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The Teleg

26th February 2019

Phone 434 9651

**Issue 430** 



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Whew! What a hot spell early last week. Plants hardening and making seed were tested and I was happy moving about with the hose, deep watering around roots and enjoying the powerful flower fragrances wafting on the air. While writing this, the promise of heavy rain is pending - so I wait in anticipation.

I have divided clumps of Violas now finished flowering. Dig up part of a large clump and basically pull it to bits, planting sections with roots into

pots.

By the start of next Winter, the small pots will be filled with roots, new leaves and buds ready to be planted out.

The same for Polyanthus and Primulas - break up clumps; plant out only fresh new growth and throw away knotted old spent roots.

Drifts of blue and white Agapanthus are putting on a great show around town. Once finished flowering, clumps can be dug up (if is manageable enough to do this) then pull off small rooted sections and plant out on their own using fresh compost to get roots going again. Agapanthus are great gap fillers in new gardens - they can always be removed as you fill your garden with permanent plants.

Cut back border and rockery perennials as they finish flowering, to get superior blooms on Gerberas, Dahlias and Delphiniums - dead head and give fortnightly feeds of liquid fertiliser. Remove excess buds from large flowering Chrysanthemum - they will be flowering soon.

The ground is getting hungry here now, so I plan to give areas opened up after a cutting back a good soak then a top up with compost to encourage spreading plants to make new roots.

Resist the urge to shift Shrubs - they would suffer by being shifted at this time of the year, even if the water was kept up to them. Best to wait until the end of Autumn when sap is down. If large Shrubs are needing to be shifted, wrench them now in readiness to lift them at the right time. Wrenching is when one half of the roots are dug around and lifted, then compost is added. Keep water up once roots have been cut or disturbed and the wrenched Shrub / Tree will survive with being fed from the remaining untouched roots, while at the same time the other half is making new roots into the compost.

Seeds: with all this hot weather there are plenty of ripe seeds to be had from Foxgloves, Poppies, Dianthus, Lupin, Marigold, Sweet pea, Lavender, Snapdragon - even Rhododendron and Azalea. Store them in brown paper bags in a dry place( where mice cannot get at them) plant into seed raising mix at the end of next Winter.

Mulching of the soil is beneficial right now, but always apply mulch to ground that has been well soaked - then you can forget about watering for a while because the mulch will do the job of keeping moisture in the ground. Un-sprayed grass clippings mixed with compost as a mulch around plant roots works well.

Lawns: If you are thinking of sowing lawn this Autumn, prepare the ground soon by spraying out perennial weeds, then rotary hoe the area to ensure there will be no hard pan. Firm and create an even surface by raking and more raking, to create a fine top layer to sow seed. Warm ground and gentle watering will have the seed struck in no time. Leave fertilising until the lawn is really established - new grass will burn easily.

# O PHARMACY

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Veg and Fruit; Vegetable gardens will be well picked over by now. Keep the water up to Corn and Pumpkins to ensure a juicy crop - they both need a long ripening season. Dig out old spent Strawberry plants that have finished cropping and discard. Plants that are being kept for another season should have runners cut off now to preserve the strength of the main clumps. Transplant strong runners for new croppers and keep the water up until they make roots.

Apple trees are producing well this year and the birds are having a ball. I have been picking and stewing those I see the birds have been at. Store apples in a cool dark place, check them often and remove any that show signs of rot. If you have too many apples to deal with, I am sure there will be plenty of takers or maybe try your hand at making cider. Time to cover Grapes - the birds are waiting to feast.... *Cheers, Linda* 

## New Business Shona Campbell-Savage: Marriage Celebrant

I am privileged to be a trained and registered independent marriage celebrant who is able to officiate on your special day. I will work with you to craft a bespoke ceremony that will share your own, very personal love story. This will acknowledge your shared values, culture and personalities and involve the people who are important to you. Each couple is unique and I will ensure that your ceremony reflects this.

I am enthusiastic and professional about my role as a celebrant, so am confident that you will find me to be friendly, honest and helpful as I work with you to prepare and deliver a ceremony that finishes with you leaving as a legally married couple.

As a member of the Celebrants Association of New Zealand (CANZ) I value the ongoing professional development and support that this offers.

I live in Kakanui and have been based in the Waitaki district for 30 years. We live in a beautiful district in which to have weddings but I would also be happy to travel to other special places for your ceremony.

Please contact me to discuss your plans as I would be delighted to be your celebrant of choice.

I am currently taking bookings for the 2019/2020 wedding season.

Email: shona.celebrant@gmail.com Cell: 027 3109292



#### **Clutter Free**

After attending Lynley Caldwell's talk during the recent Summer School on "Decluttering Your Home" it re-sparked my interest in this subject. So I decided to see if others are interested in following on with this topic for ideas, hints, support and discussions. I have booked the Community

I have booked the Community Room at the Oamaru Library from Tuesday 5th March 10-11.30am to see if there is others interested.

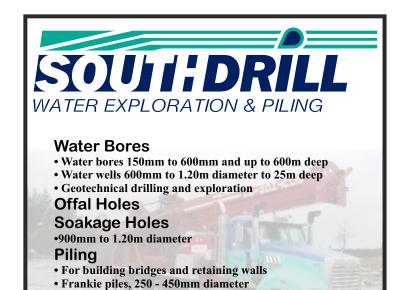
This is free to anyone wanting to participate.

Hope to see you there. Any comments or questions phone Daphne on 4346249.



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#### 55th Annual 2019 Waikouaiti Rodeo



The 55th annual 2019 Waikouaiti Rodeo is set to be held on Saturday the 2ndof March 2019 at the Beach Road Sports Complex. This years local rodeo will kick off the new 2019/2020 New Zealand Rodeo Cowboys Association season with cowboys and cowgirls travelling from throughout the country to get a head start on winning some points.

The club committee has been putting the final touches on organizing a fun family day out with a free kids' corner providing entertainment and a chance for a"Selfie with a Cowgirl". The gorgeous barrel racer, Chanelle Dickie from Christchurch, will be on hand to talk to any pony mad kids who have any questions or would like their photo taken with her. Trying to get a good start to the season will be leading Barrel Racer and Oamaru local, Rhondine Long, on her horse Roc. Photograph courtesy of PRW Photography

The day will kick off in the morning with Second Division contestants trying to earn enough points to break open and compete against the top boys and girls in the Bareback, Rope and Tie, Saddle Bronc, Barrel Racing, Steer Wrestling, Team Roping and Bull Riding events. Youth contestants will also get a turn in the novice bull ride, junior bull ride and junior barrel racing events.

The club is hoping to put on a great day packed full of action with entertainment at half time and it promises to be a great day to spend with friends and family. Keep an eye out on their Facebook page (@Waikouaitirodeo) for more information including a start time and any updates for rodeo day.

## OAMARU COLLIE DOG CLUB

## **Annual Dog Trial Meeting**

Wednesday 27<sup>th</sup> February 2019 7:30pm

62 Ross Road, Herbert

Enquiries to:
Barry Hobbs 027-201-0574

#### OAMARU + PHARMACY

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#### Who should use Terraflora?

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**Terraflora**<sup>TM</sup> doesn't contain: dairy, wheat, yeast, gluten, corn, sugar, soy, shellfish, tree nuts, or GMOs. Made without stearates, fillers, binders, flow agents, or additives of any kind. Making it suitable for most people.

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**Terraflora**<sup>TM</sup> is now sold at **Oamaru Pharmacy.** Come in and see us, the team is always ready to help with friendly and knowledgeable advice. And don't forget to check out our mailer that is out now.









#### **Community Diary**

#### Wednesday 27th

**Excelsior Petanque Club day,** 1pm. All Welcome Ph. 437 2557 or 437 1590.

#### **Thursday 28th**

**Disability Information Mobile Service,** Oamaru Hospital Reception area, 11.30am - 2pm, Ph: 0800 693 342, Equipment and aids to support independence, Eftpos available.

**The Happy Scoundrels inc.** Over 55s Ten Pin Bowling Club, 1pm @ the Galleon Complex. Ph Garry 434 1463 or Mike 437 0224.

**North Otago Asthma Society Respiratory Exercise Class**, 10am, St John Hall, Exe Street. Enquires Ph 437 2673.

**Mainly Music -** pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. mainlymusic.org.nz

#### **Friday 1st March**

**AA Meeting,** Orwell St Chapel, 12 noon, Ph. 432 4191 or 437 2928.

**Lower Waitaki Golf Club** - Family Fun Night at 6pm Coaching available from 5pm. If you haven't played golf, there is not better time than now. Bring your kids & your mates. See you there.

**Johnston(e)** Clan meet at 10am. All Johnston(e's) welcome. Ph Daphne 4346249 for venue.

**Meadowbank Bowling Club,** 14 Conway, friendly bowls, 2pm start. Bowlers & non bowlers welcome. ph. Mary 434 7196.

#### Saturday 2nd

Cycling Waitaki; community rides from Enfield, 9:30, all riders, all abilities, welcome. Coffee to follow ph 021 121 4627 or cycling waitaki.org.nz

#### Sunday 3rd

**AA Meeting,** Orwell St Chapel, 6pm, Ph. 437 2928 or 437 2337.

**Excelsior Petanque Club day**, 1pm. All Welcome Ph. 437 2557 or 437 1590.

**Join Helen Stead's 'Ships, Sheep & Grain'** Walk at 10am to 12 noon. Meet o/s Customs House. Adults \$20. Ph 027 434 1173

**Reformed Church Oamaru**, 4 Eden St, morning service at 10:30am, followed by Sunday School; evening service at 5pm.

**St Paul's Church,** Coquet St, service and kids club. All welcome, 10am.

Join Helen Stead's 'Cemetery Old Ground' Walk at 2pm to 4pm. Meet @ Greta St gate. Adults \$20. Ph 027 434 1173

Whitestone Music Ass Club Day; 1:30pm start at Purtons Café and Bar, Maheno, all welcome. Ph. 027 828 0188.

#### Monday 4th

**Tokarahi spinners & Weavers meeting,** 10am, Tokarahi Hall. Ph. Christine 434 2223.

#### **Tuesday 5th**

**AA Meeting,** Orwell St Chapel, 7.30pm, Ph. 432 4191 or 437 2337.

"Clutter Free" discussion & ideas Community Room, Oamaru Library 10am free to participate. Phone Daphne 4346249

**Age Concern Gentle Exercise Programme,** Orwell St Church Hall, Tuesdays 1.30 - 3pm, \$3 per person. Ph. 434 7008.

**Free JP Clinic** for certifying documents, affidavits, and declarations. 11-1pm in the WINZ building.

Dance Classes, Classical Ballet and Art Classes, Ages 3 to 10, Beginners Ballroom/Ballroom New Vogue, All School ages. Ph. 021 0559581. Facebook: Living Arts Oamaru.

**U3A Waitaki**, talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph. Linda 434 6613.

#### ACM

AGM for North Otago Early Settlers Assn. 28th Feb - 2pm at Early Settlers Hall, 1 Severn St, Oamaru. New members Welcome, Sec/Treas: Carolyn Patrick ph 021 066 2888

#### Classes & Workshops

Aromatherapy Essential Oils Workshop: 39ANen Street 10am-6pm. Ph 0278145192

#### **Public Notice**

Waitaki Travel Club monthly meeting, at the Manor Estate, Friday 8th March at 10am. "Guest speaker Lindsay Walker, serving a need in Usanda"

The South Island Rose Ranfurly competition will be held at the Loan and Merc, Oamaru, and will be open to the public on Sat, 9th March from 1pm - 4pm and Sunday 10th March. From 1pm - 4pm. Everybody most welcome to attend.

#### Classifieds

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North Otago Motor Group

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## Nature's Charm









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### RealFood Pantry Refined Sugar Free Chocolate Cake

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- · 1/4 cup vegetable or melted coconut oil
- · 2 tsp pure vanilla extract
- · 1/3 cup cocoa powder (not dutch)
- · 1 cup loosely packed spelt, white, or gf all-purpose flour
- · 1/2 tsp salt
- · 3/4 tsp baking powder
- · optional 1/2 cup mini chocolate chips

#### **Instructions**

Refined Sugar Free Chocolate Cake Recipe: Preheat oven to 350 F, and grease an 8-inch square or round baking pan. Whisk together the first 5 ingredients, and set aside for at least 10 minutes. Meanwhile, stir together the remaining ingredients in a separate bowl until well-mixed. Pour wet into dry, stir just until evenly mixed, and transfer to the prepared pan. Bake 20 minutes on the middle rack, or until cake is light and fluffy and a toothpick inserted into the centre comes out clean. (If using a 9-inch pan for a thinner cake, you may have to experiment with the baking time.)



