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22nd May 2018

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Issue 393

## THE GARAGE DOOR CENTRE

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It will be great to get out and enjoy the Fire and Steam event on Friday 1st June. It is a great event. Remember to dress up warm as Winter has arrived. There are loads of other Steampunk events over the weekend. See page 5 for details. We have lots of customers coming in and asking if anyone is selling dry firewood. If this is you come and see us and we can help you advertise in the Telegram so we can keep everyone warm this winter.

Enjoy your week, Regards The Telegram.

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I am feeling a chill in the air and frosts have started, but enough warmth still in the ground for plants to continue growing.

A heap of work was done here in the garden this week, compost is shoveled on thickly over beds now ready for a layer of pea straw.

I have been potting up well grown seedlings before the nights get colder and because they are straight from seed trays, the frost cloth has gone on and will remain on until Spring.

Leaves are still falling, so piles are still accumulating in our garden, a good many piles have been put on compost heaps, the remainder I burn in a drum and add the ash to compost, but from now on I will be making leaf mulch which is an easy process and gardens really benefit from the nitrogen fix when it is spread in Spring.

1. First pile the leaves and keep them dry then shed them with a lawn mower, (whole leaves don't break down enough for mulch).

2. Once shredded, add layers 12 to 18 inches deep along with a handful of urea or grass clippings(nitrogen) to each layer,

wet each layer (don't saturate) as you build.

3. Repeat this layering until your bin or bag is full and all will break down over Winter to be ready for you to put on the garden in Spring.

This is a great time to make new perennial beds or re-organise existing beds. With perennial clumps increasing in size annually, they soon over fill a space. Lift overgrown clumps, break up and replant some of the youngest growths from the perimeter. Healthy vigorous plants can be reduced by putting a sharp spade in where you would like a reduction, then lift the cut portion out without disturbing the plant remaining. I have been doing this with Asters, Phlox, Aubretia, small grasses, Hostas, and Herbs - like Sage, Thyme and Lemon Balm.

Rockery plants can be divided now as well. Once plants have been sectioned and rearranged, cover the bed and around plants with compost which will encourage new root growth and help to keep perennial beds warmer through the colder months. I have also been potting up well grown seedlings before the nights get colder.

All old leaves from my Hellebores have now been removed - they are budding up for a Winter display, so a fortnightly liquid feed can be given if you feel they need boosting. Further inland it would be advisable to leave some top growth on to give frost protection to soft new growth. Once hardened, remove all leaves to display flowers.

Remove water trays from pots now - the soil will stay damp from now on and should never be waterlogged through Winter as this will lead to plant roots freezing and rotting.

Lilies - this is the main time to shift or divide old overgrown clumps of lilies. Be careful not to break the fleshy scales and to retain all the basal roots. Don't pull the old stems away from the bulb as it leaves a hole where water can enter and cause rot - just cut old stems short and bend. Never allow Lily bulbs to dry out while out of the ground. I plant lilies on a little river sand and cover with compost which has had blood and bone added.

Continue planting Strawberry plants, raising the beds where drainage is suspect and adding compost to the beds.

It is said to plant Garlic on the shortest day, but any time from late May until August is ok. Select large single cloves (plant point up) 5cm deep and 20cm apart, in warm, well-drained sites where soil has been recently limed.

fallen. Remove dead or damaged wood, crossing or inward turning branches, excess leaders or sucker growth developing on the main trunks. Shorten back vigorous leaders by about a 1/3 to promote branching. Prune long side branches, take out weak twigs to discourage further spread.

*Cheers, Linda*

## OAMARU + PHARMACY

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### Filipino Waitaki Incorporated Variety Concert with guest Joseph Balfe

Finally! The Filipino culture and arts will be presented live on 9 June 2018 at 7pm at the prestigious Oamaru Opera House, in collaboration with the Waitaki Multicultural Council and with special guest Joseph Balfe.

You will be entertained and captivated with rich and colourful Filipino culture, full of story, dances and music, travelling from the olden times up to the present. Be ready to be mesmerized in an hour and a half of Filipino folk dance, festivals, rituals, celebrations and international influence.

Experience an enchanting night out filled with native and modern performances, soak up with a lively ambiance and a festive atmosphere. Sit back and watch a cultural performance that showcases the diverse traditions of the northern and southern regions of the Philippine Islands. As the dancers whirl across the stage, admire their colourful costumes, move to the traditional rhythms of Filipino music, and discover the rich folklore of this fascinating nation.

Experience a show of a lifetime as we take you to the different places and era that has flourished throughout the Philippine history. And that's not all. Oamaru's pride, budding talent on finger-style guitar, and regarded as one of NZ's finest, Joseph Balfe will be performing.

So what are you waiting for?

Go to [www.ticketdirect.co.nz](http://www.ticketdirect.co.nz) or the Oamaru Opera House and to purchase your tickets now.

For More Information: Contact Lotski Mordeno, 021 1602368 or [filipinowaitaki@gmail.com](mailto:filipinowaitaki@gmail.com)



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## Graduation a celebration for students nationwide

Students from all over New Zealand are being capped at the University of Auckland's Autumn graduation this week, among them Waitaki District Council's Bill Chou.

Mr Chou, the council's Information Services Group Manager, yesterday received one of the most challenging and prestigious qualifications available at the University, the Master of Business Administration, or MBA.

"I started my MBA journey with the University of Auckland in 2012, with a Postgraduate Diploma in Business, before progressing to the MBA in 2016," Mr Chou says.

"Sometimes I have to question how I pulled it off. I moved to Oamaru last year which meant a nine-hour round trip across air and road to attend classes. When the weather was tricky, like heavy rain in summer and snow in winter, travelling became more difficult, sometimes even dangerous.

"But I did pull it off and I am so pleased with my achievement. I met some of New Zealand's best business students of diverse backgrounds and professional skills, and have refined my management style to suit the business environment of this country," he says.

Mr Chou relocated from China to New Zealand in 2011.

"I am very keen to put the knowledge gained from my MBA to good use helping the Waitaki District Council to deliver better services and communication to the community of the Waitaki, and sustainably strengthen this beautiful district's economy. The Waitaki District is one that is embarking on some very exciting opportunities and is punching well above its weight, and I look forward to adding value on that journey."

The University of Auckland's Autumn Graduation is one of New Zealand's largest celebrations of academic achievement. More than 4,000 students attended the ceremonies which included a procession along Queen Street and the conferring of degrees and diplomas at Aotea Square. Media Release "The University of Auckland"



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# 2018 STEAMPUNK NZ FESTIVAL PROGRAMME 31 May — 4 June 2018



Thursday 31st May 10:00am Op Shop Tour Meet at i-Site.

Please RSVP to [info@steampunk.org.nz](mailto:info@steampunk.org.nz) FREE

7:30pm Steampunk Social at the Criterion Hotel.

RSVP to [info@steampunk.org.nz](mailto:info@steampunk.org.nz)

Friday 1st June 2:30 – 3:30 Book Launch and Afternoon Tea

Pen-y-bryn Lodge, 41 Towey Street SOLD OUT

3:00pm – 5:00pm Workshop: Steampunk your Nerf Gun  
with Grymmstone & Treacle Emporium SOLD OUT  
Criterion Hotel, 3 Tyne Street

6.30 – 9:00 Oamaru Fire and Steam

Lights, fire, street food and entertainment.  
Harbour Street. \$5; children free.

LIVE MUSIC:

8:30pm - Criterion Hotel, 9pm-Harbour St

Collective, early-Scott's Brewery

9:00pm – 11:30pm After Party & Vaudeville

Steampunk Style Loan and Merc, 14 Harbour St

Saturday 2nd June 8-8:30am Irishman's Rally -Vintage cars. FREE

10:00am Steampunk Parade

Harbour Street from Steampunk HQ end. FREE

10:00am – 3:30pm Steampunk Market

Loan & Merc, 14 Harbour St. FREE

Saturday and Sunday 10:00am – 3:30pm Tintype

Photographer, Harbour Street.

11:00am – 12:00pm Tea Duelling FREE

Free entry on the day – please arrive early.

11:00am – 1:00pm Children's Workshop:

Steampunk Goggles, 20 Ribble Street

2:00pm – 4:00pm Teapot Racing

Oamaru Club, 32 Severn Street

4:30pm – 5:45pm Steampunk Belly Dance

Workshop Oamaru Club, 32 Severn Street

7:30pm – 11pm League of Victorian Imagineers (LVI) Mess

Dinner and Airship Racing, Loan & Merc

8:30pm Live Music at the Criterion Hotel.

Sunday 3rd June 9:30am – 10:30am Coffee & Promenade to Victorian

Precinct, Brydone Hotel. Please RSVP to  
[info@steampunk.org.nz](mailto:info@steampunk.org.nz)

10:00am – 3:30pm Steampunk Market

Loan & Merc, 14 Harbour St. FREE

10:00am – 1:00pm Farmers Market

Scotts Brewery Car Park.

10:30am – 12:30pm Children's Workshop:

Steampunk Ray Guns, 20 Ribble Street

11:00am – 12:00pm Parasol Duelling

Harbour Street. Free entry on the day. FREE

11:30–1:00 Awesome Monsterpot Racing

Harbour Street area. Free entry. FREE

12:30-2:00pm World Movie Premiere plus

Steampunk Magic Show Steampunk animated  
short film plus meet the filmmaker, followed by  
The Great Wardini. Oamaru Opera House,  
Inkbox. Gold coin donation.

3:00pm – 5:00pm Steampunk NZ Moments In Time

Fashion Show: A series of tiny theatre pieces.  
Oamaru Opera House

7:00pm Live Music at the Grainstore Gallery.

7:30pm to midnight Steampunk Gala Ball

The Oamaru Club, 32 Severn Street

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## Community Diary

### Wednesday 23rd

**Excelsior Petanque Club day**, 1pm. Ph. 437 2557 or 437 1590.

**St Pat's Indoor Bowls**, 7pm, Centennial park Centre, all welcome. Ph. Mary 434 7196.

**Yankee Bowls**, 1.30pm, Centennial Park Centre. Enjoy fun & friendly afternoon.

**Weston Indoor Bowling Club**, Weston Hall at 7.30pm, Ph. Ian 434 8281.

### Thursday 24th

**Awamoa Indoor Bowls**, Awamoa Bowling Pavilion, 1.30pm. Ph. 434 5061.

**Diabetes Walking Group**: Chelmer St Gardens Car Park, 10.30am Ph. Jan 437 2348.

**Mainly Music** - pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. Ph Angela 437 0911. [mainlymusic.org.nz](http://mainlymusic.org.nz)

**N.O. Asthma Society**: Respiratory Exercise Class, 10am, St John Hall, Exe Street. Phone Fiona 03 434 3202.

### Friday 25th

**AA Meeting**, Orwell St Chapel, 12 noon, Ph. 432 4191 or 437 2928.

**Lunchtime Recital**, Wendy Eckhardt & Bruce Albiston, accompanist June Cameron. 12.15 - 1pm, Ink Box - Opera House

**Meadowbank Bowling Club Interfirm Stadium Competition REMINDER**, get those entry forms in before the 25 th May. Ph. M. Parker 426 0522 or C. Poole 437 1914.

**Newcomers Coffee Group** 10.30am at the Opera House. Ph. Christine 027 242 8643.

### Saturday 26th

**Meadowbank Community Stadium Bowls**, 1.15pm Bowls available. Ph. Graham 434 0951.

**The Healing Team** - 2-3pm, St Mary's Hall.

### Sunday 27th

**AA Meeting**, Orwell St Chapel, 6pm, Ph. 437 2928 or 437 2337.

**Excelsior Petanque Club day**, 1pm. Ph. 437 2557 or 437 1590.

**Oamaru Heritage Radio AGM**, 3pm at Star & Garter Restaurant.

**St Paul's Church**, Coquet St, service and kids club. All welcome, 10am.

### Monday 28th

**Genealogy Club** 10am-12pm at Oamaru Library - learn how to research your ancestors.

**Maheno Water Committee Inc. AGM**. Maheno Public Hall, at 7.30pm, J M Marshall Secretary.

**N.O Creative Fibre**, 10am, St Luke's Hall, Wharfe St, All welcome. Ph. Noeline 437 2501.

**N.O. Patchers & Quilters** meet at the St. John's Hall, Exe St, Oamaru, 7.30pm. New members welcome. Ph. Helen 434 5680.

**O.C. Inc Outdoor Bowls Section A.G.M.** at 7pm. All members - please attend.

**Oamaru Ordinary Cycle Club inc, AGM** Monday 28th May 7:30pm, Scottish Hall, Tyne St, All welcome, Enquiries [oamaruordinary@gmail.com](mailto:oamaruordinary@gmail.com) Ph 03 434 8285

**The Happy Scoundrels Over 55 Ten Pin Bowling Club**, 1pm, Galleon Family Complex. Ph. Mike 437 0224 or Gary 434 1463.

**Waitaki Woodturners**, 1-5pm, clubrooms, Oamaru Race Course. Ph. 439 5795.

### Tuesday 29th

**AA Meeting**, Orwell St Chapel, 7.30pm, Ph. 432 4191 or 437 2337.

**Age Concern Gentle Exercise Programme**, Orwell St Church Hall, Tuesdays 1.30 - 3pm, \$3 per person. Ph. 434 7008.

**Diabetes Walking Group**: Chelmer St Gardens Car Park, 10.30a.m. Everyone welcome. Ph. Jan 437 2348.

**Indoor Bowls Oamaru Club**, Severn St, 7pm, new members most welcome. Ph. Bev 434 9678 or Bede 027 201 3907.

**Justice of the Peace** 11am - 1pm, WINZ Building, Coquet St

**Meadowbank Indoor Bowls**, 7pm at the Centennial park centre. All welcome. Ph. Noel 437 0217 or Bob 437 1704.

**St Pauls Indoor Bowls, AGM**, 2pm Ph. 437 1294

**U3A Waitaki**, talks, discussions for minds, 2-4pm. St Johns Hall Lounge. Ph. 434 6613.

### Public Notices

**Cancer Society Volunteer meeting** - 1<sup>st</sup> Wednesday of each month. Dean O'Reilly Lounge, Reed St at 10.15am. All welcome. Ph Rayna Hamilton 431 7897.

**Nth Otago Settlers Assn** - May meeting Thursday 31st May @ settlers Hall, 1 Severn ST, 2pm - 3pm. 'John Anderson shares his experience publishing a small history & using web pages to record & present family histories. Public Welcome. Helen Ph/Txt 027 434 1173.

**N.O. Bird Fanciers Club Annual Show & Bird Sale**, Drill Hall, Itchen St, Saturday 2<sup>nd</sup> June 1-5pm, Sunday 3<sup>rd</sup> June 9.30am - 12pm.

**Disability Information Mobile Service** will be present in the Meeting Room at Oamaru Hospital on Wed 30<sup>th</sup> May from 1.30pm - 3pm

## Classifieds

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**Horse Manure**, Ph 434 5607.

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**Pool table**, 7x4, slate base, needs new cloth. Ph 437 2156 - evenings.

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### Raffle Results

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Winners have been notified. Thanks for your support (Chairman) Ph 437 2673.

## AGM Notices

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N.O. BIRD FANCIERS CLUB

# Annual Show & Bird Sale



Drill Hall, Itchen Street  
Saturday 2nd June 1-5pm  
Sunday 3rd June 9.30am - 12pm

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.....0800 155 166

## Mobile Travel Broker

- ▶ Jannine Hore .....439 4230  
*The Travel Brokers - member of Helloworld*
  - ▶ Lynne Sinclair, NZ Travel Brokers.....  
*Cruising/Holiday Packages*.....432 4172
- ## Naturopath, Iridologist
- ▶ Halo Iridology.....021 270 0971  
.....www.haloiridology.com

## Painters & Decorators

- ▶ 0800 Mr Painter .....0800 677 246  
.....027 437 4367

## Pest Control Services

- ▶ Spider proofing & Pest Control  
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## Pets

- ▶ Suds & Paws for dog grooming 434 5957
- ▶ Paws Awhile Boarding Cattery 434 1296

## Plumbers

- ▶ Foley Plumbers Oamaru.....434 2330  
.....*Tom Palmer*.....0800 303 530

## Podiatrist

- ▶ Simply Feet Podiatry.....437 9025  
.....*316 Thames Hwy, open Mon-Fri*

## Print

- ▶ Oamaru Print and Copy Ltd.....437 9025  
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## Tiling

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- ▶ Oamaru Transfers .....434 9506  
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- ▶ Oamaru - Dunedin/Hospital Shuttle.....  
*Door to door service*.....434 7744

## Transportation & Rental Vehicles

- ▶ Smash Palace.....433 1444  
.....*Cars, Vans, Bicycle Hire & Shuttle Service*

## TV Installation & Repairs etc

- ▶ Nathan Oakes TV, Sound, PC Install & Repairs.....0210 237 0646 or 03 437 2474

## Window Tinting

- ▶ Tint a Window.....0800 368 468  
.....www.tintawindow.co.nz



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At the Loan & Merc  
Harbour St  
This FRIDAY 25th - 9am to 10pm  
SATURDAY 26th - 9am to 6.30pm  
SUNDAY 27th - 9am to midday



Where Happiness is Homemade

### Preparing Beans & Lentils

- Soak beans overnight in water. Lentils are the exception needing only a short soaking of 1-2 hours. Red lentils need only be rinsed through a sieve before use
- Drain (throwing away soaking water) and thoroughly rinse in cold water.
- Cover beans with 3 times the water. Rapidly boil uncovered for the first 10 minutes then lower heat and simmer until soft. Add extra water if needed.
- Add 1 teaspoon ground cumin, half a tomato, a bay leaf or a piece of seaweed to soften the beans and speed cooking.
- Salt will toughen the skin so only add at the end of cooking to taste

### Beans and Lentils Cooking Times

Beans (1cup)	Cooking times	Presoak
Adzuki	40 mins	YES
Black Beans	50-60 mins	YES
Black-eyed Peas	45 mins	NO
Chickpea Beans	1 ½ hours	YES
Red Kidney Beans	1 ¼ hours	YES
Lentil Brow/Green	25-30 mins	NO
Lentils Red	10 mins	NO
Lima Beans	40-45 mins	YES
Mung Beans	45 mins	YES
Peas, Split	50-60 mins	NO
Peas, whole	1 ¼ hours	NO
Pinto Beans	1 hour	YES
Soybeans	2 ¼ hours	YES

10 Eden Street

Oamaru

(03) 433 1433

info@realfoodpantry.co.nz

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## Real Food Pantry Recipe - Felafel

This is a delicious middle eastern recipe using chickpeas.

### Ingredients:

225gms of chickpeas, soaked and cooked  
1 egg beaten, 1 large onion finely chopped  
2 tablespoons chopped parsley, 1 clove garlic crushed  
1 teaspoon ground coriander, 1 teaspoon ground cumin  
Pinch of chilli powder

### Method:

1. Mash the chickpeas thoroughly, than add the egg, onion, parsley, garlic and spices.
2. Shape the mixture into small balls then coat in flour, beaten egg and breadcrumbs.
3. Fry the falafel in oil for 3 minutes on each side, or until brown.

These go well inside pita bread with salad and vegetables.

## Champion of Champions

The Champion of Champion Pairs were held last weekend, with Gordon Robb and Diana McGregor of Meadowbank Club taking the title with an un-beaten run of games. Runners-up were Richard Hammond and Pat Robinson from Kurow.



## World Fair Trade Day Quiz & competitions

1st - Stephanie McIntosh, 2nd - Paul Familton, Count the beans winner - Vicky Leley, Thanks to everyone who celebrated with us on W.F.T.Day. Thank you so much for your support. *Delwyn Cox - Shop Manager Oamaru*

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(Service, Ex-Service, Police & Dependants)

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**Struggling? Need Some Help?**

An RSA Support Advisor, based in Dunedin visits Oamaru regularly to help make those **BIG** problems smaller.

Grant funding, referrals to appropriate agencies, advocacy and advice are just some of the services freely available.

**For an appointment phone: 0800 664 888**

or email: [welfare@dn-rsa.org.nz](mailto:welfare@dn-rsa.org.nz)