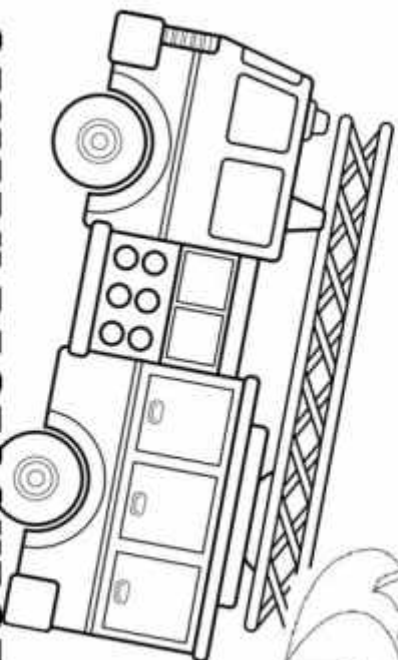
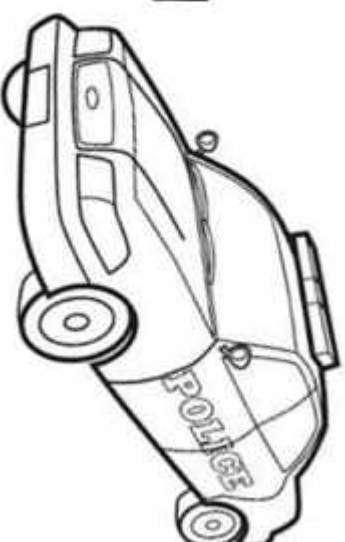
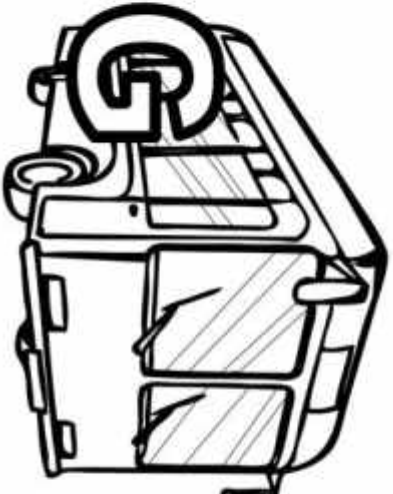
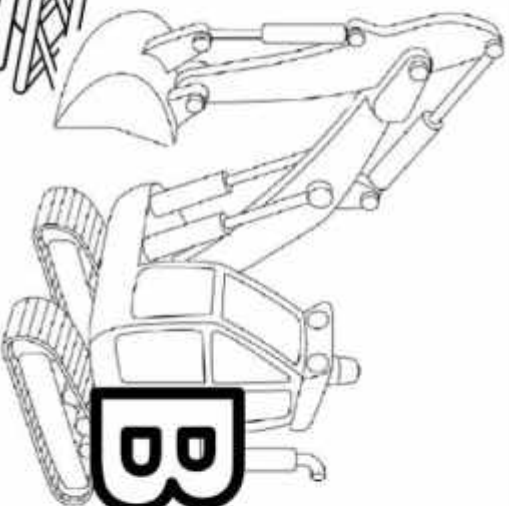
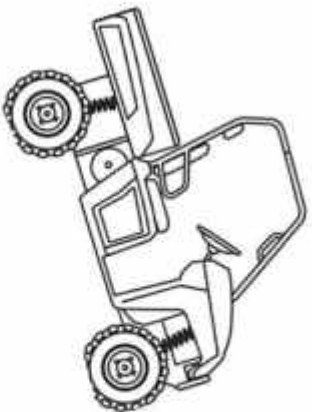
If you can't fill out the forms online, ring 0800 236 787 to ask for printed copies.

If you want to fill out the forms on line but need help, ask at your nearest public library or go to Literacy North Otago in Oamaru (20 Ribble Street). Take the letter you received about the census. It contains a special number you will need. To talk to someone local about the census, phone Citizens Advice (434 9743), Safer Waitaki (434 5284), Literacy North Otago (434 2236) or Grey Power (437 2220).

Census forms are kept private

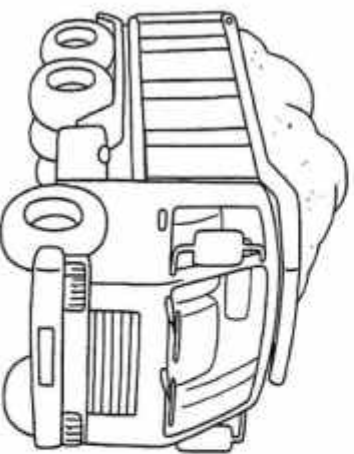
Don't worry that other people will find out what you wrote on your census forms. The Statistics Department keeps all information secure and confidential. It is not shared with other government departments.

Your data gets mixed in with the data of everyone else, and can be accessed only by authorised people. Names, addresses and dates of birth are removed from the database before information is made available for research or analysis. No information is released that can identify individuals, households or businesses.



OAMARU RACECOURSE

BIG WHEELS



Event kindly sponsored by...

CARTERS

tyre service

**18th March
11am—3pm**

Colouring competition prizes sponsored by...

PAPERplus

\$5 per car entry / or \$2 per person

BOUNCY CASTLE, FACEPAINTING, FREE STATIC DISPLAY

Go for rides (\$2 per ride) on an awesome range of vehicles

NAME: _____

PHONE: _____

AGE: _____

To enter this colouring competition please bring this completed sheet along to Weston Playcentre's BIG WHEELS DAY, 18th March 2018 at the OAMARU RACECOURSE, 11am–3pm. Entries may be displayed. Prize winners will be notified. Age categories: 4 years and under, 5–8 years, 8 years + Prizes kindly sponsored by PAPER PLUS OAMARU