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29th October 2019

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Issue 465

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I hope you all enjoyed the long weekend... The Oamaru Telegram is running a best service award for local Oamaru businesses. So, show your appreciation and support for shopping Oamaru and complete the forms that are in the Telegram... The Telegram will be a proud sponsor of the Christmas Parade this year. It is good to see, it will be a month before Xmas - A good way to mark the start of Christmas Shopping in Oamaru, as we'll all be too busy if it's any later... Enjoy your week, *regards The Telegram.*



Oamaru Repertory Society Presents



“A Comedy to die for”

November

8th - 9th at 7.30pm

14th - 15th at 7.30pm

16th - 17th at 4pm

21st - 22nd - 23rd at 7.30pm

Tickets @oamarurepertory.co.nz

By Noël Coward

Directed by Judith Bingham



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Flute and Piano Concert

French Impressions

Faure, Debussy, Massenet, Ravel, Godard

Kinga Krupa
Piano

Allen Hogan
Flute



8th November at 7pm
St Paul's Presbyterian Church
\$25 tickets available
at the door



November already... Spring almost over and weather still unsettled, with chilling cold snaps and on and off rain. But proving a great Spring for Rhododendrons, Azaleas, Dogwoods and Lilac, and Peony Roses are putting out fat buds in readiness for their

grand display. If Roses were hard pruned in August instead of July, they will be slow to leaf and bud and if Green Fly have established on new tip growth, remove with finger and thumb and Rust affected leaves can be removed and bagged to stop spread. Once leaves have firmed up, I will spray with Fish emulsion and an organic fungicide. Always best to spray on a dull day when there are less Bees around and never spray on wet leaves at dusk - Rose leaves should be dry going into warm nights to prevent mildew growing. **Spring is the best time for transplanting seedlings** that have popped up from existing plants in the garden - like Hellebore seedlings. (Winter rose) Last years Hellebore seedlings should be strong, small plants now, I have been potting some up in root trainer pots, then once the little pots are full of roots, they can be planted in groups under deciduous trees, and around Rhododendrons, Camellias, Hydrangeas and Fuchsias - they all like the same shady conditions.

Box hedge: I am waiting for the new growth to firm up a little before trimming the Buxus hedging, If trimmed too soon, it will be a wasted effort because while foliage is very soft they are still putting out growth. When you feel Spring new growth is done, choose an overcast day to trim - this allowing the undergrowth a little time to recover before being subjected to our harsh NZ sun. However sunburn on new Buxus growth is unavoidable and thankfully hedges will soon grow through the burning. All soft trimmings can go on the garden or into the compost - they break down well in Spring.

Planting on a slope: Spring is probably the best time to plant out a slope or bank. The ground is moist and plant roots are growing fast, which means they will get a good hold before the heat of Summer and while small, the dreaded winds should not get a hold of them and whip them out of the ground. Prepare the bank first by spraying out all weeds and grass - they will compete with moisture that your plants need. If it is possible, terracing a steep slope with rocks or sleepers would be beneficial to hold moisture around plant roots. If this cannot be done, try not to disturb soil / clay in areas that are not being planted. If the soil is disturbed and broken up, it will wash away with rain and watering.

Planting: Dig a hole that is deep into the bank and shallow at the front, (an angle hole)- this will create a hollow reserve for water. Use stones around each plant - this will help to prevent wind blowing soil away from the roots. Choose plants that grow in dry conditions - like South African plants; Grevillea, **Leucodendron**, **Proteas** - ask the Garden Centre assistant which plants survive well in a pot without a lot of watering - the plants they can leave for a while and they still look good when dried out. I mass plant Lupines to fill the gaps on a bank until all the other plants get bigger - they give a spectacular show in the second year of planting and have the added advantage of fixing nitrogen into the soil. **Grass, Grass. Grass...** So much mowing! If you have not sprayed lawn weeds out yet, you can sprinkle your clippings around the garden. It is wonderful humus - but don't leave thick piles - spread it out so it can break down fast. Now the ground is warm, your garden can take as much fresh green

growth that you can throw at it. Leave the catcher off from time to time and rake cuttings evenly over the lawn.

Vegetables/fruit: My no-dig veg garden was turned into a Strawberry patch a couple of years ago and this year I have renewed most of the plants into soil topped in pig manure, then mulched with Pine needles surrounding the year old Strawberry plants - are doing well having been fed with pig manure and Blood and Bone, then mulched with fresh grass clippings to keep the weeds out until I find the time to gather Pine needles. All Berry fruit need consistent watering to produce plump fruit. A little Potash around the drip line watered in will help with fruiting,

Making a no-dig garden: Find a sunny spot on bare ground, (not concrete) surround with sleepers, logs, Oamaru stone, or boards high enough to hold layers of manure, soil/compost and straw. If working on bare dirt, spread a layer of manure straight onto the damp ground, (this will bring the worms up). Then spread a thick layer of compost, old leaf mulch and dried grass clippings, (wet down.) Add a layer of soil - clay soil is fine - water well after each layer, leaving no dry spots. Next add a layer of straw, (wet down) then add more layers of compost and old leaf mulch and dried grass clippings, (wet down) then top more soil, (wet down)- a little lime and an all purpose fertiliser can be added as you build the layers. Lastly add a top layer of straw which suppresses the weeds and is a great deterrent to slugs. When you think the garden is high enough, start planting and you should be eating your own produce within six weeks at this time of the year.

Keep planting - so much for the veg and flower garden is on offer right now. *Cheers, Linda.*

Wanaka flute player Allen Hogan and Queenstown pianist Kinga

Krupa are performing a selection of music by French composers of the late 19th and early 20th century in Oamaru on the 8th of November. Discovering a mutual interest in music of the French composers of this period, has led to this 7 venue concert tour of central and north Otago. Kinga is a pianist with an honours degree in performance from Karol Szymanowski Academy of Music in Katowice, in her homeland Poland, she now runs a music academy in Queenstown. Allen needs little introduction to Oamaru audiences having played many concerts in Oamaru with June Cameron over the past 9. Their inaugural concert in Arrowtown was met with wide acclaim by a full house. The attendees were treated to 16 popular favourites such as Debussy's Claire de lune, Reverie and La plus que Lente, plus pieces by Faure, Massenet and Ravel. The featuring of music by these composers has meant that the concert has been named "French Impressions for Flute and Piano" They are performing at St Paul's Presbyterian Church commencing at 7pm. Tickets are available at the I-Site or at the door.

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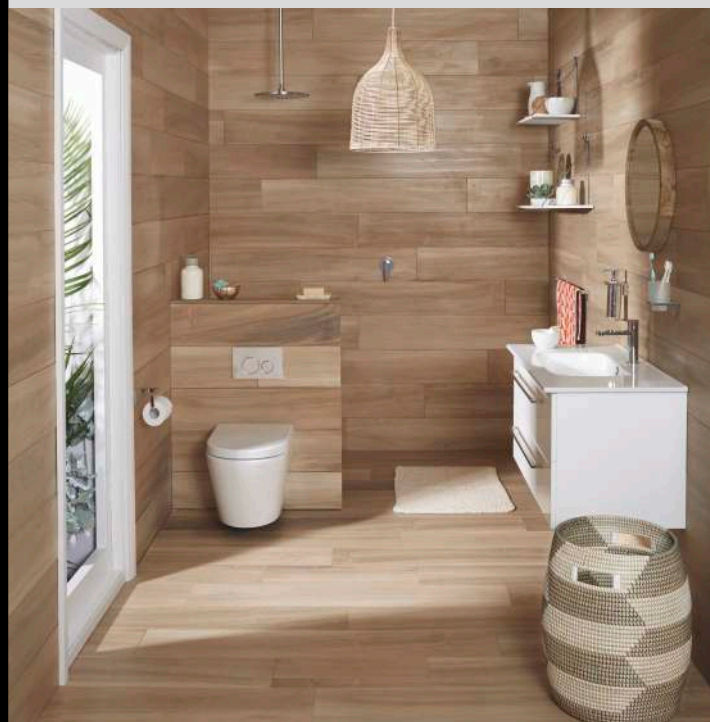
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Havenwyck Pets - 1st Anniversary

Havenwyck Pets 1st Anniversary celebration was on last weekend and The Oamaru Telegram ran a colour competition with over \$1,600 worth of prizes. Fantastic to see over 195 entries. Thanks to all those that entered and congratulations to Sahara Geary who won the fish tank valued at over \$670.

Leanne from

Havenwyck said

"Thanks to all those that came and celebrated our 1st anniversary - there was a huge turnout on Saturday. We will be doing a Christmas one too".



It's fireworks season soon so here are some important guidelines for keeping your pets safe and free from fear.

- Keep them indoors at night.
- Prepare your pets with desensitising sounds.
- Create a safe space for dogs - crate, bed.
- Keep your curtains closed.
- Keep your TV or Radio going.

IF YOU are doing fireworks, let your neighbours know. For more information or specialised help, pop in and see Leanne at Havenwyck Pets - there is always something new and exciting happening. *Leanne Wreakes-Fallen DVN*



Winner of

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The Oamaru Telegram is proud to be sponsoring this years

Waitaki District Santa Parade



Saturday 30th November at 11am

To enter a float - contact anton@thebigo.co.nz

SALE BY DEADLINE - PRIVATE SALE



This spectacular home is set on a spacious sunny 1500m2 section in the Oamaru North End within the Ardgowan school zone. Boasting 5 bedrooms, large living and dining areas, modern kitchen, modern Fisher & Paykel appliances including Double Dishdrawer and Double eye level ovens. New master ensuite, separate bathroom and single toilet, large bedrooms. 2 heatpumps, fireplace, ceiling and underfloor insulation means you will never be cold again. New double sheds make for the perfect workshop or mancave! **Buyer Enquiry over \$499,000**

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Direct descendants of service personnel who served in New Zealand or Commonwealth forces during the **Second World War or in combat since**, may apply to be considered for a grant for health or education. Both applicant and service person must have resided in North Otago for the majority of their life time. Application forms are available from the Secretary, June Jones, 10 Brinkburn Street, Oamaru.
Phone 434-7267 or email junejonesnz@gmail.com
APPLICATIONS CLOSE with the Secretary at 5pm on **FRIDAY, 8TH NOVEMBER 2019.**

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The Oamaru Telegram is running a best service award for local Oamaru businesses. Readers of the Oamaru Telegram fill out the form during November and drop it back to us at 146 Thames St. At the end of November, we collate the entries and the winning business wins a years advertising valued at \$4,000. So, show your appreciation and support for shopping Oamaru.

The Oamaru Telegram Best Service Awards

The store that provide the best and most consistant service

Store Name: xx Store Name xx

1-5 Stars - 1 poor, 2 average, 3 ok, 4 good, 5 excellent



5

Reliability the ability to deliver the promised service in a consistent and accurate manner.

3

Knowledge of the employees and politeness of the employees.

4

Empathy to what extent the employees care and give individual attention.

5

Responsiveness

how the employees are to offer a speedy service & how they deal with issues that arise.

Suggestions - Where can they improve?

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Giving way at roundabouts

A roundabout is a central island in the middle of an intersection, where all vehicles must travel to the left of the island. Roundabouts can be small, large, single-laned or multi-laned. The number of roads that come into a roundabout can range from three to five or even more.



Single-laned roundabouts

When you come up to a roundabout that has only one lane in each direction:

- slow down as you come up to the roundabout and be prepared to give way
- give way to all vehicles that will cross your path from your right as you enter the roundabout.



Signal use at roundabouts

If you are turning left at the first exit of a roundabout:

- signal left as you come up to the roundabout.



If you are travelling more than halfway around a roundabout:

- signal right as you come up to the roundabout
- signal left as you pass the exit before the one you wish to take.



If you are going 'straight' through a roundabout:

- don't signal as you come up to the roundabout
- signal left as you pass the exit before the one you wish to take. At some small roundabouts it may not be possible to give three seconds warning, but it is courteous to give as much indication as you can.



Look out for cyclists who may find it difficult to maintain a turn signal on a roundabout and are exempt from this requirement.



di
ro
re

Motoring with Renee

Hi Renee here, Sales Manager for North Otago Motor Group. This weeks car of the week is a New Toyota Hilux SR5. This month Toyota is offering 3% finance across the entire new range. Normal lending criteria applies and to take advantage of the 3% you require a minimum 10% deposit over a 36 month term. Plus a 5 year - 150,000km New vehicle warranty as long as you service at the correct intervals by Toyota. 5 years discounted capped servicing. 5 years FREE A.A. roadside assistance. 5 years W.O.F. coverage. With everything you get on a NEW Toyota, now is your chance to upgrade your Toyota Hilux. The latest upgrade to this model is "Toyota Safety Sense", which gives it a 2019 ANCAP Safety rating. This feature gives you RADAR cruise control, lane departure and rear cross traffic alert. Please don't stress because these features can be turned off, especially if your 4WD driving. Accessories are not included in this price however, our friendly parts department can work out the best accessories you need. Come and check it out! We have over 35 years LOCAL experience in the industry and our team, Jamie, Martin and myself are here to help you. Being local has huge advantages for you including being open on Sat 9am-12, or call us to make an appointment outside working hours. Loads of options of vehicles too, plus we can cover everything from finance, insurance and extended warranties. It is Spring, so why not go out and enjoy a Sunday drive. Have a great week. Follow me on facebook. ([f](https://www.facebook.com/renee.millin) [renee millin - north otago motor group](https://www.facebook.com/renee.millin)), Renee 0800660070.



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Visit them anytime from Monday to Friday 7:30am - 5:30pm or on Saturday 8:30am-4pm, or ring for an appointment (03) 433-0460. If you live up the valley you can email: wendy.fleming@placemakers.co.nz

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Community Diary

Wednesday 30th

Excelsior Petanque Club day, 1pm. All Welcome Ph. 437 2557 or 437 1590.

Free JP for certifying documents, affidavits, & declarations. 11-1pm at the Public Library.

St. Pat's Bowling Club, Athletic Rugby Clubrooms, Centennial Park, at 7:15 pm everyone welcome. Ph Mary 4347196

Thursday 31st

North Otago Asthma Society Respiratory Exercise Class, 10am, St John Hall, Exe Street. Enquires Ph 437 2673.

Mainly Music – pre-schoolers/parents. 10am Oamaru Baptist, 14 Sandringham St. \$3. mainlymusic.org.nz

Friday 1st November

AA Meeting, Orwell St Chapel, 12noon, Ph. 0277 227818.

Johnston(e) Clan meet at 10am. All Johnston(e's) welcome. Ph Daphne 4346249 for venue.

Meadowbank Bowling Club, 14 Conway Street, Social bowls, names in by 2pm bowlers and non bowlers welcome. Ph 434 7196.

Newcomers Coffee Group 10.30am at the Opera House. Ph. Christine 027 242 8643.

North Otago Darts: Ribble St Hall, Housie every Friday Night. 7:30 pm Start, 40 games plus Super House and Raffles.

Summer Indoor Bowls at 7 pm at the N.O. Indoor Bowls Centre, Centennial Park. All players and non players welcome. Ph. 437 1704

Saturday 2nd

Nicol's Blacksmith Shop, Duntroon. Open with Blacksmiths working **Saturday and Sunday** 10am-3pm, beginner courses available, booking essential. judithwaterston@gmail.com or find us on Facebook – Nicol's blacksmith, for regular updates

Sunday 3rd

AA Meeting, Orwell St Chapel, 6pm, Ph. 0277 227818 or 437 2337.

Excelsior Petanque Club day, 1pm. All Welcome Ph. 437 2557 or 437 1590.

Oamaru Music Group, 2pm at the Oamaru Garrison Band Hall, Severn St. Gold coin door charge and plate for afternoon tea.

Reformed Church Oamaru, 4 Eden St, morning service at 10:30am, followed by Sunday School; evening service at 5pm.

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Monday 4th

Genealogy help by local genealogist – at the Oamaru library 10am – 12noon.

Happy Scoundrels Over 55 Ten Pin Bowling Club, 12:30pm, Galleon Family Complex.

Tokarahi Spinners & Weavers meeting, 10am, Tokarahi Hall. Ph. Christine 434 2223.

Waitaki Woodturners meet 1pm at the Clubrooms, Oamaru Racecourse. *Tuesday we meet at 7pm. Ph 439 5795 for inquiries.*

Tuesday 5th

AA Meeting, Orwell St Chapel, 7:30pm, Ph. 0277 227818 or 437 2928.

Age Concern Gentle Exercise Programme, \$3 per person. Ph. 434 7008.

Housie or Cards; Anyone interested in Housie or Cards, Herbert Hall, 2pm-4pm \$2 entry. Ph 439 5363

U3A Waitaki, talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph 434 6613

Public Notices

Waitoa Park Golf Club; Twilight Golf starting Monday 4th November. Cards in by 5.30 Tee off 5.45pm, 12 holes \$2. Non Players Welcome.

North Otago Grey Power Christmas get together Galleon Family Complex on Thu 5th Dec. For more information & to book ph. Daphne on 4346249.

AGM

Central Coast Country Music Assn Inc. AGM Wed 6th Nov 7:30pm, St Joseph's School Hall.

Excelsior Petanque Club AGM Wednesday 30th October at 3:30pm at Club rooms.

Oamaru Garrison Band, notice of AGM Tuesday 29th October 2019 at 7:30, Chris Rusbatch Secretary.

The Tokarahi Collie Club AGM and GM on Wednesday 6th November 2019 at 8pm at the Tokarahi Collie Club/Golf Club Rooms. Apologies to Secretary Cindy Douglas 034312585.

The Waitaki Girls' High School Old Girls Assn. Notice of AGM Saturday, 2nd November commencing with a luncheon at The Star & Garter at 12 pm. Phone Lyn 439 5364 if attending.

Classes and workshops

Ara Institute of Canterbury - Oamaru campus, 44 Humber Street - Contact Ruth 03 9406151, Administration & technology, business, retail and free computing courses.

For Sale

Selection of carded wool spinning wheel assorted attachments. Ph 027 290 1476

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Smash Palace, for rental cars/vans/bikes, car parts and shuttle service. Ph. 433 1444.

Wanted

Walkers wanted to deliver the Telegram and circulars on Tue/Wednesday, ph 027 338 7002 or 4341103, stevehedges@kinect.co.nz.

Tools wanted! Tradesman, carpenters, gardening tools etc. Ph. 021 450 405.



Christmas Mini Sale

At St Lukes Church,
3 Wharfe Street

Saturday 2nd Nov- 10am-2pm

lots of; home baking, crafts,
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Good old fashioned morning tea!



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Sunday November 10th

12 p.m. - 4 p.m.

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Totara Estate

Next event 8 December 2019

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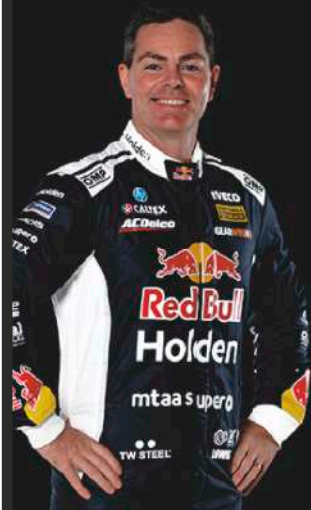
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Let's talk about Fungal Infections

The most common types of fungal infections are caused by a mould-like fungus in the outer layers of the skin, usually on the arms, legs, chest, face and scalp (Ringworm). Other common places are Tinea between the toes (athlete's foot), and in the groin (jock itch); they can also infect the nails and hair. The causes of a fungal infection are organisms that exist all around us in the soil, in swimming pools and showers, even on our pets. They live in warm moist places and in the dark, which is why they grow especially well in the skin that folds and creases between toes and in the groin area. Fungi live on a protein found in skin cells, hair and nails. Children are particularly prone to fungal infections like ringworm, which has nothing to do with worms but is named for its circular growth pattern and the old belief that it was caused by a worm which had invaded the body through the skin or bowels. Fungi spreads by producing spores, which can get into cracks in the skin but usually do not cause a problem and are controlled by our immune system. Fungal growth is also kept under control naturally by other micro-organisms that inhabit our body, but various factors can lead to an infection. For instance, vaginal thrush often results from taking antibiotics which kill off the other microorganisms that keep the candida yeast under control. Also, if your immune system is compromised, perhaps by an illness, then a fungus may grow and cause the infection. Hormonal changes in pregnancy and high blood-sugar levels in diabetics can also affect the microbial balance and encourage the spread of fungal infection. Most fungal infections are unpleasant and irritating but not serious. You can help prevent infection spreading by sensible hygiene and self-care, but always seek medical help if the problem gets worse. If you keep getting thrush the following may help: Always dry yourself well after showering or bathing, especially in all those nooks and crannies that fungi like to live, between your toes, around your neck and in your groin area. Wear loose clothing to prevent moisture building up next to your skin, also natural fibres like cotton are best. Go barefoot as often as possible to allow your feet to dry out, except in risk areas like swimming pools, a common place for picking up a fungal infection. Ringworm and other fungal skin infections can be avoided by making sure that your pets (cats and dogs) do not have ringworm. Take them to a vet for a check-up.

Most fungal infections can be diagnosed by their appearance, although some may look similar to other skin problems like eczema, so it's always a good idea to have the diagnosis confirmed. Some antifungal treatment can be bought over the counter, or if needed it can be prescribed through the doctor. Probiotic treatments are a must to keep the first line of defence up to standard, making sure the immune defence of the body is working properly.

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