

Need a Gardener?
Need a Plumber?
Need some Electrical work done?
Visit www.oamaru.net.nz

7th May 2019

Phone 434 9651

Issue 440



LINDSAY WHYTE

Painters and Decorators Ltd

48 Years Experience Master Painter
FREE PHONE 0800 242 8611



- Interior
- Exterior

CALL NOW!


We have been looking at other Community papers like the Telegram from other areas in New Zealand... One or two little ideas for the future - but mostly we feel we are ahead of the game. Especially when it comes to our online presence - good to see...

Remember to "Shop Oamaru" and enjoy your week, regards
The Telegram.



Safe and professional tree care, Difficult tree removals, Height reduction, Felling, Hedge trimming, Pruning trees to your specification, Stump grinding and chipping.

Qualified Arborists
Matt Slater 027 241 3343 03 437 1440
treesculptotago@hotmail.co.nz Oamaru




Dunbars Insulation

Your Local Heat Saving Specialist

**** Free Insulation assessments ****
available to know where they sit & what is needed to bring them up to standards..... call us
027 78 98 788 today!
You'll be glad you did!

**** Hassle Free ** & affordable chemical free insulation- Local installers in N.O./South Canterbury/Southland**

www.dunbarsinsulation.co.nz 027 78 98 788



Bookarama 2019

7th, 8th, 9th of JUNE at the

LOAN & MERC, Harbour St

Book drop offs every Saturday morning

10-12noon, Pipe Band Hall (behind the Hospital)
or New World - South Hill, New World North End
and The Business Hive, Ribble St.

Ph: 434 9410 for book pickups

Turning good reads into good deeds

P.D.I GARDEN SERVICES

Call Erik 027 532 9677

Grass Mowing & Gardening Round

monthly, fortnightly & weekly jobs

NEW TO OAMARU!

Ask about our special promotions



Kaye Mattingley
Ph 027 686 1849

confidential professional counselling :: mediation :: supervision

Professional Confidential, 34 years experience, Counselling, Supervision. Relationships, work challenges, stress, confidence, grief & loss, anxiety, mediation.

Cnr Ayr and Orwell Streets, Oamaru. k.mattingley@xtra.co.nz
MANZASW.NZRSW.Cert.SW.Dip.Grad.S.Sc.Otago.Certs.Supervision

SOUTHERN WIDE REAL ESTATE

GREAT FAMILY HOME



Great family home with potential. 3 double bedrooms, 2 living areas, one with a heat pump. Kitchen is separate & original. Modernised bathroom with separate toilet. Fully fenced 625 sqm section, ideal for the whole family, plus double carport.

Web Ref#SWOU11829

OFFERS OVER \$279,000
225 Thames St, Oamaru
Ph 03 434 7422
oamaru@southernwide.co.nz
www.southernwide.co.nz
SRM REALTY LTD LICENSED REAA 2008



Daryl Siggleko
Urban/Lifestyle
027 520 0040
daryls@southernwide.co.nz

Goldies Glass Ltd

24 hour glass service

Phone the experienced professionals

Insurance Work Welcome
03 434 8701 | 027 433 2258
77 Humber St, Oamaru

FREE COFFEE

Cut this out
Bring it in
Spend \$40 on Fuel*
Get a Free Coffee



*Conditions Apply

www.bpoamaru.co.nz 214 Thames St



May has sneaked up on us with rain to soften our parched land, after the many dry days in a row intensifying the glorious leaf shades. I often bike through our public gardens, enjoying the changing seasons - the brilliance at this time of year coming out on top. I acknowledge the vision of those who selected and planted those trees to create such visual beauty...

After rain, Snails arrive into gardens - they will find a dark sheltered spot among pots or behind plants growing up against a wall - Flax and Agapanthus are especially bad for harbouring fast multiplying Snails - ready to destroy plants in Spring. I have read that it is no good transporting Snails to a vacant area away from your garden, because they have homing instincts and travel long distances to return to THEIR garden of choice. I cannot bring myself to stamp on them or drown them in a bucket, so if you are like me you can gather up as many as you can find and put them in a plastic bag, close it tight and put in the freezer. This way they will go to sleep and not wake up. Yes I know - "what is she on about"? Working with Nature is what gardening is all about with me and snails belong in gardens until you remove them. Compost is to be applied to gardens here after the rain, which will help keep moisture in the soil. Compost / mulch will be beneficial to trees, Shrubs and plants, by keeping the ground warmer during Winter and being there when roots start needing nutrients in early Spring.

Conifers have been out of favour for a number of years, but I consider Conifers along with trees, the bones of any garden and now that leaves are disappearing from deciduous trees, I am appreciating the wonderful Conifers I planted many years ago. To find the right Conifer for a particular spot needs a little homework, because size and preference to shade and texture need to be considered. A Conifer can be used as a focal point, to add interest at the end of a vista in an otherwise bleak Winter garden. Find an image of the right Conifer for your garden and get the information required, then order because Garden Centres do not carry many varieties these days. Conifers planted alongside Ericas and Callunas are the perfect combination for a low maintenance planting to make a Winter garden interesting.

Pots that have been full of Summer colour, will now be looking very tired. Replace the growing medium as all nutrients will be exhausted. If very large pots, half fill with soil / compost then top up with a heavy potting mix and fill with Winter flowering annuals - like Pansies, Polyanthus, Primulas, dwarf Wallflowers - all of these have shallow roots. Some I have filled with Succulents because I noticed that a lot of my Succulents have flowered and become stalky - which means that it is time to forgo the Mother plant and plant out her babies. Each rosette can be broken off with a little part of stem and pushed into river sand to quickly develop roots to become a Mother plant. These Baby Succulents look great in pots over the Winter months, You can fill all of the vacant space or push in around the edges and plant Hyacinths or any dwarf Spring bulbs in the centre. The Succulents give your pots some interest before the bulbs come up. There are so many different Succulents, in shades of red, orange, silver, fresh green.

Lawns slowed down during the dry spell, but perked up again after the rain- lawn seed sown should be up and growing before the threat of frost. I have sown grass seed on the bare patches (only in very sunny areas) in the hope the ground will stay warm long enough for it to germinate. Don't waste lawn fertiliser on grass now - save it for Spring - but a dressing of Dolomite Lime now will have worked down by Spring to sweeten grass roots.

Vegetables: Plant Broad beans, Cabbage, Carrots and Spinach here on the coast. Further inland, forget about the vegetable garden, apart from planting a green crop to be dug in and left to break down over Winter.

Our garden, Rockvale gardens at Weston is open daily, displaying wonderful Autumn colours - however a welcome by Scruff (Cairn Terrier) can be a little off putting by visiting Garden enthusiasts until he gets a tummy rub. Cheer Linda.

Water Way Natives Nursery

Expect The Best

OPEN

Mon - Sat: 10am - 4pm

Sunday - By Appointment Only

64 Breakneck Rd
Herbert

Contact Daron 021 059 5006
Email: Qtownroamer1@mail.com

DOMESTIC BLISS!

by Christina Stachurski, auditions
repertory theatre, Itchen St.

Sunday May 12th 1:30 -3pm

Scripts available 1pm

Cast 3 Women age 30-60

Oamaru
Repertory
Society Presents



Further info 022 393 8010
Show July 31st - Aug 4th

OAMARU + PHARMACY

It's your Pharmacy

Let's talk about planning for conception

Pregnancy takes two, you must take care of your body, nutrition and lifestyle. Sometimes by following guidelines you can build the foundation of a healthy pregnancy.

Understanding your body's reproductive cycle will help you work out the best time of the month to try to get pregnant. It's helpful to get to know the reproductive cycle, recording menstrual cycles helps to determine when the most fertile period is and helps increase your chance of conceiving. Every woman's cycle is different, it's handy sometimes to use an ovulation calendar to help you determine your own ovulation date. Some corporal changes may happen that will help you determine if the time is optimal. Also you can use a fertility digital thermometer or ovulation kits.

A well-balanced pre-pregnancy diet will help provide the nutrients you need for good health and vitality, and set you on the right track to conceive, this applies for males too. It's important for women and men who are trying for a baby to maintain a healthy, well-balanced diet in combination with a pre-pregnancy supplement, every day. Doing so will help provide your body with the essential nutrients it needs to conceive and help with a healthy pregnancy. Getting sufficient nutrients through food alone can be hard. Even with the best intentions, it can be difficult to meet the increased nutritional needs of pregnancy through diet alone. Eating for fertility requires a diet of fibre-rich carbohydrates like fresh fruit, vegetables, whole grains, and full fat dairy products, and cut down on sugar and refined carbohydrates. Men should increase their zinc and vitamin E intake and cut out (or cut back on) alcohol. Daily drinking and binge drinking can reduce testosterone levels and sperm counts, and can negatively impact your sperm health. Eat organic foods as much as possible. Pesticides can affect delicate hormone balances and male sperm production. You may even like to try aphrodisiacs like ginger, oysters and dark chocolate, to help get you both in the mood! The chances of getting pregnant are influenced by a number of manageable factors - like your diet, weight, smoking and exercise. You may need to make some adjustments to your usual habits for the best chance of conceiving.

Good maternal nutrition will help give your baby the best start in life. Take a pregnancy supplement when planning your pregnancy. Pregnancy is one of the most nutritionally demanding periods in a woman's life, and the importance of good maternal nutrition for both mother and baby's health is widely recognised.

The first weeks of pregnancy are when your baby's vital organs begin to form and this is the time you may not even know you are pregnant, so it's important to start taking a pregnancy supplement daily from at least 1 month before you try to fall pregnant.

Good luck with your pregnancy plans! Remember to try to relax and have fun together. It's an exciting time and there's an amazing journey ahead.

Come and see us in store, to have a chat at anytime. The team is always ready to help with friendly and knowledgeable advice at Oamaru Pharmacy- Your Pharmacy.

*Need some Electrical work done?
Visit www.oamaru.net.nz*

WIN

This mounted photo board with your own photos Valued at \$80



Purchase any gift instore for mum and go in the draw

SAME DAY

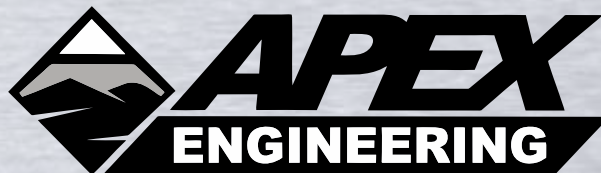
Personalised gifts for Mum



- Mugs
 - Mousepads
 - Fridge Magnets
 - Key Rings
- And heaps more!

FOTOGRAPHIX

sales@fotographix.co.nz 433-0015



We have moved!

to

North Oamaru Business Park

- Same Skilled Staff
- Same Great Work
- Brand New Premises

03 434 9084

OAMARU + PHARMACY

It's your Pharmacy

Pregnancy takes two



Available at Oamaru Pharmacy



5 free days with the purchase of **100 tablets**

Ph. 03 434 8741

Mon-Fri 8am-6pm, Sat 9.30-5pm, Sun 10:30 - 4:30pm

www.pharmacy-nz.com

Residential, Lifestyle, Rural

Farmlands
Real Estate



Buying or Selling?

Give me a call!

Barry Kingan

Mobile 027 229 5046

Office 03 433 1042

Licensed under REAA 2008

0800 200 600 | farmlandsrealestate.co.nz

HAVENWYCK PETS

2 Coquet Street

CAT or DOG

\$5 off 2.5kg*

\$10 off 5kg*



*Conditions Apply

Mon - Fri 9am - 5pm, Thu 9am - 6:30pm, Sat/Sun 10am - 4pm.

CELEBRATE WORLD FAIR TRADE DAY WITH TRADE AID OAMARU



KIDS ACTIVITIES

CHOCOLATE TASTING & DRIED FRUITS

ON LINE COMPETITION

GREAT MOTHER'S DAY GIFTS

WHERE: 169 Thames Street, Oamaru

WHEN: Sat 11th May from 10am to 2pm

oamaru
trade aid
169 Thames St

Central Coast Country

Music Assn. Inc.

May 12th - 1 pm START

St Joseph's School Hall, Usk St

Members a plate,
Non members \$4, all very Welcome

All very welcome!

MEMBERS - A PLATE PLEASE
NON MEMBERS \$4.00



GALLEON FAMILY COMPLEX

**Mothers day
buffet brunch
take Mum out
for Mothers day!**

"All Mums receive a complementary drink"

**\$25 adults, children \$15
starts 12pm Sunday 12th May**



BOWLING

and a whole lot more...

(03) 437 0128 - www.galleoncomplex.co.nz

Play it safe, protect your face

CUSTOM-MADE MOUTH GUARDS



- Made & Fitted by qualified and registered clinical dental technicians
- Better protection
- Better fit
- Better breathing and speaking ability
- Range of colours



Jenny Wang Registered Clinical Dental Technician P.G.Dip. C.D.T

4/6 Coquet Street, Oamaru | Mon-Fri 9am-5pm

(03) 434-7560

A Totara Teatime Special: Mother's Day 2019

Sunday May 12th - 12 noon till 4 p.m.

A TROLLEY FULL OF CAKES WITH TEA AND COFFEE!

Is organised

by

St Ralph Everwood on the pianoforte



For bookings:

Phone: 03 433 1260

Email: totaraestate@totara.org.nz

[f](https://www.facebook.com/totaraestate) Totara Estate www.totaraestate.co.nz

Community Diary

Wednesday 8th

Cancer Society Support Group Meeting at the Community House meeting room, 100 Thames St at 10:30am. All Welcome Ph. 434 3284.

Excelsior Petanque Club day, 1pm. All Welcome Ph. 437 2557 or 437 1590.

Free JP for certifying documents, affidavits, & declarations. 11-1pm at the Public Library.

Oamaru Friendship Club meet, 10am St Johns, Exe Street. New Members welcome. Ph 4346249.

Oamaru Lions Club meeting 7:00pm Oamaru Club, New members welcome ph 4346490

North Otago Creative Fibre: meets 10am St Lukes Hall, Wharfe St. Newcomers very welcome. Ph. Linda 434 1136 Noeline 4372501.

St. Pat's Bowling Club, Athletic Rugby Clubrooms, Centennial Park, at 7:17 pm everyone welcome. Ph Marry 4347196.

Weston Indoor Bowling Club. Weston Hall 20 Main St at 7:30pm.

Yankee Indoor bowls at 1.30pm at the indoor bowls Centre Centennial park. For young or old and a bit of fun. Inquiries to Bob 4371704.

Thursday 9th

The Happy Scoundrels inc. Over 55s Ten Pin Bowling Club, 1pm @ the Galleon Complex. Ph Garry 434 1463 or Mike 437 0224.

North Otago Asthma Society Respiratory Exercise Class, 10am, St John Hall, Exe Street. Enquires Ph 437 2673.

North Otago Rose Society, Vintage Car Club Rooms, Stoke St, 7.30pm. Ph. 434 2223

Mainly Music - pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. mainlymusic.org.nz

Friday 10th

AA Meeting, Orwell St Chapel, 12 noon, Ph. 432 4191 or 437 2928.

North Otago Astronomical Society's Dome open for Public viewing weather permitting, 7:30-9:00pm

North Otago Darts: Ribble St Hall, Housie every Friday Night. 7:30 pm Start, 40 games plus Super House and Raffles.

Waitaki Travel Club; Monthly meeting, The Manor Estate at 10am, Guest Speaker Sheila Paul. Cruising the Mediterranean.

Saturday 11th

Meadowbank Stadium Community Bowls; Friendly bowls at 14 Conway St, 1 pm. All bowlers & interested in playing welcome. Ph Graham 434 0951.

MARKET - Garrison Band Hall, Severn St 9-12, Final Time, Tools, Crafts, Pre-loved

Items, Lots of bargains.

Clearance Sale: 26 Rapid, West Maerewhenua Rd, Maerewhenua, 10am Priestman 12 ton excavator - goes well, Hough 35c Loader - good tyres, 720 Datsun ute - goes well, concrete mixer, 3 inch hose and some layflat hose, pumps of various sizes, rotary screens, various tools, sockets, household items and various sundries.

Sunday 12th

AA Meeting, Orwell St Chapel, 6pm, Ph. 437 2928 or 437 2337.

Excelsior Petanque Club day, 1pm. All Welcome Ph. 437 2557 or 437 1590.

Reformed Church Oamaru, 4 Eden St, morning service at 10:30am, followed by Sunday School; evening service at 5pm.

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Tuesday 14th

AA Meeting, Orwell St Chapel, 7.30pm, Ph. 432 4191 or 437 2337.

Alzheimers Society carers meeting, Iona Home, 549 Thames Hwy 1:30-3pm. All welcome. Please note change of venue.

Age Concern Gentle Exercise Programme, Orwell St Church Hall, Tuesdays 1.30 - 3pm, \$3 per person. Ph. 434 7008.

Come Singing, have a go singing in a group 7.30-8.45pm St John's Hall back room, all welcome at Di's Singers, a fun mixed community choir, no auditions, all music provided. Ph. Di 021688034 or dischoirs@gmail.com.

Dance Classes, Classical Ballet-3-10yrs Ballroom-Beginners - all school ages. Ph Debbie 021 0559581. Facebook: Debee's Living Arts Dance Oamaru.

Oamaru Lions Club meeting 7:30pm Oamaru Club, All welcome ph 4346490

Meadowbank Indoor Bowls Club at 7 pm at the Indoor Bowls Centre Centennial Park. All new members welcome to try something new. Inquiries ph. 4370217 or Bob on 4371704.

OCI Indoor Bowls, 7pm. at club. Ph 4395240.

St Pauls Indoor Bowls 2pm start, Phone Mike 437 1294.

U3A Waitaki, talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph. Linda 434 6613.

Public Notices

Oamaru Coffee Riders, ALL riders, all abilities catered for. For ride times & venues, please visit our FB Page or ph: 021 121 4627

\$10/10lt Bucket \$14/10lt paint, paste pails
Walnuts - Pickup your own

Also Available!

Feijoa, Peaches, Quince and Pears
State Hwy 83, just 2 km west of Georgetown
Daily 10am-4pm

AGM Notice

AGM - Awamoa indoor bowling club at 1:30 pm Thursday 9 May. Please bring a plate for afternoon tea. New members are most welcome. Coaching available if required. Enquiries to Nancy Ph. 434 5061

North Otago Highland Pipe Band - AGM Wednesday 15th May at 8pm

North Otago Scottish Society AGM, 14th May 2019, 7.30pm, Supper Room at the Scottish Hall. Supper provided. If you have an interest in all things Scottish, we invite you to join the Society. New members welcome.

Classes & Workshops

Oamaru Workshop: Living well with heart disease. Topics include Heart Disease, Healthy eating, being active, medication, emotional well-being, goal setting. Wed 15th May at St John Hall, Exe St, Oamaru. 9:45 am - 3 pm. Register by 10th May Ph. 03 477 3999, or email janettew@heartfoundation.org.nz

North Otago Embroiderers' Guild: Six weekly Evening Classes, Commences St. Lukes Hall, 20th May, 7-9pm Registration by 13th May & Fees apply, Ph Margaret 439 5197.

Classifieds - For sale

Small hay bales \$8 Ph 431 3744

Services

Carpet/Vinyl layer specialising in second hand carpet & repairs (No job too small). Dion 0223924852.

Carpet & vinyl Layer - Jack Brown PhA/H 4371980

Smash Palace, for rental cars/vans/bikes, car parts and shuttle service. Ph. 433 1444

Long grass mowing, 4WD ride on mower brushcutter. Contract or hire. 0212409766

Wanted

Tools wanted! Tradesman, carpenters, general gardening tools etc - everything considered. Ph. 021 450 405.

Risque/Pin-up/Nude Art books, Mags, cards, photos etc and other misc. Ph 434 3480

Rotary Mowers going or not & catchers Ph. 021 046 0507.

NORTH OTAGO PHARMACY

WE WILL LOOK AFTER YOU

Open 7 days

Mon-Fri 8:30am-6pm, Sat 9am-5pm

Sun 10am-5pm

213 Thames St Ph (03) 434 8246

New patients and customers welcome!



The Smiley Team

HANDY PH. LIST

Auto Electrical/Mechanical

▶ N.O. Mobile Mechanical 022 1050209
..... Auto Electrical & Mechanical repairs

Bricklaying

▶ Doran Brick 'n' Block027 516 5675
.....437 0415

Building & Construction

▶ We Decorate Concrete 027 436 9209
.....ugly & manky into Slick and Swanky
▶ David Ovens Building Contractor Ltd
.....Licensed B/P.....027 481 9424
▶ Doran Brick 'n' Block027 516 5675
.....437 0415
▶ Handyman Al's Maintenance &
Repairs, qualified joiner.....027 221 1069
▶ MGM Handyman Services,
Your professional handyman 022 3106294
▶ Wayne Nuttall Builders..... 437 2513
.....027 434 3409

Carpet & Vinyl layer

▶ Carpet/Vinyl layer0223924852
specialising in second hand carpet & repairs

Chiropractor

▶ Ron Sim Chiropractor.....434 8784
.....23 Eden St, Oamaru

Cleaning

▶ A1 Spic n' Span.....434 5534
Almost ALL Cleaning027 737 8423
▶ Oamaru Chimney Sweep.....434 8025
.....027 436 1315
▶ Waterblasting 022 623 3181
Spence Middlemass

Contracting

▶ Lifestyle Block Contracting..0276324264
Cultivation, Drilling, Hedge cutting.
▶ Simon Butler Contracting...0212036363
Fencing, Farm, lifestyle and residential.

Counselling

▶ AYR St - Counselling027 6861849
Kaye Mattingley...Dip.Grad.S.Sc.Otago.NZRSW.MANZASW

Dental

▶ Oamaru Denture Clinic434 7560
Reg Clinical Dental Technician, 4/6 Coquet St

Dressmakers

▶ Alterations, repairs & sewing..434 7793
.....027 284 9994
▶ Robinson Gray021 173 6161
.....Tailored clothing & alteration

DVD and CD

▶ Oamaru Public Library.....433 0850
.....cleaning service (resurface), \$5 per disc

Electricians & Appliances

▶ Glenn Taylor Electrical434 7282
.....027 522 1012
▶ Robert Jones - Electrician. 027 445 0523
.....434 0994
▶ Whitestone Appliances..... 021 366 446
.....repairs.....434 6810

Entertainment

▶ Sylviane's Karaoke027 737 8360
all occasions - bookings sylgal@msn.com

Gardening & lawns

▶ Crew Cut large lawns & rural mowing
Paul Houlaham.....021 331 261
▶ Jim's Mowing Oamaru.....03 437 1892
.....Mark deBuyzer 0273187413

Homeopathy

▶ Riane de Koster RCHom.... 03 434 2579

Insulation

▶ Dunbars Insulation027 789 8788
.....local and affordable

Interior Design

▶ Tracey Vickers Design 027 5420 215
Upholstery and Furnishings03 439 5370

Joinery

▶ Inex Joinery/Kitchens 4 Less
335 Thames Hwy..... 4341533 or 021 1085500
▶ Rycole Joinery Custom designed kitchens
.....434 5012.....027 276 2866

Hay Bales

▶ Fresh cut meadow hay for sale \$6 a bale
.....Call John 027 439 6475

Mobile Travel Broker

▶ Jannine Hore439 4230
The Travel Brokers - member of Helloworld
▶ Lynne Sinclair, NZ Travel Brokers.....
Cruising/Holiday Packages.....432 4172

Painters & Decorators

▶ 0800 Mr Painter0800 677 246
.....027 437 4367
▶ Matt Geare
.....available now. 027470 3780
▶ Experienced Painter - 25 years
.....Don - Call for a quotation027 2205403

Pets

▶ Suds & Paws for dog grooming 4345957
▶ Paws Awhile Boarding Cattery 4341296
▶ Puppy Love Grooming.....021 101 7858

Podiatrist

▶ Simply Feet Podiatry.....437 9025
.....316 Thames Hwy, open Mon-Fri

Print

▶ Oamaru Print and Copy Ltd.....434 9651
.....146 Thames St, open Mon-Fr

Plumbers

▶ Cunningham Plumbing, Oamaru
.....Plumbing & Drainlaying.....0800 555 105
▶ Foley Plumbers Oamaru.....434 2330
.....Tom Palmer.....0800 303 530

Takeway/Food

▶ Puff N Stuff Chelmer St 03 434 3367
Fish N Chips - nightly 4:30 - 7:15

Tiling

▶ Lakeland Tiling.....Shane..027 312 2017
.....Kitchens & Bathrooms - No job too small
▶ Doran Brick 'n' Block027 516 5675
.....437 0415

Transportation & Rental Vehicles

▶ Driving Miss Daisy434 8421
..... Appointments, Dunedin & Timaru Hospital, Shopping
▶ Oamaru Tours, Airport/Hospital
transfers (Merv Aitcheson)434 9506
▶ Oamaru - Dunedin/Hospital Shuttle.....
Door to door service.....434 7744
▶ Smash Palace.....433 1444
.....Cars, Vans, Bicycle Hire & Shuttle Service

TV Installation & Repairs etc

▶ Nathan Oakes TV, Sound, PC Install &
Repairs.....0210 237 0646 or 03 437 2474

Window Tinting

▶ Tint a Window.....0800 368 468
UV fade, heat, glare & privacy.tintwindow.co.nz

Spend \$100 on

Holden or AC Delco parts at our Parts Department

ENTER TO WIN!*

LSX Powertrain - Bathurst VIP - Rides of a lifetime - LSA Powertrain

North Otago Motor Group

24-30 Severn St

POWER PASSION Holden

ACDelco BE CERTAIN.

CHEVROLET PERFORMANCE

Available in Australia from Engle Auto Parts

For more info pop in and see us!

*conditions apply

Rawleigh's
TRADE MARK
HEALTHCARE

For all your
Rawleighs products

Now available to
the Oamaru and
surrounding areas

For catalogue/pricelist.
Contact us.



Independent Rawleighs Distributor

Fiona Head, 283 Wooldridge Road
Harewood, Christchurch. 8051

Email: bandovar@orcon.net.nz

Phone: 022 086 7300 or 03 550 1544

got a ding?

SEE

PANEL & PAINT

North Otago Motor Group



Approved Insurance & Private Work Welcome
(03) 433 0145 - 24-30 Severn St



**FAIR TRADE
INNOVATES**

World Fair
Trade Day
11. May 2019

**On Saturday 11 May 2019 join in the
celebrations at your local Trade Aid shop
to celebrate World Fair Trade Day.**

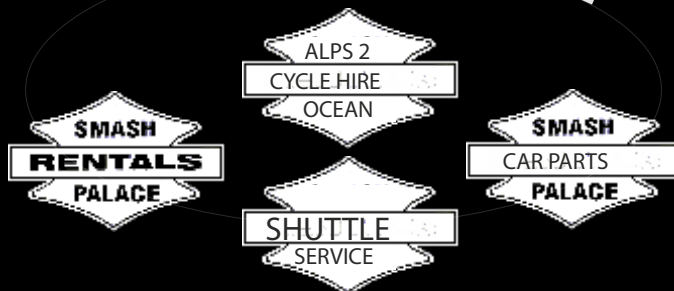
Every year, we celebrate with a variety of events and activities, showcasing the very best of Trade Aid, and highlighting our global connection with the World Fair Trade Organization (WFTO) and the work they do. Every year, there is a World Fair Trade Day theme and this year's focuses on the exciting area of innovation. Fair trade enterprises, such as Trade Aid, are leaders in innovation and an alternative way to do business. Fair Trade is focused on providing solutions that tackle social issues across the world.

World Fair Trade Day, is celebrated around the world in 70 different countries. We are a global community that is working hard to make change in the world.

Visit your local Trade Aid store on World Fair Trade Day, Saturday 11 May 2019, or stay in touch on our social media channels and get involved!

SMASH PALACE

ALPS TO OCEAN



1 Meek Street, Oamaru Ph. (03) 433 1444
geoff@spo.co.nz



HANDYMAN

PH. TOM 021 0233 2002 OR 434 3326

General indoor &
outdoor repairs,
fencing, decking,
paving, landscaping
& more.

Central Podiatry Limited

Nathan Dickson

Cost \$44 pension or community service, house calls available
Quality treatment of all foot and lower limb conditions
Community House, Oamaru Ph: 434 8862