

Christmas hours; Oamaru Print and Copy Ltd
Closing 12noon - Fri 20th Dec, Open 6th January
2020. **Telegram deadlines** for the last issue 12noon
12th Dec and for the first issue the deadline is 12noon
9th January 2020.

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Issue 470



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Reminder; The Community Diary entries will be removed and you will need to call in to update & renew any listings. We have found this is the best way to keep the Diary details up to date. *Enjoy your week, regards The Telegram.*

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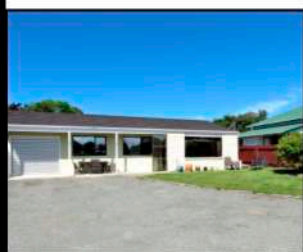
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December - and now counting down to the end of another year...

It's dead - heading Roses time again... Rose petals are lovely laid out to dry for Potpourri - the fragrance as they dry is wonderful, but always pick them perfectly dry to get good results. It is 6 weeks from cutting off a past bloom at an out

facing bud low down, on the strong part of a branch to new Rose forming bud at this time of the year.

I have found old Hellebore leaves that had not been removed, absolutely loaded in Green Fly!! I will cut every last one out and dispose of, so Green Fly do not fly off onto my waiting Roses... It is so important right now to keep the water up to Roses - constant feeding and deep soaking at the roots, will keep them healthy and not in need of spraying. A Rose that is struggling, will be susceptible to everything bad.

Night Beetles will be on the wing again - newly planted young trees are the worst targeted as they can strip leaves right off. If this happens, don't be alarmed because another lot of leaves will soon grow. The way I dealt to them when our trees were young, was to wait until just on dusk when they were thick on the trees tucking in. I then sprayed them with a kill on contact spray - this way you get rid of heaps of Beetles and keep the future Grass Grub numbers down. Night Beetles usually sleep through the day under a tree they are feeding on.

Summer weeds: Get rid of weeds like Biddy Bid, while seeds are still green. Wherever you see it - pull it out - don't let seeds ripen and drop. Convolvulus is a battle here for me, popping up through plants everywhere. Next Winter I will again make an effort to get to the roots while the garden is resting. Some gardeners have had success with soaking long Convolvulus runners in weed spray solution, which should kill well down through that network of roots. Fat-hen and chick weed are more weeds that spread quickly by seed drop, so get them gone before seed ripens.

Flag Iris that have flowered can be broken up and transplanted in a sunny spot. Prepare the bed by digging in fresh compost and some lime - then plant, leaving half the rhizome (root) exposed to bake in the sun over Summer. Long leaves can be cut half way back, to reduce transpiration while re-establishing.

While you can still see where Spring bulbs have been, cover them with mulch to stop them drying out over Summer. Compost is fine, then you can plant annuals on top to fill gaps. If large clumps of bulbs flowered poorly during Spring, this is a good time to break them up and plant out into smaller groups using compost to give them a good start.

Lawns: Keep the Mower blades up a little higher and mow in the cooler part of the day to help with recovery from heat exposure. Mow without the catcher sometimes and give deep waterings, rather than a light sprinkle. New lawns will need feeding and water kept up to help them to strengthen enough to cope with Summer heat. If spraying lawn weeds, add liquid fertiliser and feed the grass at the same time - don't use sprayed grass clippings around the garden or in compost - Spray containers have printed information on how long the withholding time is.

Herbs: Culinary Herbs are the original cut-and-come-again crop. If you grow them, get picking because plants really will benefit from it, and you'll have wonderful flavours to add to dishes. Most Herbs and leafy plants naturally want to create seeds, but once they get to that stage, it means the end of a Herb like Parsley, Chives or Basil - so pick leaves early and often, to encourage the plant to put out more foliage & prevent it from running to seed. It may be cheating Nature, but it extends the life of your plants & gives you handfuls of Herbs to enjoy. Picking, bunching, drying and rubbing to store in glass jars, will keep you in dried mixed Herbs all Winter.

Vegetables: Don't feed leaf veg now, as they will put out too much soft growth and bolt - all that is needed is moisture when dry. I am experimenting with some plant concoctions to keep the white **Butterfly and Aphids away.** Organic Bug Spray
1/2 cup hot Peppers - diced, 6 cloves Garlic - peeled,
2 cups water, Blast in a food processor,
Strain, add 2 teaspoons liquid soap (without bleach)
Fill a plastic spray bottle and mist spray affected plants.
Cheers, Linda.

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Landlords can no longer protect NZ communities

Our message to New Zealand is that if this proposal comes into law, landlords will no longer have the ability to help and protect you. This is not a tenancy matter; this is a matter for all communities.

Government has announced that they are reviewing tenancy law in New Zealand. As the vast majority of New Zealanders are either homeowners or considerate tenants, many people may not feel affected by these changes. Unfortunately, that isn't the case. It is the neighbours and communities of badly behaving tenants who will be most affected should these proposals become law. This means it may be you or members of your family who suffer.

Two aspects of the proposals are that landlords are to be restricted as to when they can end a tenancy and they will no longer be able to remove a tenant at the end of a fixed term tenancy.

These measures are meant to improve accommodation security for all tenants, but that isn't what will happen.

Currently, if a landlord's tenant is displaying antisocial behaviour that is disrupting their neighbours' lives, the landlord can issue a 90-day notice to end the tenancy without having to provide a reason. This notice has been portrayed as tenants being evicted for no reason, but this is never the case. It is difficult, time consuming and costly to find a new tenant, so landlords only end a tenancy as a last resort. There is always a very good reason.

The New Zealand Property Investors' Federation (NZPIF) is the only organisation that has researched the use of 90-day notices. In a survey of over 1,300 rental property providers, it was established that only 3% of tenants a year receive a 90-day notice. This shows that 90-day notices are not used frequently.

Nearly half of all 90-day notices were issued because of antisocial behaviour affecting neighbours. While poorly behaving tenants are only a fraction of all tenants, there are still around 7,000 of them around the country in any given year. The antisocial behaviour of these 7,000 tenants will affect the neighbours directly next to them and highly likely more neighbours nearby. Potentially 70,000 households each year will have their lives disrupted by the antisocial behaviour of poorly behaving tenants. The antisocial behaviour includes loud parties, swearing, fights, intimidation, and dangerous driving at all times of the day and night.

The vast majority of neighbours feel fearful about addressing the situation themselves and will often contact the landlord looking for help. If the tenants are disrespecting neighbours, there is a good chance they are disrespecting their rental property as well. Landlords are usually more than happy to help out the neighbours of their rental property. If the neighbours are willing to write a letter to the landlord, then the best course of action is to apply directly to the Tenancy Tribunal to end the tenancy. This is the fastest way to resolve the situation. However the vast majority of neighbours are unwilling to risk direct involvement in removing a tenant. They do not want to risk an argument with, or intimidation or physical violence from their antisocial neighbours. This is especially the situation if the neighbours are elderly, have children or are women home alone.

Under these circumstances, the landlord must assess the situation and consider serving the antisocial tenant with a 90-day notice. Currently this notice is available to use and means that concerned or fearful neighbours do not need to implicate themselves in resolving the situation.

Under the proposed changes, this resolution of the problem will not be permitted. If the proposals become law, neighbours will have to make three claims of three separate cases of antisocial behaviour before a landlord can even apply to the Tenancy Tribunal to seek permission to serve their badly behaving tenant with a 90-day notice. The Tribunal will need this evidence before a ruling can be made in favour of allowing the landlord to issue a 90-day notice to end the tenancy. This means neighbours will need to be involved in the process and put themselves at risk. We know that neighbours are reluctant to do this. Tenant neighbours usually prefer to move away, but it is more difficult for home owners who will often simply have to put up with the antisocial behaviour. Home owners can be doubly affected, as antisocial neighbours can also reduce the value of their home.

If antisocial tenants are not held to account, it is likely that the number of antisocial tenants will increase beyond the current 7,000. Good and respectful households, both owned and rented, may face a one in ten chance of having their lives disrupted by an antisocial tenant. Voice your concerns regarding this matter now!

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REALFOOD PANTRY - RECIPE

Christmas Mince Tarts

Ingredients:

250g plain flour, 150g cold butter, cubed, plus extra for greasing, 2 level tsp icing sugar, 1 medium egg yolk
250g mincemeat, milk for glazing.

Method: Put the flour into a bowl, add the butter & rub in with your fingertips until the mix resembles breadcrumbs. Stir in the icing sugar. Add the egg yolk & 2 eggshells full of very cold water. Stir in with a knife then bring the dough together with your hands. Knead lightly, wrap in cling film & refrigerate for about 30 mins.

Preheat the oven to 200°C/gas 6. Butter muffin tins for 18 small pies or 14 slightly larger ones. Roll out the pastry fairly thinly & cut out 12 x 7.5cm discs & 12 x 6.5cm ones. Re-roll the pastry and cut more discs. Put the larger discs in the tins, fill with 1 heaped tsp mincemeat, brush the rims with milk, then top with the remaining discs. Cut a cross in the top of each, brush with milk and bake for 20-25 minutes, or until golden brown.



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Let's talk about Weight Management

We all come in different shapes and sizes but the basic guide for healthy weight control is to balance the energy gained from our food and drink with the energy we use in daily activities. How is it done? The best way to lose weight is to eat slightly less energy (from food & drinks) than you need and increase your level of activity to help burn up the calories – rather than store any excess as fat. You need to change long-standing habits of eating unhealthy foods or more than your body needs and create healthier habits that you can keep. It is important to find ways to stay focused and motivated to choose healthy options day after day, week after week and work towards a healthier weight. There will always be some days that are better than others so don't be too hard on yourself if you have a few unhealthy meals and snacks during the week. The goal is to eat well most of the time. Losing weight can help lower your risk of many major diseases including diabetes, high blood pressure, heart disease and arthritis. It can also give you a greater feeling of well being. You may also find regular, moderate exercise increases your overall energy levels. The key to losing weight is to have realistic expectations, follow a healthy, balanced diet and exercise regularly. Introduce changes to your diet and exercise regime slowly so you can stick to them. A realistic weight loss for most people is around 0.5kg per week. Some people may lose more than this at the beginning but after a few weeks this should reduce and if you are losing too much weight it will likely be fluid and muscle mass loss rather than body fat. Many people today eat too many processed and takeaway foods. These foods can be high in fat, added sugar and salt, and are not part of a healthy diet. Losing weight is much easier with a balanced diet consisting of fruits and vegetables, grain foods (rice, pasta, bread and cereals), protein sources (legumes, eggs, nuts and seeds, fish, poultry and lean meat) and low-fat milk and milk products. Long term, a balanced, healthy diet can result in better weight control than fad or 'crash' diets that are hard to stick with, can leave you feeling permanently hungry and may be unhealthy. You can start with 15 minutes of gentle activity a day (e.g. walking, swimming, gardening). Over time try to increase this so that you are doing at least 2 ½ hours of moderate or 1 ¼ hours of vigorous physical activity across the week. Moderate activity means you should be breathing hard but be able to hold a conversation. Take your time and notice what you eat – "Be mindful". Eating fast, on the run & while distracted can lead you to eat more food than you realise or need. It takes 30 minutes for your stomach to tell your brain it's full. Slow down and wait for meals to digest. Sit at the table, with friends or whanau and minimise distractions such as TV, laptops and phones, and enjoy your food. Enjoy the outdoors, enjoy life. *Come in and see the team at Oamaru Pharmacy, we are always here for you with professional friendly advice. And check our mailer for amazing discounts.*



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By-election Announced for Ahuriri Ward

Notice has been given that a by-election will be held for the one outstanding position remaining on the Ahuriri Community Board. Nominations for the above position open Monday 25 November 2019 and must be made on the official nomination form. Copies of the nomination form and candidate information sheet are available by request from Council HQ, 20 Thames Street Ōamaru, by telephoning 03 433 0300, and can be downloaded from the council website www.waitaki.govt.nz or from the electoral officer Anthony Morton waitakidc@electionnz.com 0800 666 928. Completed nomination forms must be received by the electoral officer no later than 12 noon Monday 23 December 2019. Each nomination must be accompanied by a deposit of \$200 incl GST, payable by EFTPOS, cash or online banking (see candidate information sheet for requirements). If an election is required to fill this vacancy, the election will be held on Tuesday 18 February 2020 and conducted by postal voting under the First Past the Post electoral system.

The Waitaki District Council has two community boards. These are elected in tandem with the election of mayors and councillors, however at this year's election, the Ahuriri Community Board did not secure the requisite number of candidates to fill the five places on the board. Community boards are designed to give neighbourhoods and distinct communities, such as rural areas, a stronger voice within council; with the primary role of a community board member to represent and advocate for the interests of their communities, liaise with community organisations and government departments, and maintain an overview of the local services provided by the council. Community boards can also make written and oral submissions to their council on local issues, and they often have delegated responsibilities to allocate certain funds within the wards they represent. The Ahuriri Ward Boundaries changed after a representation review so it now includes Duntroon. The Ōmārama and Otematata masterplans in development, community input would be very important and the role of the community board vital. www.waitaki.govt.nz

A piece of NZ history

A piece of NZ history that you probably have not heard about. In the 1950's a clever young man in ChCh, Charles Stanley while working for H C Urlwins Ltd as a pattern maker and moulder, created copies of a much older toy money box. The idea was that you placed a penny in the boy's hand and then you pressed a lever and the boy raised his hand and swallowed the coin. When the boy was full you unscrewed the base and the money was recovered and either spent or banked in your own school bank account.

(Yes and that's another story) These money boxes were very popular and come in various characters of bright colours.

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([f renee millin - north otago motor group](https://www.facebook.com/renee.millin)), Renee 0800660070.



Renee

Swimming in Rivers

In a warm sunny day a river swimming hole looks like a great place for a swim. Swimming in rivers is fun but it can be dangerous. The strength of river current or force of water in a river. Many people do not understand the force of water in a river. If you swim out of a swimming hole into the river current you can be swept down the river by the force of the water. You could be pulled underwater by the force of the current or pushed against an obstacle like a rock and be trapped and drown.

The current can be strong even if the river looks calm and the water is slow moving.

Swimming in a river is not like swimming in a pool or in the sea:

- river water is much colder than pool or sea water•you do not float as well in river water as you do in sea water
- if you are in a river current and try to put your feet down your foot could become trapped under rocks
- if you are in a river current you can become trapped against obstacles and strainers or be swept into rapids, waterfalls or weirs
- if you are in a river current you will use a lot of energy to keep yourself afloat as you look to get out of the river at the first safe exit place.

Stop! Check it out before you leap in

Rivers change every day. Before you get into a swimming hole a good swimmer needs to check out the swimming hole. Check:

- the depth of the water. The water may be deeper or shallower than you think.
- what is beneath the water? There may be obstacles you can't see washed into the swimming hole. You could get trapped on a submerged log or rubbish dumped by people
- there is no strong current or risk of being swept into a fast flowing part of the river.
- A storm up-river may mean that a river hole is deeper than normal, or that water is flowing faster than normal. In summer the river depth may be too low for swimming, jumping or diving.

www.watersafety.org.nz



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Community Diary

Wednesday 4th

Free JP for certifying documents, affidavits, & declarations. 11-1pm at the Public Library.

Thursday 5th

North Otago Asthma Society Respiratory Exercise Class, 10am, St John Hall, Exe Street. Enquiries Ph 437 2673.

Migrant meet and share, 10:30am at the Opera House. Ph Maria 021 066 5143.

Friday 6th

AA Meeting, Orwell St Chapel, 12noon, Ph. 0277 227818.

Friends of the Library Book Sale; Outside the Oamaru Library 11am-2pm.

Johnston(e) Clan meet at 10am. All Johnston(e's) welcome. Ph Daphne 4346249 for venue.

Meadowbank Bowling Club, 14 Conway Street, Social bowls, names in by 2pm bowlers and non bowlers welcome. Ph 434 7196.

North Otago Darts: Ribble St Hall, Housie every Friday Night. 7:30 pm Start, 40 games plus Super House and Raffles.

Summer Indoor Bowls at 7 pm at the N.O. Indoor Bowls Centre, Centennial Park. All players and non players welcome. Ph. 437 1704

Saturday 7th

Nicol's Blacksmith Shop, Duntroon. Open with Blacksmiths working Saturday and Sunday 10am-3pm, beginner courses available, booking essential. judithwaterston@gmail.com or find us on Facebook - Nicol's blacksmith, for regular updates

Sunday 8th

AA Meeting, Orwell St Chapel, 6pm, Ph. 0277 227818 or 437 2337.

Reformed Church Oamaru, 4 Eden St, morning service at 10:30am, followed by Sunday School; evening service at 5pm.

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Monday 9th

Happy Scoundrels Over 55 Ten Pin Bowling Club, 12:30pm, Galleon Family Complex. Gary ph 434 1463.

Waitaki Woodturners meet at 1pm in the Clubrooms at Oamaru Racecourse. on Tuesday we meet at 7pm at the clubrooms. Ph 439 5795 for enquiries.

Tuesday 10th

AA Meeting, Orwell St Chapel, 7:30pm, Ph. 0277 227818 or 437 2928.

Alzheimers Society carers meeting, Iona Home, 549 Thames Hwy 1:30-3pm. All welcome.

A Twilight "Forget-me-not" Service: Celebrating Life, Love and Memories; For past and present caregivers of those with memory loss & all who wish to commemorate the loss of loved ones. 7pm Weston Church, There will be opportunity for reflection and remembrance and to light a candle for your loved one. Supper Provided. If you need transport, contact Colin Murray 434 3452 and leave a message. We extend a warm welcome to anyone who may wish to attend.

Age Concern Gentle Exercise Programme, \$3 per person. Ph. 434 7008.

U3A Waitaki, talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph 434 6613

Public Notices

Putiputi Rau Peony Gardens & Nursery; NOW OPEN from 10:30 - come & enjoy the blooms, 37 Bluff Hill Road, Waianakarua. Ph 021 766 486.

For Sale

3 piece lounge suite - brown, 3 seater & 2 electric recliners. 3 years old, \$400 ph. 434 6884 evenings. ***GIFT VOUCHERS FOR CHRISTMAS***

Hot tub 1.5 hours for 2 in only \$90. Old Bones Lodge ph 0274 894 999.

Gazebo 2.9 x 2.9 x 2m H. Comes in carry bag - good order, \$70. Kid's Learner Water Ski's \$125. Portable Satellite Dish in carry case \$85. Ph. 021 08715774.

Lost and Found

Lost Panasonic Lumix Digital Camera + case. Itchen St, area - \$50 reward, ph. 434 8960.

Garage Sale

Household items, pot planters and more... Extra contributors to previous days; 8:30am 8th December, Red castle Road.

Services

Carpet/Vinyl layer specialising in second hand carpet & repairs. Dion 0223924852.

Long grass mowing, 4WD ride on mower brushcutter. Contract or hire. 0212409766.

Smash Palace, for rental cars/vans/bikes, car parts and shuttle service. Ph. 433 1444.

Wanted

Tools wanted! Tradesman, carpenters, gardening tools etc. Ph. 021 450 405.

Raffle results

Oamaru Pakeke and North Otago Lions - Christmas Raffle; 1st, 216, 2nd 117, 3rd 358, 4th 443, 5th 82. Winners have been notified - Thank you for your support.



Missing Cat

Adverts like this for \$25pw

Classified Section Advertising Rates

AGM - Notices

\$13.50 for 2 weeks

4Sale & Services- Notices

\$13.50 plus \$4 for every line over 3.

Community Diary entries and public notices

\$13.50 plus \$4 for every line over 3.

Advertising space is limited

Please remember to book your advertising in advance. Our deadline is Wednesday night the week before publication.

Totara Teatime Special

With Sir Ralph Sherwood on the pianoforte
And a trolley full of cakes!

Sunday December 8th

12 p.m. - 4 p.m.

STATE HIGHWAY 1, 8 KM SOUTH OF OAMARU

~ Up the long driveway ~

For bookings:

Phone 03 433 1269

f Totara Estate

Email totaraestate@heritage.org.nz

Next event 12 January 2019

THAI FOOD

BANGKOKRECIPE.CO.NZ
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BANGKOK recipe

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Totara Estate

Carol singing, poetry, and fine festive food

Sunday 15th December 2019

2 p.m. 'til 4 p.m.

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~ Up the long driveway ~

Bookings essential: \$25 per person f Totara Estate

Phone 03 433 1269 Email totaraestate@heritage.org.nz



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Handy Phone Listings

www.oamaru.net.nz

The community prefer to find their trade and service providers locally and rely on the Telegram for this.

Accommodation & Facilities

- ▶ Old Bones Lodge0274 894 999
- Hot Tubs/Sauna events & accommodation

Acupuncture & Massage

- ▶ Rick Loos (NZRA)03 434 9663
- Acupuncture, Massage & Reflexology

Bricklaying

- ▶ Doran Brick 'n' Block027 516 5675
-437 0415

Building & Construction

- ▶ We Decorate Concrete 027 436 9209
-ugly & manky into Slick and Swanky
- ▶ David Ovens Building Contractor Ltd
-Licensed B/P.....027 481 9424
- ▶ Doran Brick 'n' Block027 516 5675
-437 0415
- ▶ Handyman Al's Maintenance & Repairs, qualified joiner.....027 221 1069
- ▶ MGM Handyman Services,
-Your professional handyman 022 3106294
- ▶ Wayne Nuttall Builders..... 437 2513
-027 434 3409

Carpet & Vinyl layer

- ▶ Dion.....0223924852
- specialising in second hand carpet & repairs
- ▶ Flooring Specialist ... free measure and quote in Oamaru township 021 727 498

Chiropractor

- ▶ Oamaru Chiropractic.....021 729 868
-Robert Brydges179 Thames St
- ▶ Ron Sim Chiropractor.....434 8784
-23 Eden St, Oamaru

Cleaning

- ▶ A1 Spic n' Span.....434 5534
- Almost ALL Cleaning027 737 8423
- ▶ A+ Services NZ Ltd.....0800 155 166
- windows, gutters and carpets..... 027 7144 812
- ▶ Oamaru Chimney Sweep.....434 8025
-027 436 1315
- ▶ Hoppys Cleaning Service ...0211327685
- Home cleaning service "OVENS & more..."

Contracting

- ▶ Lifestyle Block Contracting..0276324264
- Hay baling & Baleage, Drilling, Hedge cutting.

Counselling

- ▶ AYR St - Counselling027 6861849
- Kaye Mattingley...Dip. Grad.S.Sc.Ōtago.NZRSW. MANZASW

Craniosacral Therapy

- ▶ Jacqueline Scott, CST 021 907 346
- www.jacquelinescott.com

Dental

- ▶ Oamaru Denture Clinic434 7560
- Reg Clinical Dental Technician, 4/6 Coquet St

Dressmakers

- ▶ Robinson Gray021 173 6161
-Tailored clothing & alteration

Driver Lessons

- ▶ XTO Driver training Ltd ..027 262 2031
-Driving Instructor/Driving Lessons

DVD and CD

- ▶ Oamaru Public Library.....433 0850
-cleaning service (resurface), \$5 per disc

Electricians & Appliances

- ▶ Robert Jones - Electrician. 027 445 0523
-434 0994
- ▶ Whitestone Appliances..... 021 366 446
-repairs.....434 6810
- ▶ VES - Valley Electrical
-Domestic & Commercial.....021 1177045

Entertainment

- ▶ Sylviane's Karaoke 027 737 8360
- all occasions - bookings sylgal@msn.com

Gardening & lawns

- ▶ Ashleys Lawn & Garden Care.4372865
- Keeping your lawns in order.....0221086606
- ▶ CHANGEZ Landscape Property Services
- Steve..... 021 1148 900
- ▶ Crew Cut large lawns & rural mowing
- Paul Houllaham.....021 331 261

General Store

- ▶ Roses General Store021 515 205
- 9 Tyne St.....after hours...434 8285

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- ▶ Dunbars Insulation027 789 8788
-local and affordable

Interior Design

- ▶ Tracey Vickers Design 027 5420 215
- Upholstery and Furnishings03 439 5370

Immigration

- ▶ Immigration & Secretarial Services Ltd
- sylviane@isservices.nz.....027 737 8360

Joinery

- ▶ Inex Joinery/Kitchens 4 Less
- 335 Thames Hwy..... 4341533 or 021 1085500
- ▶ Rycole Joinery Custom designed kitchens
-434 5012.....027 276 2866

Motivation and Wellness Coach

- ▶ Jenny Malcolm.....0274 477079
-Helping you find your motivation.

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- ▶ Jannine Hore439 4230
- The Travel Brokers - member of Helloworld
- ▶ Lynne Sinclair, NZ Travel Brokers.....
- Cruising/Holiday Packages.....432 4172

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- ▶ Matt Geareavailable now. 027470 3780
- ▶ Don - Painter & Decorator - 25 years
-Call for a quotation027 2205403

Pets

- ▶ Suds & Paws for dog grooming 4345957
- ▶ Paws Awhile Boarding Cattery 4341296
- ▶ Puppy Love Grooming.....021 101 7858
- ▶ Shaggy Chic Dog Grooming
- 40 Ribble St 022 150 0395

Podiatrist

- ▶ Simply Feet Podiatry.....437 9025
-316 Thames Hwy, open Mon-Fri

Print

- ▶ Oamaru Print and Copy Ltd.....434 9651

Plumbers

- ▶ Cunningham Plumbing, Oamaru
-Plumbing & Drainlaying.....0800 555 105
- ▶ Foley Plumbers Oamaru.....434 2330
-Sam Boswell.....0800 303 530

Storage

- ▶ Self Storage Weston434 9558
-20 Foot Shipping Containers

Tiling

- ▶ Lakeland Tiling.....Shane..027 312 2017
-Kitchens & Bathrooms - No job too small
- ▶ Doran Brick 'n' Block027 516 5675
-437 0415

Transportation & Rental Vehicles

- ▶ Airport/Hospital, Oamaru Tour
-transfers (Merv Aitcheson)434 9506
- ▶ Driving Miss Daisy434 8421
-Appointments, Dunedin & Timaru Hospital, Shopping
- ▶ Oamaru - Dunedin/Hospital Shuttle
-Door to door service.....434 7744
- ▶ Smash Palace.....433 1444
-Cars, Vans, Bicycle Hire & Shuttle Service

TV Installation & Repairs etc

- ▶ Nathan Oakes TV, Sound, PC Install & Repairs.....0210 237 0646 or 03 437 2474

Window Tinting

- ▶ Tint a Window.....0800 368 468
- UV fade, heat, glare & privacy.tintwindow.co.nz



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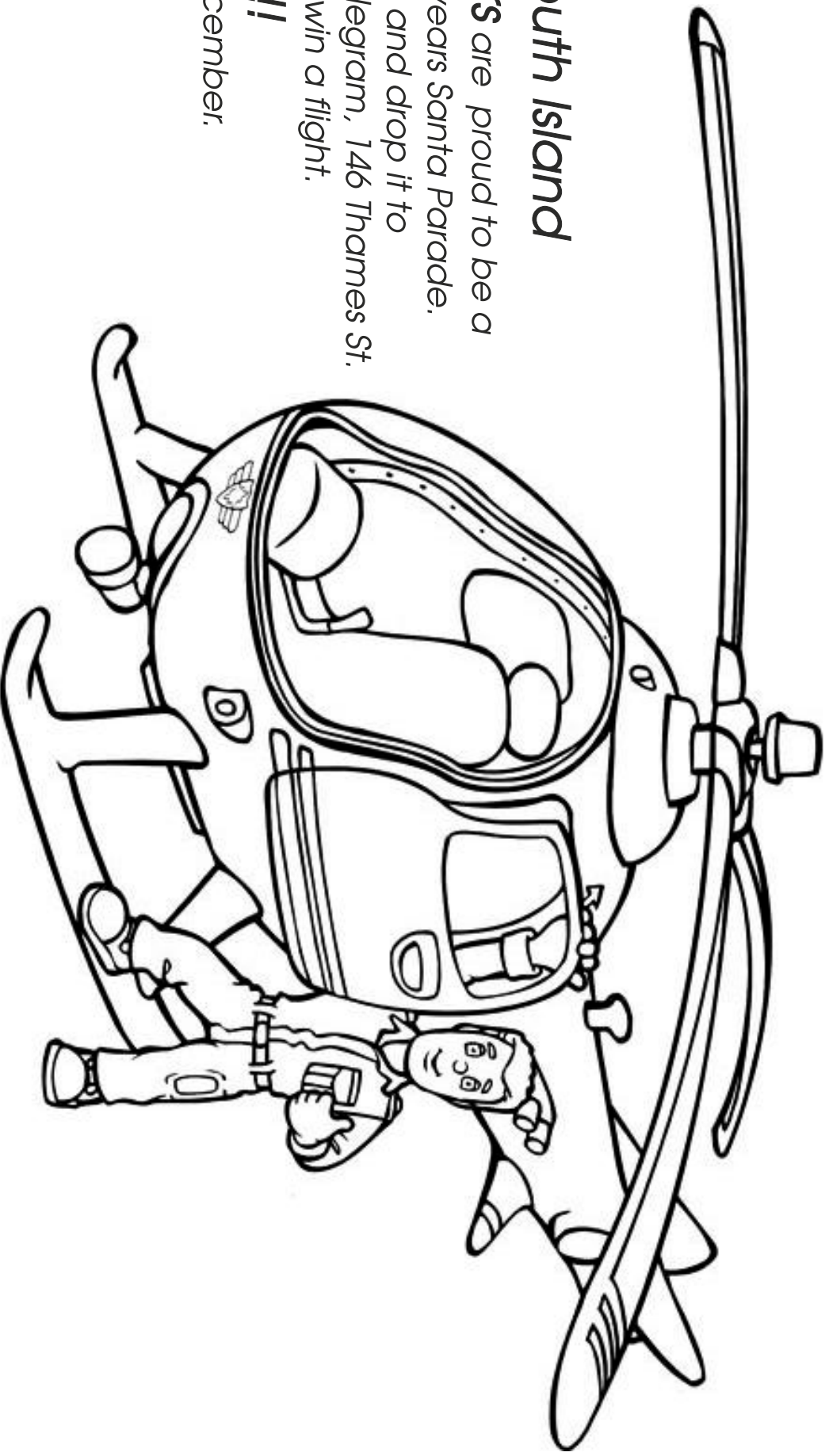
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ANY AGE!!!

Drawn 19th December.



Name:

Age:

Phone: