

This Week's Special

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13th March 2018

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Issue 383

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A full telegram - running out of space is never fun! Our apologies to those that missed out this week. It is a good reminder to book advertisements and articles well in advance - that way we have more time to arrange and sometimes add pages. Our digital options are not as effective as the Telegram, but is still very, very good (*over 100 local visitors daily*). This is designed for clubs and businesses that cannot or don't have the time to do internet stuff - but still need another point of contact for the modern world. Enjoy your week, **regards The Telegram.**

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How good has this growing season been???  
Just when I thought I should get the hoses out  
again, Mother nature does it for me - perfect  
warm rain...

Autumn should have taken a couple  
of steps back after being revitalized, but  
colours are changing and leaves are falling as  
they should be after such a warm Summer.

My garden is really tired and bedraggled now, so cutting  
back is the only way to smarten things up and get plants and  
shrubs to push new growth and colour out before the first  
frosts. Petunias and Begonias get knocked back after rain, but  
if you have the time to dead - head and cut back to new growth,  
they will recover in the warm Autumn sun. I have many new  
seedlings to plant out once gardens are trimmed back and  
cleared of annual weeds. I cut back what is there flowering and  
add the annuals that will take over once those flowering now  
are pulled out.

Stock, Statice, Snapdragon, Wallflower, and Iceland  
Poppies are my fillers. I am still collecting and storing seed on  
dry days - have managed to collect a great stock of Lavatera  
and Delphinium seed. The Lavatera I will save until Spring,  
but the Delphinium has been sown and once up, will sit making  
strong roots until planted out in Spring.

**COMPOST:** I got a bit desperate for potting mix while potting  
up, so have been adding compost to the peat mix. My ready  
heap needs to be emptied to make room for all the leaves to  
come. The other heaps are breaking down well with the heat  
and rain - I need to add manure and a little lime now while they  
are cooking.

**MARCH IS DEFINITELY A GREAT PLANTING MONTH**  
with the soil warm and the nights and mornings cooler, -newly  
planted trees and shrubs settle in well. There are a lot of well  
grown trees, shrubs and plants on offer right now in Garden  
Centres ready and waiting to be planted. Gardeners further  
inland will need to read the labels to establish frost ratings  
before buying - if in doubt wait until Spring.

**SPRING BULBS CAN BE PLANTED NOW.** If you have not  
already done so, break up really large clumps as they tend to  
double in size without you noticing and in no time a garden bed  
can become choked, looking attractive only in Spring and dull  
for the rest of the year. I have often been asked the reason for  
Spring bulbs not flowering after the first couple of years from  
planting. The problem can be overcrowding, lack of adequate  
light as trees become larger and throw more shade during  
Summer, but the most common problem is bulbs may not have  
not been planted deep enough. Spring bulbs need to be planted  
4 to 6 inches deep - that's 4 to 6 inches on top of the bulb. If not  
planted deeply, eventually when they do come into leaf and  
experience a dry patch during this time, they won't take up  
enough moisture to come into bud.

**RAKE MULCH OFF BEARDED IRIS RHIZOMES** - they  
need to be exposed to the sun for a baking now.

**LAYER CARNATION STEMS** by pinning the centre of the  
stem down under the soil, while still attached to the mother  
plant with the flower end still exposed. Roots should form  
along the buried stem. Once rooted, cut from the mother plant  
and pot up to grow on, before planting out in lime sweetened  
soil. This layering method can be applied to many Herbs, plants  
and Shrubs.

**LAWNS.** After those baking hot days and a lot of mowing,  
lawn growth starts slowing down from now on - although,  
catchers will still be filling up for a while yet, but don't feel you  
need to cut lower than usual, because growth has slowed - a  
scalped lawn dries out faster and encourages weeds. Still the  
best time to sow new lawns, while weed growth is slowing. The  
flat weeds I do come across now, I pop out with the blade of  
secateurs before they seed and spread.

**FRUIT:** Late Peaches, Quince, Apples, Apples, Apples and so  
many ways to use fresh Apples. Black sauce ( just like the



bought one)- have just made some, stewed Apple, Apple jelly, Apple and Quince jelly, Apple pies, Apple sponge, Apple shortcake. Pick them, peel them and freeze them, or the birds will get them.

**VEGETABLE** Gardens will be growing new crops for the cooler seasons. Leaf veg should not bolt so readily now and will not mind the days getting shorter and cooling and root veg seeds will germinate well while the ground is still warm. Second sowing of Peas will be up, Corn is picked and the Pumpkins have outgrown their space and just keep going - Pumpkins can be picked before the first frost. Onions can be lifted once leaves have bent over - don't bend or damage leaves before they are ready to bend naturally if you want them to store and keep well. Once dug, lay them out in a warm place to fully ripen, then store in a cool place. Root veg seed should germinate quickly in warm/moist Autumn soil. *Cheers Linda*



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## Rights, Rules & Remedies

*A Column by Consumer Affairs Writer, Jordan Kelly.*

### Electromagnetic Pollution & Your Health

In the last two years, I've experienced an unhappy set of circumstances that has forced me to gain a first-hand (at least *semi-scientific*) understanding of the technologies used to deliver today's wireless telecommunications.

Whether we want to recognise and acknowledge it or not (and the telco and utilities industries would most certainly prefer we don't), there is a massive public health issue in the making; one that will affect a large percentage of the population in some way or another over the next few years. One that, in fact, already IS affecting many people . . . who simply don't relate their conditions and symptoms to electromagnetic pollution.

While many individuals with the ability for independent, critical thinking and a reasonable concern for their health are getting on the case, others are "safely" cocooned in the persistent, industry-influenced mainstream media's endeavours to assure us that cell phones, wi-fi, 4G, 5G etc are good, great and, of course, totally harmless to your health (bring on more cell phone towers .... yet another one popping up near you soon).

#### Why Are European Countries More Concerned Than We Are?

European countries (albeit not the UK) are way ahead of New Zealand, Australia and the U.S. in terms of recognising the very real, clear and present dangers of the massive increase in electromagnetic pollution. Their politicians and regulatory bodies are less of a push-over when it comes to industry lobbyists' influence and pressures.

To demonstrate how much more intelligently this enormous public health issue is being handled in some countries: In Spain and Sweden, for example, the growing percentage of the populace there who suffer electromagnetic hypersensitivity (a membrane sensitivity syndrome) are officially recognised as "disabled" and special EMF-shielded accommodation is provided for them. In New Zealand, by comparison, the level of understanding and intellect, more often sees EHS sufferers ridiculed.

This YouTube video is a wonderfully informative starting point for understanding the issue:

A YouTube interview with Dr George Carlo, U.S. public health scientist and epidemiologist –

<https://www.youtube.com/watch?v=IgLO9yR1JIQ> – explains how wi fi disrupts intracellular communication and is responsible for the massive increase in certain childhood conditions. He also highlights the fact that many people are experiencing symptoms directly related to their use of cell phones and their exposure to wi-fi, but don't make the connection between these and the biologically-disrupting electromagnetic soup in which we now live.

Dr Carlo was commissioned in the early days of the cell phone's commercialisation to lead research into possible health implications. But when he and his team found plenty, the industry funding that was enabling his research was quickly pulled, he was the subject of an aggressive smear campaign, and his house was burned down.



## Friday March 23rd

*The Grand Opener*

### Blue Bop

5pm, the Brydone Hotel, Thames Street

### The Stevie Rice Band

5:30pm, Scotts Brewery, Lower Wansbeck Street

### Nathan Berg

6pm, Portside Restaurant, Waterfront Road

### King Leo

6pm, Cucina, Itchen Street

### The Merc 6

7:30pm, Smiths Grainstore, Harbour Street

### Dee May and the Saints

8:30pm, Harbour Street Collective, Harbour Street

### The Saggy Britches Band

8:30pm, The Criterion, Harbour Street

## Saturday March 24th

*Performances about town*

### Celluloid Bikers

11am, Scotts Brewery, Lower Wansbeck Street

### Kit McGregor

11am, The Roost Café, Thames Street

### Phil Bates

11am, Tees Street Café, Tees Street

### The Stevie Rice Band

12pm, The Criterion, Harbour Street

### Nathan Berg

12pm, Harbour Street Collective, Harbour Street

### Iles and Molly

12pm, The Brydone Hotel, Thames Street

### ReTrio

1pm, Smiths Grainstore, Harbour Street

### Phil Bates

2pm, The Roost Café, Thames Street

### Kit McGregor

2pm, Tees Street Café, Tees Street

### The Reveal

3pm, Harbour Street Collective, Harbour Street

### King Leo

3pm, Scotts Brewery, Lower Wansbeck Street

*Evening performances*

### Celluloid Bikers

5pm, Portside Restaurant, Waterfront Road

### Blue Bop

6pm, Cucina, Itchen Street

### Oxo Cubans

7pm, The Scottish Hall, Tyne Street

### The Foxy Tones

7pm, Harbour Street Collective, Harbour Street

### The Merc 6

8pm, The Blues Bar, Harbour Street

### Damagonna/Plasitco

6pm/8pm, Smiths Grainstore, Harbour Street

### The Heavy Feathers

8:30pm, The Criterion, Harbour Street

### Freaky Meat

8:30pm, The Penguin Club, Emulsion Lane

**Members \$20, Non-members \$25**

## Sunday March 25th

### The Criterion Hotel Talent Quest

10am, The Criterion Hotel, Harbour Street

### DJ's Shoplifter and Squirrel

9:30am - 1pm, Oamaru Farmers Market, Lower Wansbeck Street

### Swing Dance Showcase!

10am, Oamaru Farmers' Market, Lower Wansbeck Street

*Music in the Precinct*

Stage one - North end of Harbour Street

**9:30 - Plasitco**

**11:00 - Freaky Meat**

**12:30 - The Foxy Tones**

**2:00 - Celluloid Bikers**

*Family Concert - bring the kids and a picnic*

**The Merc 6**

11:30am - 1:30pm Steamfunk Playground, Friendly Bay

*Performances about town*

### Iles and Molly

11am, The Roost Café, Thames Street

### Kit McGregor

11am, Harbour Street Collective, Harbour Street

### Celluloid Bikers

11am, Smiths Grainstore, Harbour Street

### Blue Bop

1pm Harbour Street Collective, Harbour Street

### Stevie Rice Band

1pm, Brydone Hotel, Thames Street

### Plasitco

1pm, The Stables, Harbour Street

### Iles and Molly

2pm, Tees Street Café, Tees Street

### King Leo

2pm, Portside Restaurant, Waterfront Road

### Nathan Berg

3pm, Scotts Brewery, Lower Wansbeck Street

*The Grand Finale*

## AN ELEGANT AFFAIR

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## Community Diary

### Wednesday 14th

**Afternoon Social Housie:** 1.30pm, St John, 21 Exe Street. All welcome. Relaxed session using counters. Ph: 437 2220.

**N.O Creative Fibre,** 10am, St Luke's Hall, Wharfe St, All welcome. Ph. Noeline 437 2501 or Margaret 434 8665.

### Thursday 15th

**Mainly Music** - pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. Ph Angela 437 0911. [mainlymusic.org.nz](http://mainlymusic.org.nz)

**Migrants Meet and Share,** at 10.30 am. Green Room, Opera House (down the driveway). Meet new friends, discuss your needs. Organised by Waitaki Multicultural Council. Contact: Maria 0210665143.

### Friday 16th

**AA Meeting,** Orwell St Chapel, 12 noon, Ph. 432 4191 or 437 2928.

**Indoor Summer Bowls** 7pm, indoor bowls Centre Centennial Park. Ph. Bob 437 1704.

**Newcomers Coffee Group** 10.30am at the Opera House. Ph. Christine 027 242 8643.

### Sunday 18th

**N.O. Tracking & Mountaineering Club Lindis Peak:** 1226 mtrs - This track is near the Lindis Pass Hotel and is a tramp of 16kms/5-6 hours. Contact Jac 434 5278.

**St Paul's Church,** Coquet St, service and kids club. All welcome, 10am.

### Monday 19th

**Genealogy Club** 10am-12pm at Oamaru Library - learn how to research your ancestors. "Strangers on the Shore" book talk by Photographer Rod Morris & Marine Biologist Sally Carson at Oamaru Library, 6pm.

**Oamaru Electronic Organ Society,** Eveline Church Hall 7.30pm. Our theme this month is "Irish". New members welcome.

**Tokarahi spinners & Weavers meeting,** 10am, Tokarahi Hall. Ph. 434 2223.

**W.B.H.S. Community Association AGM,** W.B.H.S. Staffroom at 7pm.

### Tuesday 20th

**AA Meeting,** Orwell St Chapel, 7.30pm, Ph. 432 4191 or 437 2337.

**Age Concern Gentle Exercise Programme,** Orwell St Church Hall Tuesdays 1.30 - 3pm, \$3 per person. Contact: 434 7008.

**Arthritis Peer Support Group,** Star & Garter, 10:30am.

**Diabetes Walking Group:** Chelmer St Gardens Car Park, 10.30a.m. Everyone welcome. Ph. Jan 437 2348.

**Justice of the Peace** 11am - 1pm, WINZ Building, Coquet St.

### Up & Coming

**Musical Theatre Oamaru Proudly Presents the Network Waitaki Season of Mamma Mia!** Auditions April 5-7th Visit [www.mto.org.nz](http://www.mto.org.nz) for info.

**Lady Sophronia's Drawing Soiree:** Life drawing meets burlesque in a Victoriansque workshop. 24th March 7-10pm. Grainstore Gallery, doors open 6:30pm. Tickets available at Crafted & Grainstore Gallery.

### AGM's

Literacy North Otago Inc, AGM, 20 Ribble st, Oamaru at 7.00pm 22nd March. All Welcome

### Classifieds

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 Milk to mix.



Cream butter and sugar, add eggs one at a time, beat well.

Add all other ingreds. Pour mixture into flat sandwich tin.

Bake at 180deg C for 30-40 mins. Ice with white icing and sprinkle with coconut. Cut into fingers.

# INTERNATIONAL DINNER

*Race Relations Day Event*

**Saturday 17th March 2018**

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# A REAL ESTATE UPDATE

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## Interest Rates Update

Retail banks are competing strongly for mortgages, with interest rates again taking a noticeable dip in January.

The Official Cash Rate (OCR) remained on hold in February and is projected to remain below 2.00% until the end of 2019, which is good news for new borrowers and those coming off fixed rates.

The new loan-to-value ratio (LVR) restrictions are now in place. They are only a minor change from previous restrictions with the deposit requirement for investors dropping from 40% to 35% and the share of high LVR lending (above 80% LVR) to owner occupiers increasing from 10% to 15%.

The expected impact on the market is minimal, although it will contribute to a small lift in demand from those who were previously unable to satisfy the LVR requirements.

The Government has now introduced new legislation which will make good their policy of extending the two year bright line test to five years. This means all second homes and investment properties acquired and sold within five years will be subject to income tax.

This change will only take effect for properties purchased after the bill takes effect, which is expected to be in late March 2018.



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