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Issue 506



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This week you may notice something different about the Telegram! To celebrate the Body & Soul expo next weekend on the 17th at the Scottish Hall, we have an aroma sprayed Telegram - adding an extra dimension to our advertising. Can you guess the smell? Thank you to the team at the expo. Let them know what you think the scent is... and see if you are correct. Empty A3 boxes; if you are needing some storage boxes, these are great - not too small or big. Call in and take a couple, as I have a stack taller than me.... Enjoy your week, Regards, The Telegram.

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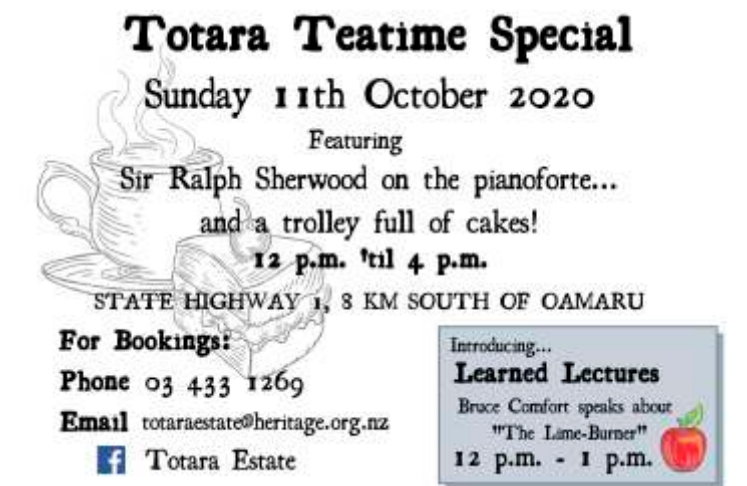
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What a freezing cold snap early this week, and those poor little new born lambs will have suffered, with it being School holiday time again let's hope the second week warms up. **After the temperature drop and strong winds** there will be a few casualties in gardens, I had two rows of potatoes blackened and a few trays of seedlings succumb to the intense chill even though they were covered. Rhododendrons with dehydrated foliage and soft new maple foliage damaged, each got a good soak to help them recover until we get a decent rain which is in urgent need now in North Otago. Those districts receiving snow cover will benefit from deep spring moisture but here on the coast the ground is parched. When things warm up again seedlings will zoom up, It is best to pot seedlings on into individual pots for roots to become established before planting out because small seedlings have almost zero survival rate if planted out into a dry garden. Strong growing plants like sun flowers and delphinium seeds are best planted directly into the ground or peat pots and once the pot is filled with new roots plant pot and all, the strong roots will grow out through the pot as it breaks down. **Summer colour** in the garden should be thought about now if raising plants from seed, petunias, lobelia (both lovely in baskets and pots) nemesia, salvia will all germinate this month and be ready for pricking out into punnets to develop a root mass. All cottage plants as cosmos, poppies, larkspur, nigella (love in the mist) lavatera (annual) can be sown directly in the ground. **Begonias & Salla lilies** will be showing shoots now, begonias can be cut into sections with a shoot to grow as new single plants and covered with damp sawdust to get them started before planting out later in the month. **Companion planting:** With all the planting going on right now companion planting could be the way to go, Gardeners from the past have documented successful companion planting knowledge down through the years for us to follow. Some plants give off an aroma that is disliked by unwanted insects and others are thought to enhance the growth of certain plants if planted along side them. Nasturtiums attract caterpillars, so planting alongside or around vegetables such as lettuces, broccoli and cabbages should mean the nasturtium will get attacked rather than your edible crop. Fox Gloves have stimulating effects on all plants in the garden, a welcome addition to the flower and veggie garden. Marigold have a scent that repels aphids and attracts hover flies, which are predator insects, cabbage white butterfly are attracted to their host plant by smell, planting rows of small marigolds are effective in masking the smell and reducing cabbage butterfly damage. Hyssop also repels white butterfly from cauliflower, cabbage and broccoli and other brassica crops. A secretion from the roots of the Mexican tagetes deter eel worms so your potatoes and tomatoes are left alone. Tagetes and marigolds planted near tomatoes and roses will reduce aphid attack and attract hover-flies, voracious eaters of these pests. Basil and tomatoes are a well-known combination, great companions in the kitchen as well as the garden. Garlic, chives and parsley can be beneficial planted with Roses as aphid deterrents. Dill is popular with bees and planted with corn will ensure a bumper crop. Sage is a great herb to plant around a celery crop, as it helps to keep the aphids away. Carrots and leeks work well planted together, they both have strong aromas, which repel the other's pests. **Vegetables:** Potatoes are up so mounding begins to get more to the shore. Corn sprouts in no time now, plant in groups so they support each other and pop some dill in to attract bees. Plant corn, beans, courgettes, cucumbers, late tomatoes, lettuce and basil (but protect basil from cold nights) The dreaded carrot fly is about in October when carrots are being thinned, Plant seed sparingly to avoid thinning and don't leave any thinning's about planted rows for the carrot fly to smell and if you have had problems in the past, cover rows with shade cloth to keep the female flies from landing and laying eggs. **Fruit:** Early blossom will have been affected with the frozen temperatures but we will have to wait and see. Bees are busy working at pollinating fruit bushes and trees on sunny days, keep the water up to them and mulch with unsprayed grass clippings right out to their drip line to keep moisture there, and organise netting over low trees for bird protection. Check all apples trees for woolly aphid (white furry aphids on branches) spray trees with garlic, pyrethrum and neem oil (mixed). *Cheers, Linda*





It's a privilege to be standing as the Waitaki representative for New Conservative.

Over the last few years I've been concerned about the negative social statistics, including broken families, suicide, crime, massive increase in generational debt, the breakdown of democracy, and the ever encroaching UN driven mandates.

We cannot keep doing what we've always done and expect a different result. It's time to do something different, to get involved and make positive change.

I was raised in Oamaru and my career includes high country mustering, dairy farming, commercial real-estate and I am currently working with Fonterra. I am married and have 3 teenage children.

To find out more about me and our policies you can visit: www.newconservative.org.nz and follow me on facebook at Troy Allan New Conservative Waitaki

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Authorised by: T Allan, 18 McLaughlins Rd, Darfield



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At this September's election, you will be asked if you want the **End of Life Choice Act (EOLC Act) 2019** to come into force.

This Act is not about turning off life support, do-not-resuscitate requests, or allowing someone to refuse medical treatments (These are already legal in NZ). The EOLC Act is about giving doctors and nurse practitioners the legal power to assist in patient suicides, or to end the lives of their patients with lethal injection/dose upon request.

8 REASONS TO VOTE NO:

1. There is **NO** reliable safeguard to prevent someone being **pressured** into euthanasia or assisted suicide (one doctor is simply required to 'do their best' to detect pressure, and they can only speak to people that the patient lets them speak to).
2. **NO independent witness** is required at any point in the process - even at the time the lethal dose is injected/taken.
3. There is **NO** protection against **secret euthanasia or assisted suicide** (family do not have to be consulted, or even informed).
4. There is **NO** requirement to ensure that the person is **mentally competent** on the day the lethal dose is injected/taken.
5. There is **NO** protection for terminally ill people who are also **depressed or mentally ill**.
6. There is **NO** required **cooling-off** period before the lethal dose is prescribed.
7. There is **NO** protection against **medical errors** about the course of an illness or how long a person has left to live.
8. More than **200 lawyers and over 1600 doctors** have publicly denounced this Act as bad law.

From the 3rd of October 2020 **VOTE NO**
to the End of Life Choice Act.

For more information: www.defendnz.co.nz

Pieces Of April - April Hayes Dickson

I wouldn't normally talk about my boobs publicly but October is Breast Cancer Awareness Month so I'm trotting the girls out for discussion. September 11, 2001. My husband the KOR (King Of the Remote) and I were awake all night watching the extraordinary pictures beaming in from New York. The next morning I felt sleep deprived and a sense of unsettling disbelief. So later that day during my routine mammogram and ultrasound, I seriously thought I was dreaming when a doctor told me I had breast cancer. I was 47. Just before the fear set in, I struggled to breathe, I lost the power of speech. Like the time my brother's mates accidentally hit me in the sternum with a high ball (a street cricket match that went wrong when I was ten). But a bouncer in the chest only knocks the wind out of you until your Gran kisses it better; a cancer diagnosis lands you on a treadmill you can't jump off and someone else has control of the speed dial. It doesn't matter how many kisses you get. Surgery and months of treatment followed. It was gruelling and painful. My partial mastectomy left my nipples pointing in different directions. Now my boobs are a bit like Marty Feldman's eyes (note to under 50s: Google him). Just as well the bra-less days of my feminist youth are behind me - blokes wouldn't know which one to focus on while they pretended to engage me in conversation! In comparison to the alternative though (dying) I am one happy, lopsided lady.

I will be forever grateful to the surgeons, doctors, nurses, specialists, pathologists, radiologists, oncologists and all the other 'gists' whose skill, care and commitment means I'm still here today. None of them will remember me now because they deal with so many cases and mine wasn't exceptional but I remember them. They take your hand, look into your eyes, explain and expand, clarify and calm. On their desks are photos of families I suspect they don't see enough of. Let me make this message less than subtle, loud and clear – CHECK YOUR BREASTS AND NEVER SKIP A MAMMOGRAM. Regardless of your age, it's not worth the risk. Having and surviving cancer changes your life. Prior to hospital my surgeon warned me to prepare for the cathartic effect breast cancer has. The common reaction, he suggested, was a newfound gratitude, appreciation and conscious regard for the little things in life. He was right: confronting your own mortality is scary and thought provoking. Interestingly, the one thing it didn't change was my marriage. Naturally, the KOR and I had the obligatory talk about what we could or should do differently – take more holidays, spend more 'us' time, stop more often for more rose-smelling. It was a tender moment when we looked at each other and agreed neither of us wanted to change a thing. In hindsight I missed a great one-off opportunity to do a deal for control of the TV remote and putting the dunny seat down.

Must Visit- Hobbiton

This is actually a really cool tourist destination located in the heart of the Waikato region and just under a 15 minute drive from Matamata. You don't have to be a fan of Lord of the Rings and The Hobbit to immerse yourself in Peter Jackson and JRR Tolkien because it is an incredible and magical place to visit regardless. The only way to visit is with a fully guided 2 hour walking tour. During the trip you get to listen to a lot of facts about how the movies were created. Besides that, you get an insight into the funny ideas Peter Jackson had while creating the movies. The Hobbiton Movie Set Tour ends in the Green Dragon Inn where you can enjoy a complimentary exclusive beverage. A visit to Hobbiton will take you to another world! **Jannine Hore – Travel Broker**



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Ingredients

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190g fruit puff style lollies
100g butter, melted
1/2 can of sweetened condensed milk
1/2 - 3/4 cup desiccated coconut

Method

1. Crush or process the biscuits to fine crumbs and place in a mixing bowl.
2. Cut the Eskimo lollies into thirds and add to the bowl, along with the melted butter and condensed milk. Mix as best you can, then turn onto a clean board or sheet of baking paper and form into a log.
3. Roll the log in coconut, and refrigerate for several hours until firm. Serve in slices.



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Let's talk about Breast Cancer Awareness Month

Breast cancer is the most common cancer in New Zealand women. Most breast cancers occur in women over 50, but young women and sometimes men get it too (although the risk is much lower). Most people with breast cancer have no close family history of the disease. Breast cancer is highly treatable if it's diagnosed early. Your risk of breast cancer increases as you get older. It is important to know what is normal for your breasts, Check your breasts monthly for changes, report any changes immediately to your doctor. Consider regular mammograms once you turn 40 and Enrol with Breastscreen Aotearoa for free mammograms once you turn 45. Breast cancer does not always manifest as a lump, however you need to show your doctor to have it ruled out. When breast cancer starts, there may be no pain or symptoms. As the cancers grow however, symptoms may appear, these need to be checked by your doctor. You may find a lump in your breast, your armpit area or around your collarbone. Or you might notice a thickening in your breast tissue that feels different to the rest of your breast.

Be alert for:

- Any new lumps
- Changes in breast shape
- Changes in breast size
- Unusual pain that won't go away
- Any visual signs like dimples, puckering or dents
- Nipple discharge or inversion
- Change in breast colour, reddening or inflammation,

skin may look like orange peel

Know your normal: It's normal for your breasts to be a different size or shape from each other. If you know what your breasts normally look and feel like you can detect changes early. Breasts change throughout your life, often due to the

effects of hormones. Hormones can also make your breasts feel different at certain times of the month such as just before your period (may feel lumpy and tender). As you get older, your breasts may become smaller and feel softer. Therefore, **Touch. Look. Check for changes.**

Touch your breasts often so you know what's normal for you. Glide over each breast with the underside of your three middle fingers, covering all your breast tissue from just under your collarbone to under your breast, and from your mid chest to your ribs at the side of your chest. Also press your fingers firmly up into each armpit. **Look** for changes in front of the mirror. Place your hands at your sides or on your hips. Press your shoulders and elbows forward. You're looking for any new or unusual changes. **Check** with your doctor if you notice any changes.

The foundation recommends that women consider screening from 40-49 years; every year then 50 years+ every two years, from 70+ years in discussion with your doctor.

Know your risks.

Your risks go up with alcohol, body weight, hormone exposure and inactivity. Reduce your risk by limiting intake of alcohol and maintaining a healthy weight (especially after menopause). Discussing hormone exposure with your doctor (eg HRT, oral contraception after 40, no children or having them later). Exercise regularly 3-5 times per week. Also discuss with your doctor risk factors you can't change like breast cancer in your close family, your past or radiation treatment to your chest when young.

Oamaru Pharmacy will be running a breast cancer awareness campaign throughout October so come on in, have a chat or collect information and raise your awareness of breast cancer and your body. The team is always ready to help with friendly knowledgeable advice.



Mind BODY & SOUL expo

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2020 Citizens' Awards celebrate Waitaki's

2020 Citizens' Awards celebrate Waitaki's great and good Embargoed till 3.30pm 29 September, 2020

The award recipients for 2020 are:

Liz Komen, tireless volunteer for the Omarama fire brigade an experienced nurse in a remote area where such skills are invaluable.

Stewart Johnston - mason, radio stalwart and Palmerston community icon.

Bevan Koppert - Weston Pirates Rugby Club founder, coach, and fire service legend.

Walburga 'Wally' Macaulay - a lady with a strong lifelong commitment to volunteering in the community.

Barney McCone - Kurow Rugby Club's number one supporter and an enormous contributor to the ongoing success of Whalan Lodge Rest Home.

AmyWinchester - Waitaki archive her transcribing of local records has helped many families to research their genealogy William McIntosh and Lesley McIntosh - volunteers who immersed themselves in their community and absolute gems. Ngaire Joyce - a pillar of the larger community of Palmerston and Dunback.

Helen Laney - a researcher who has aided many families searching for records of a relative's burial and locating serving relatives of fallen service members memorialised by oaks. The marvellous Alps to Ocean Ultra trio of Michael Sandri, Linton Clarke and John Crombie – whose efforts in taking an idea to its marvellous fruition, put Waitaki on the global stage and introduced this beautiful part of the world to a whole new audience.

And Donna Demente - artist, staunch supporter of community events, friend to music and musicians and strong advocate for the Victorian precinct; her Grainstore Gallery a drawcard for visitors who experience the delightful world she has created upstairs in Harbour Street.

Mayor for Waitaki Gary Kircher said Waitakians never failed to inspire him with their dedication to community and tireless efforts to make the district the best place to live. "I am very proud of all of our volunteers who play a significant part in making Waitaki such a great place to live. These award recipients epitomise some of the best traits in our people, and it is an honour to recognise their major contributions."

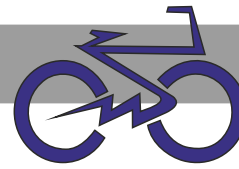


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We would like to Introduce Jenny. Jenny completed her schooling in Canterbury, and then lived in Dunedin where she attended Otago University and successfully completed a Bachelor of Dental Technology in 2008 and a post graduate Diploma in Clinical Dental Technology in 2011.



Jenny worked in Australia and in other regions of NZ before moving to Oamaru to work under the late Ken Scott Dentist. Jenny showed excellence in her technician skills and grew in this area of her work as a Clinical Dental Technician. Jenny is our only local operating Clinical Dental Technician and with her husband Frank (also a Clinical Dental technician) together they own and operate their Dental Clinic in Oamaru, Oamaru Denture Clinic on Coquet Street and South Canterbury Denture Care in Timaru. Jenny is always looking at smarter new ways of producing high quality Dentures and believes a pair of well fitted Dentures will improve your overall health.

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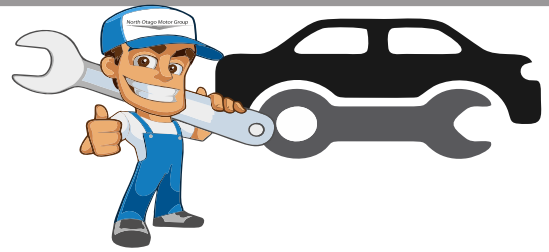
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Waitaki Interiors

Waitaki Interiors offer tailor-made interior design packages to meet the individual needs of clients, so we can come to you with ideas for furnishing or accessorising your home. We have on offer a large range of stylish homeware products in our store. Proud to promote New Zealand-made, Waitaki Interiors have a range of knitwear and mohair throws and we have an impressive array of bed linen, cushions, throws, lamps, artworks and mirrors. We are proud to be the exclusive stockists of Annie Sloan Chalk Paint® which is perhaps the world's most respected decorative furniture paint with a huge variety of useful applications.

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Waitaki Interiors are committed to creating a cohesive aesthetic flow and a home that you can be truly proud of. We will help you to make your home beautiful, get it right the first time by coming in and talking to us. We would love to be involved with your design or furnishing project, no matter how big or small. You will find us at 29 Thames Street, Oamaru or view our website, facebook or Instagram pages for more information. Have a great week from Waitaki Interiors.



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Martin



Havenwyck Pets
Creating Calm



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Havenwyck Pets

Creating: verb; cause (something) to happen as a result of one's actions.

Calm: adjective; not showing or feeling nervousness, anger, or other strong emotions.

In my youth I bred and showed Guinea Pigs, this started my passion for working with animals. I was able to learn and strive to expand my knowledge whilst working in Kennels/Catteries, on Dairy farms and within the Veterinary Industry as a Qualified Veterinary Nurse. A big part of my self discovery was with the behaviour of all animals, big and small, they all have natural instincts that are stronger than our own; this is due to all species being altered in some way to fit into the human world, and as I discovered this can cause anxiety and fear. Over many years of research I have delved into what I can do to Create a Calm environment for the animals I work with. You will find at Havenwyck Pets



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Community diary

Wednesday 7th

Afternoon Social Housie; 1.30 pm Darts Hall Ribble St. All welcome. Relaxed session using counters. North Otago Grey Power Ph. 4346249.

Excelsior Petanque Club; Ph 4372557, Wed & Sun 1-3pm, Excelsior Rugby & Sports Club.

Free JP for certifying documents, affidavits, & declarations. 10-1pm at the Public Library.

Thursday 8th

N.O. Asthma Society Respiratory Exercise Class, 10am, St John Hall, Exe St. Ph 437 2673.

Migrant Meet and Share, 10.30am at the Landsar Rooms in Severn St. Build connections & learn about life in Waitaki. Ph Maria 021 066 5143.

Friday 9th

AA; Orwell St Chapel, 12noon. Ph. 0277227818.

Newcomers Coffee Group at 10am at either the Opera House or The Brydone. Ph 0272428643

Waitaki Travel Club; Monthly Morning Tea meeting Moeraki room Brydone Hotel. Guest speaker; Kaye & Chris Dennison; Japan expect the unexpected.

Saturday 10th

Variety Concert; St Luke's, Wharfe St, 2pm. Entry \$5per person \$10 per family afternoon, tea provided, money raised to go to mission.

Sunday 11th

AA Meeting; Orwell St Chapel, 6pm. Ph. 0277227818 or 4372337.

Oamaru Baptist Church; Sandringham St, Service at 10am. All welcome.

Herbert Forest Working Bee; Steps and bridge construction plus general tidy-up of tracks. Depart Medway car park 8am or 8.20am at Swallows car park.

Reformed Church Oamaru, 4 Eden St, morning service at 10:30am, followed by Sunday School, afternoon service at 5.00pm.

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Monday 12th

Clubnight -Bats at Raincliff Forest; Zac Robinson, Health, Safety & Environment Manager for Port Blakely NZ will tell us about the collaborative programme to protect critically endangered long-tailed bats (pekapeka) in South Canterbury. Meeting at NOSAR club rooms, 1 Severn St, 7.30pm, ph 4395621.

Genealogy help by local genealogist - at the Oamaru library 10 am - 12noon.

Tokarahi spinners & Weavers meeting; Tokarahi Hall from 10am. Contact is Christine, 4342223

Waitaki Woodturners; 1 pm - Oamaru Race Course & Tuesday evening at 7pm. Ph 439 5795.

Tuesdays 13th

AA Meeting; Orwell St Chapel, 7:30pm, Ph. 434 0227 or Ph. 432 4191.

Oamaru Workshop "Living Well"; Heart foundation, Coronary Disease, Topics include: heart disease healthy eating, being active, medications. Reach Church, College St, 9:45am - 3pm. Register by 12 Oct, ph 03 477 3999.

Age Concern Gentle Exercise. 1:30 - 2:45pm Seated exercise class with music, followed by afternoon tea. Offered during Alert Level 2 with appropriate precautions. Orwell St Church.

AGM

Central Coast Country Music Assn Inc AGM; November 6th at 7:30pm at St Josephs School Hall Usk Street. All Welcome.

Citizens Advice Bureau North Otago AGM; Friday 16th October 10:30am, at Search & Rescue room, behind Community House Severn St. Morning tea to follow, members of the public are invited to attend.

Excelsior Petanque Club AGM; 29th Oct at 4pm at the Excelsior Clubrooms.

North Otago Bird Fanciers Club AGM; 21st Oct 2020, Itchen St, Drill Hall 7:30pm.

Oamaru Garrison Band AGM; Tuesday 27th Oct 2020 at 7:30, Bandrooms, C Rusbatch Secretary.

Public Notices

Oamaru Coffee Riders, ALL riders, all abilities catered for. For ride times & venues. ph 0211214627

Board Games with Age Concern at Oamaru Library will restart after the school holidays. First meeting will be on 14 Oct at 1:30pm. 034347008

Services

Carpet/Vinyl layer second hand carpet & repairs. Dion 0223924852.

Bess Allan Gardening Maintenance - Dip Hort Mgmt, Ph 0211 800 941 or 434 9953.

Office space for hire by the month, day or hour. The Business Hive. Ph: 398 2400.

Smash Palace, for rental cars/vans/bikes, car parts and shuttle service. Ph. 433 1444.

For Sale

Blue gum firewood just \$75 m3. Fundraising for the Waitaki community gardens. Well seasoned wood cut last year. Collection by appointment only, call 021 115 4884

Compost for Sale; Available Air Cadet Honesty Stall Humber St, Opposite Brydone Hotel. Farmers if you have no use for your plastic 25kg calf meal bags we could use them. Please leave at stall, email or phone for pickup; 26atcoamaru@gmail.com, Ph 434 5567.

Peastraw \$9 a bale - delivered Ph Simon 027 2235274.

Wanted

Tools wanted! Tradesman, carpenters, gardening tools etc. Ph. 021 450 405.

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Excelsior Petanque Club

On Wednesday 23rd of September the Excelsior Petanque Club held the first of this year's club championships ,namely the Drawn Triples. With only a couple of exceptions a full muster of our players competed. This year's winning trio were; Raewyn Thorpe, Suzanne and Herb Tonkin, while the runner's up were; Yvonne Ballantyne, Barbara Bain, and Tony Smith. Next month will see the drawn mixed pairs and the singles championships being played on the 21st and 28th of October respectively while on Sunday the 11th of October the Excelsior Club will host teams from the 8 clubs in the Southern Region to play 2 rounds of the regional petanque competition.

Classified Advert, Community Diary Prices

3 lines \$13.50 +\$3 for every extra lines.

Repeating with no change;
\$7.50 +\$3 for every extra line.

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Acupuncture, Massage & Reflexology

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.....Quality you can trust.....03 434 8476
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- ▶ **Handyman Al's Maintenance & Repairs, qualified joiner**.....027 221 1069
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Your professional handyman 022 3106294
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- ▶ **Dion**.....0223924852
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- ▶ **Flooring Specialist ...** free measure and quote
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- ▶ **Oamaru Chiropractic**.....021 729 868
Robert Brydges179 Thames St
- ▶ **Ron Sim Chiropractor**.....434 8784
.....31 Essex St, Weston

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- ▶ **A1 Spic n' Span**.....434 5534
Almost ALL Cleaning027 737 8423
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- ▶ **AYR St - Counselling**027 6861849
Kaye Mattingley...Dip.Grad.S.Sc.Otago.NZRSW. MANZASW
- ▶ **Barbara Liffiton**0211 807 366
.....NZ RCpN, Grad Dip GT, Prov NZAC

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- ▶ **Oamaru Denture Clinic**434 7560
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Dressmakers

- ▶ **Robinson Gray**021 173 6161
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.....Clothing alterations

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- ▶ **XTO Driver training Ltd** ..027 262 2031
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- ▶ **Oamaru Public Library**.....433 0850
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- ▶ **Bryan Searle, Oamaru Electrical** 0277157170
- ▶ **Robert Jones - Electrician.** 027 445 0523
.....434 0994
- ▶ **Whitestone Appliances**..... 021 366 446
.....repairs.....434 6810

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- ▶ **Sylviane's Karaoke**027 737 8360
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- ▶ **Roses General Store**021 515 205
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NEW PATIENTS WELCOME

Women's Health Fundraising Dinner/Auction evening

**Wednesday, October 14
at 6.15pm
Loan & Merc,
Harbour Street,
Oamaru**

There have been four very successful information evenings on women's health held in Oamaru.

These information evenings have been very successful in identifying a large number of women requiring extra help in our community and confirming that early detection and treatment is key to improving your health and quality of life.



Guest speakers

Dr Albert Makary
Consultant – Obstetrician and Gynaecologist
Senior Clinical Lecturer Otago University
M.B., CH.B., E.C.F.M.G (USA), M.Sc. (Obs & Gyn).,
F.R.C.O.G. (London), F.R.A.N.Z.C.O.G.

Many thanks to the businesses & volunteers supporting this fundraising event helping to improve women's health in our district. Sponsors: Raelene Guthrie - Razors Edge. Sally-Ann Donnelly - The Loan & Merc

FUNDRAISING & AUCTION PROCEEDS

Fundraising & Auction proceeds will go towards a new charitable trust which will be set up with the purpose of assisting people from our community to pay for specialist medical treatment. Conditions of the trust and funding will be determined by a steering group.

TICKET SALES

Tickets are \$50pp for a 2-course dinner followed by the information evening and auction.

We hope you will take part in the auction as it is an important part of the fundraiser.

Tickets are limited and available from
Razor's Edge
or Fat Sally's Pub and Restaurant



Three local women talk of their personal experiences passing on messages:

1. Endometriosis

"Huge relief after years of suffering."

2. Excessive bleeding

"Corrected by a afternoon procedure & still no bleeding after 15 years."

3. Surgical Mesh

"Say no to mesh and yes to the stitch procedure."

During the evening you will have the opportunity to write down a question and a selection of these will be answered by Dr Makary on the night.