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17th March 2020 **Issue 482** Phone 434 9651



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Some days it would seem Winter has arrived - then the sun arrives and reminds us it hasn't.. Although I am glad the local shops have started stocking warmer clothing to keep us all warm. Winter is a great time of year for sitting by the fire and reading a good book. Do you have any good books you would like to recommend? If you do, please send us an email with the title, author and a couple of sentences about the book and why you enjoyed it. We would love to share them with everyone. Enjoy your week, regards The Telegram



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NURSERY

Entering into the ripening season, things are dry here in North Otago - watering should be number 1 on the gardening list to keep plants, Shrubs and trees from becoming dehydrated. Acer, (Japanese Maples) can be lost by becoming too dry during Autumn. I have been seed collecting and sowing to

get young seedlings well on before the ground cools. Summer annual seeds need to be saved in a dry place until time to sow in Spring, but seeds from hardy Spring flowering plants can be sown now - Pansy, Viola, Polyantha, Delphinium, Antirrhinum (Snapdragon), Wallflower, Cyclamen, Stock, Sweet pea, Primrose and Calendula.

Cuttings: Now until the end of Autumn is the perfect time to take stem cuttings from Shrubs and woody plants. Take semi hard wood cuttings - not too hard and not too floppy. These will still contain the necessary energy to push out roots to continue growing. Cuttings can be left in water containing willow leaves and branches overnight, which will stimulate cuttings as hormone rooting powder does. I use wet sharp river sand or crusher dust with a little compost added for cuttings to push roots into. Cuttings taken now, will need to be taken through the Winter before being potted, so protection from the cold will be needed when days and nights are cool. If you do not have a glass or tunnel house, a cold frame is good protection. A raised frame covered with heavy plastic will do the trick and when it is very cold, a layer or 2 of frost cloth can be added.

Rose cuttings taken now will give good results. Take a cutting on a slant from a stem that has flowered - approx 15 cm long from a mid section with at least 3 growth nodes - 2 of these should be buried when cuttings are planted. Pop cuttings into water as soon as cut - willow water as above if you can. Plant cuttings close together in a pot of wet river sand with good drainage. Roses are grafted these days, but some Rose enthusiasts consider cutting grown Roses to be the stronger growing.

Planting a new garden: March is definately a great planting month If planting a new garden. Garden outlets are well stocked with Shrubs, trees, plants and Bulbs The warm ground is perfect now for new plantings to make some growth, harden and settle in for the first Winter.

Bulbs: I notice Spring Bulbs beginning to move up through the ground and those still below the dirt, I sometimes dig up by mistake - even Trillium Bulbs are showing pointed new growth, so be careful while working around them.

Lawns give you an abundance of garden mulch if weed spray free. Spread clippings evenly over moistened gardens to hold moisture in. Spread too thickly, it will form a shield to suppress moisture.

Veg: Pumpkins ripening, Corn cobs ready, Beans in abundance and while we plant out our next leaf crops, the white Butterflies are in full force laying eggs on them as a food for their caterpillars. I cover newly planted veg seedlings with shade cloth, which seems to restrict the view and still let enough light in for continued growth. I also have lengths of white Grape netting - this being a slightly heavy net, works best stretched across a frame not allowing any gaps to let those determined Butterflies in.

Fruit: Home Gardeners will be harvesting stone and pip fruit as well as Grapes, which should have reached high sugar levels with the heat we have been experiencing. Once picked, Grapes do not continue to ripen, so it pays to do the sweet test before picking a sour bunch.

Autumn attention to Fruit trees, 1. Deep watering at the end of fruiting, 2 to 3 inch soaking, (not just enough to wet the surface.) 2. Keep the base of trunks clear of grass and leaves. 3. No fertiliser in Autumn, trees need to harden for Winter 4. Wait until Spring before all major pruning. *Cheers*, Linda.

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Let's talk about COVID-19

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a type of coronavirus. There are simple steps you can take to protect you and your family/whānau . The symptoms of COVID-19 are: a cough , a high temperature (at least 38° C), shortness of breath.

These symptoms do not necessarily mean you have COVID-19. The symptoms are similar to other illnesses that are much more common, such as cold and flu. Shortness of breath is a sign of possible pneumonia and requires immediate medical attention. We don't yet know how long symptoms take to show after a person has been infected, but current World Health Organization assessments suggest that it is 2–10 days. If you have these symptoms and have recently been to a country or area of concern, or have been in close contact with someone confirmed with COVID-19, please telephone Healthline (for free) on 0800 358 5453 or your doctor immediately.

COVID-19, like the flu, can be spread from person to person. When a person who has COVID-19 coughs, sneezes or talks, they may spread droplets containing the virus a short distance, which quickly settle on surrounding surfaces. You may get infected by the virus if you touch those surfaces or objects and then touch your mouth, nose or eyes. That's why it's really important to use good hygiene, regularly wash and thoroughly dry your hands, and use good cough etiquette.

Prevention – how to protect yourself and others: Cough or sneeze into your elbow or by covering your mouth and nose with tissues. Put used tissues in the bin or a bag immediately. Wash your hands with soap and water often (for at least 20 seconds). Try to avoid close contact with people who are unwell. Don't touch your eyes, nose or mouth if your hands are not clean. Avoid personal contact, such as kissing, sharing cups or food with sick people. Clean and disinfect frequently touched surfaces and objects, such as doorknobs. Stay home if you feel unwell.

Call Healthline on 0800 358 5453 if you have any symptoms and have been to any countries or territories of concern or have been in close contact with someone confirmed with COVID-19. **Information taken from:** www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-novel-

and-conditions/covid-19-novel-coronavirus/covid-19-novel-coronavirus-health-advice-general-public

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Come in and see me at Havenwyck Pets to discuss and find the best pet for you! Leanne Wreakes-Fallen. Dip.VN

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Community Diary

Wednesday 18th

Excelsior Petanque Club; Ph 4372557 Wed & Sun 1-3 pm Behind Excelsior Rugby and Sports Club. Free JP for certifying documents, affidavits, & declarations.10-1pm at the Public Library.

North Otago Orchid Society meet at St John's meeting room 1:30pm.

Thursday 19th

Find out what the Living Wage is and why is it important. Join the next meeting of The Living Wage Committee for Oamaru. 12:30pm at Steam Café, Thames St. The meeting is for one hour.

Migrant meet and share, 10:30am at the Opera House. A place for Migrants to build connections & learn about life in Waitaki. Ph Maria 021 066 5143.

North Otago Asthma Society Respiratory Exercise Class, 10am, St John Hall, Ph 437 2673.

Oamaru Karate Club 2020; Now Started, St Pauls Church Hall, *Thursdays & Mondays* 7pm; Enquiries Jan 027 4348015.

Whitestone Taekwondo Club; Tue & Thu 6pm to 8pm at the Waitaki Rec Centre, Ph 0211721311.

Friday 20th

AA Meeting, Orwell St Chapel, 12noon, Ph. 027 722 7818 or 021 026 86128.

Excelsior Squash Club; Centennial Park, Ph 02102323729, Monday & Friday 6pm

Meadowbank Bowling Club; Bowlers & non-bowlers welcome. 14 Conway St Social bowls 2pm. Newcomers Coffee Group at 10am at either the Opera House or The Brydone. Ph 0272428643

North Otago Darts: Ribble St Hall, Housie every Friday Night. 7:30 pm Start, 40 games plus Super House and Raffles.

North Otago Grey Power social group 2.30 Lagonda Tearooms to socialise, share information, ask questions. Non-members welcome. Phone Daphne 4346249

Summer Indoor Bowls; 7 p.m. at Centennial Park, all welcome ph. Denise 4371704 or Cliff 4371999.

Saturday 21th

The Healing Team; Pray for healing, St Mary's Church 2-3pm.

Nicol's Blacksmith Shop, Duntroon. Open with Blacksmiths working Sat/Sun 10am-3pm, courses available, booking essential. Find us on Facebook.

Sunday 22nd

AA Meeting, Orwell St Chapel, 6pm, Ph. 0277 227818 or 437 2337.

Reformed Church Oamaru, 4 Eden St, 10.30 am. and 5pm. True to God's Word.

Excelsior Petanque Club; Ph 4372557, Wed & Sun 1-3pm Behind Excelsior Rugby & Sports Club. Healing Service; St Mary's Church (next to New World) 6pm. All Welcome.

Oamaru Spiritual Group; 2 Steward St – Blind Foundation Hall, 2pm for Service

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Monday 23rd

Excelsior Squash Club; Centennial Park, Ph 02102323729, Monday & Friday 6pm

Happy Scoundrels Over 55 Ten Pin Bowling Club, 12:30pm, Galleon Family Complex. Ph. 4341463.

Meditation for Peace at the Plunket Rooms on Severn St, \$2 for room hire, 7.30-7.55pm Beginners intro & short meditation, 8.00 - 8.30 pm longer meditation.

Waitaki Woodturners;1 pm at our clubrooms Oamaru Race Course & Tues 7pm. Ph 439 5795.

Tuesday 24th

AA meeting, Orwell St Chapel, 7:30pm, Ph. 4324191 or 4346888.

Age Concern Waitaki Gentle Exercise Programme for over 60's Orwell St Chapel Hall, at 1:30pm Ph. 4347008.

Craft & treasure market lots of crafts & pre loved treasures. Scottish Hall, 10 Tyne St, 10am-2pm. To book a stall ph 0277069902 or 021 515 205

Waitaki Woodturners; meet at 1 pm at our clubrooms – Oamaru Race Course & Tuesday evening at 7 pm. Ph 439 5795.

AGM Notice

Oamaru Victorian Heritage Celebrations AGM Tue 24th Mar 2020 at Whitestone Funerals, Reception Lounge, 54 Weston Rd, 7pm. Nominations to be received in writing. members & public are welcome to attend, however financial members only eligible to vote. ovhcommittee@gmail.com

Waitaki Hospice Care Trust AGM – Tuesday, 7 April, 2020 @ 6pm. At North Otago Hospice Hub. All Welcome!

Waitaki Riparian Enhancement Soc; AMG Wednesday 25th March, 7:30pm Glenavy Hall, Guest speaker Jay Graybill, Gold coin donation at door. Supper to follow.

Riding for Disabled AGM; 1st April, 7pm Weston Church Hall.

Community Notice

Columba Scout Group; Keas (5-8 yrs) Monday 4.15-5.15pm, Cubs (8-11 yrs) Monday 6-7.30pm Scouts (11-14 yrs) Thursday 6.30-8.45pm, Venturers (14-18 yrs) Thursday 6.30-8.45pm at Columba Scout Den, Awamoa Park, 123 Perth St, Oamaru. Scout Groups provide safe and nurturing environments for children and young adults to learn valuable life skills, have fun and develop their creativity through games, arts and crafts, challenges, indoor and outdoor activities and so much more. So come along and join in the adventure! Contact Mary-Jane 022 300 96 90 for more information.

Indoor Bowls Oamaru Club; Severn St, 7pm opening night March 31st all welcome. Ph. 4372301 or 434 9678.

Oamaru Coffee Riders; Social riding group. fitness levels & cycle types including E-Bikes. Nobody gets left behind. Visit our Facebook page for info: Oamaru Coffee Riders, ph/txt 0211214627 'Activate Your Elder-Powers' a free seminar for curious life-loving women. Wed Mar 25th 10ammidday at The Chambers, The Opera House. Bookings essential. To find out more and register go to www.inspiringconsciousevolution.com/elderpowers.

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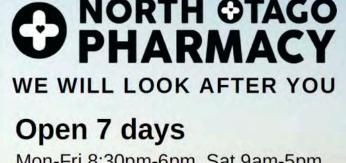
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| Reg Clinical Dental Technician, 4/6 Coquet St | | |



Mon-Fri 8:30pm-6pm, Sat 9am-5pm Sun 10am-5pm

213 Thames St Ph (03) 434 8246



North Otago Motor Group



2020 Holden Colorado LS Automatic, Flatdeck, Double Cab 4x4 \$45,490 (pw \$181)*



CAR OF THE WEEK
Mon-Fri 8am to 5:30pm, Sat 9am to 12pm

*Based on Classic Finance with a 20% deposit over 60 months at 9.95% interest. \$409.20 establishment fee and normal Toyota Financial Services lending criteria apply

Motoring with Renee

Hi! Renee here, Sales Manager for North Otago Motor Group. This Colorado LS is brand new and ready to use as a work or recreational truck. 3.5tonne tow rating, Carplay, and a limited slip diff. This no - nonsense truck is tuff and rugged for every day use with all the standard features you will need to make hard work seem easy. Come in and test drive today... We have over 35 years LOCAL experience in the industry and our team, Jamie,



Martin and myself are here to help you. Being local has huge advantages for you. We are close to where you live; you can pop in and see us or we can come to you - plus we have a service and parts department. See us any day including Saturday 9am-12, or call us to make an appointment outside working hours. Loads of options of vehicles too, from small run-bouts, SUV's to 4x4's. Plus we can cover everything from finance, insurance and extended warranties. Have a great week.

(If renee millin - north otago motor group), Renee 0800660070





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