

The community prefer to find their trade & service providers locally and rely on the Telegram for this.

27 October 2020

Phone 434 9651

Issue 509

## THE GARAGE DOOR CENTRE

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I hope you all enjoyed the long weekend... Now is the time to start thinking about Christmas - and as the Telegram is being quickly booked for this period, it would be wise to call in and talk about your advertising before it is too late.

These weekends are traditionally the time we cook our Christmas Cakes, so they are nice and yummy. My son and I feed our Christmas cake Port every other weekend, before icing on the week before Christmas. Every year, we also purchase one Christmas decoration for our tree from a local shop. Enjoy your week, Regards, The Telegram.

## Kids Fishing Day 2020

Register  
9am Wednesday  
4th November  
at Oamaru Sports  
and Outdoors

sorry no phone entries  
and no early registrations

Hurry limited to  
the first 200 (3-13yrs)  
Sunday 15th November  
10am - 1pm

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PH. TOM 021 0233 2002 OR 434 3326

Well we did get a little rain - but a little is nowhere near enough, so let's hope we get a big Spring downpour before this goes to print!

Everyday something new and beautiful greets me in our garden. This week, fragrant Lilac, Sweet-peas, English Abutilon and Kowhai to please the birds. Some plants like Peony rose, Dahlias and even the rapid growing Alstroemerias are slow to develop, because of the drop in temperature we have been experiencing. If you need to shift young Rhododendrons, Azaleas or Camellias - do it immediately after flowering, before they put on their new season growth. If large, they will need a third of the top removed after transplanting. Once Spring flowering Shrubs have finished flowering, they can be trimmed if needed. **Geraniums and Pelargoniums** are available now and should be planted in sunny positions. **Fuchsias** are also on offer; they benefit from afternoon shade to thrive. If you are concerned about the predicted hot dry Summer having a disastrous effect on your garden, plenty of **Mulch** is the answer to retain moisture and improve soil structure, while suppressing weed growth. Straw, grass clippings, soft hedge clippings or weed free compost are excellent cover to keep exposed soil from baking, while plants are becoming established. Soil should be soaked before applying mulch and if gardening on clay soil, a dressing of gypsum will break down clay or poor draining soil and over years will eventually convert poor soil into good growing soil. **Roses** will be putting on rapid growth now, needing food and water kept up keeping them in good health to avoid the need to spray. Container plants also need slow release fertilizer and re-potting if in a container 2 years or more. If very root bound, half a root ball can be removed with a sharp spade - given a good soak in a bucket, then replanted into a new mix with water Crystals, as I have mentioned before. Placing a pot inside another, will help keep roots from overheating going into Summer. **Cymbidium orchids** can be divided and re-potted now if crowded. Water lilies are available this month and need to be planted in a basket lined with sphagnum moss, or a double layer of Chux dish cloths will do it, then add garden soil, slow release fertilizer or manure, more soil, then the lily and lastly a thick layer of shingle placed on top to help weigh the basket down in the water and stop the fertilizer / manure leaching out which will create green slime growth in the pond.. **Fruit and veg:** I have been digging in aged manure, mounding Potatoes, planting Beans and Salad greens, Peas, Corn and Beetroot. It will be up to the watering from now on!! Watch your Fruit trees and Grapes for fungal diseases - if affected, spray with an organic fungicide while growth is new. If you have had trouble in the past with Codling Moth, get traps in place now before fruit forms. Dealing with Codling Moth: I have had positive feedback with the following: use a plastic milk container, and place in it 1 Banana peel, 1 cup Vinegar and 1 cup Sugar. Fill the container almost full of water, replace the cap and shake it well to mix and dissolve the contents. Remove the cap and firmly secure one container into each Apple tree. The Moths are attracted to the scent of the concoction, becoming trapped and drowned when they investigate. Refill with water as needed throughout the Summer. "Rockvale Garden" is open daily: Bring a picnic - seating is plenty, toilet available / donation entry. Cheers, Linda



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## HOPE AND FEAR

We all have thoughts regarding climate change and other global, local and individual concerns. In contrast to the use of social media for reactionary expressions of frustration and anger, are there more creative ways to express these concerns? The 'Hope and Fear' exhibition is a more practical and collaborative approach to this expression, with involvement from over 22 local makers/artists/creatives and funding from the Waitaki District Creative Communities Scheme and the Community Resilience Fund. The exhibition of 33 works of painting, drawing, photography, sculpture, mixed media, poetry and film, will open to the public this Saturday, and a special event for spoken word and song submissions will follow very soon. Thank you to all those who submitted and all those that attended the Parent and Child workshops or Amanda Dennis' Drawbridge sessions at Our Hub, Oamaru Creative Arts Space. Some of these collaborative or transformative pieces are featured in the exhibition. For all those that missed this opportunity, interactive installations are also on show and any member of the community can contribute in the simplest way. Come see and add to the collection of paper cranes or play a giant game of Tic Tac Toe. You just might find yourself reflected in these works already! The Hope and Fear Exhibition, Oct 31st - Dec 6th, Forrester Community Gallery  
 [Brought to you by Our Hub, Oamaru Creative Arts Space, 191a Thames St (Cnr Eden and Thames Sts, above Lagonda Tearooms) Contact: 0210421498 (Eddie Robinson) Email: [creativityandcommunity@gmail.com](mailto:creativityandcommunity@gmail.com)]



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### Let's Talk About MOVEMBER

The Movember movement aims to change the face of mens' health by raising awareness of mental health, suicide prevention, prostate cancer and testicular cancer.

When it comes to mens' mental health, the global rate of male suicide is high. Six out of ten suicides are men. An average of one man dies by suicide every minute of every day.

Men are twice as likely as women to experience addiction. There are a host of addiction support services out there to help. On the subject of prostate cancer, men must get checked! One in eight New Zealand men will get prostate cancer in their lifetime. Over 3,500 men in New Zealand are diagnosed every year, with over 600 dying of the disease every year. Prostate cancer is the most common cancer in men in New Zealand. However, with early detection and treatment prostate cancer is easily survivable. So, GET TESTED!! There are two simple tests for prostate cancer, one is a blood test and the other a physical examination. As the old saying goes, prevention is better than the cure!! Men over the age of 50 are encouraged to discuss with their GP having annual tests for prostate cancer. However, where there is a family history of prostate cancer it is recommended to have these annual tests from the age of 40. Moving to testicular cancer, it is the most common cancer affecting men aged between 15 and 39 years of age. Men with undescended testicles at birth, who have a family history or a father/brother who has had testicular cancer are at an increased risk. Testicular cancer is a highly treatable cancer and can be effectively treated, and often cured, if diagnosed and treated early. For more information take a look at the [nz.movember.com](http://nz.movember.com) website. Otherwise come in to Oamaru Pharmacy and see what information/advice we have to offer.

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**Jenny is our only local operating  
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A convenient location, that is close to other health services, with easy parking and easy access.

The clinic is open Monday to Friday, with the flexibility of weekend appointments if needed.

You may see Jenny out and about, Jenny visits our local rest home residents, at no extra charge for her time and travel.

Jenny also offers Free cleaning in-store every Wednesday to all of our community residents.

We recommend to book in early for any new dentures or relines before the end of the year.

**For the month of November: We will offer 5 % Gold card Discount off both Relines and New Dentures. Book in early to avoid the Christmas rush.**

**Common Question**

**Q.** How many times do I need to reline my dentures?

**A.** As we age our gums continually shrink and therefore our bite changes. If you have a loose-fitting denture, a reline may solve the problem rather than replacing your denture.

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SALE STARTS: 30 OCTOBER 2020. SALE ENDS: 15 NOVEMBER 2020.

# North Otago Motor Group

## CAR OF THE WEEK



Toyota Yaris Cross  
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**\$38,990** (pw \$184\*)

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### Motoring with Jamie

Hi! Jamie here, North Otago Motor Group. The brand new Yaris Cross is here! This compact SUV provides the agility expected from a small car combined with the classic qualities of a SUV such as a versatile luggage space, higher body and ride height and larger wheels & tyres. This 1500cc hybrid delivers impressive performance with remarkable combined fuel economy of 3.8 litres/100km (over 70 MPG!). The full Toyota Safety Sense suite is included which gives you the reassurance of autonomous braking and adaptive cruise control. The new Yaris Cross Limited Hybrid is available to test drive now. We have over 35 years LOCAL experience in the industry and our team, Peter, Martin and myself are here to help you. Being local has huge advantages for you. We are close to where you live; you can pop in and see us or we can come to you - plus we have a service and parts department. See us any day including Saturday 9am-12, or call us to make an appointment outside working hours. Loads of options of vehicles too, from small run-bouts, SUV's to 4x4's. Plus we can cover everything from finance, insurance and extended warranties. Have a great week. *Jamie 0800660070*



Jamie

### Troop - Waitaki Interiors

French Country Collections have been passionately pursuing their dream to bring homes to life for over 30 years. They believe a home isn't created overnight. It is built on and curated over time. Home should be a collection of our treasures, memories, and experiences that we simply cannot live without. Waitaki Interiors has new French Country Collections stock arriving in each week in the lead up to Christmas. French Country Collections are inspired by the simple luxury of the French way of life. They are passionate about creating homes that are made to be lived in, loved and shared. Their style is an easy blend of classic appeal and modern-day aesthetic. Each piece has an enduring quality designed for living. From a big family dinner to a lazy Sunday lie in, French Country products bring every corner of your home to life. Founded by Sonia Watts around her kitchen table, family is still firmly at the heart of French Country Collections today. Sonia's original passion for collecting - seeking out things that are both beautiful and useful - still forms the foundation of every one of their products today. *Come in to Waitaki Interiors and have a look at the beautiful French Country Christmas Decorations which have arrived - it's never too early is it.*

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# Waitaki Irrigators Kids Fishing Day 2020

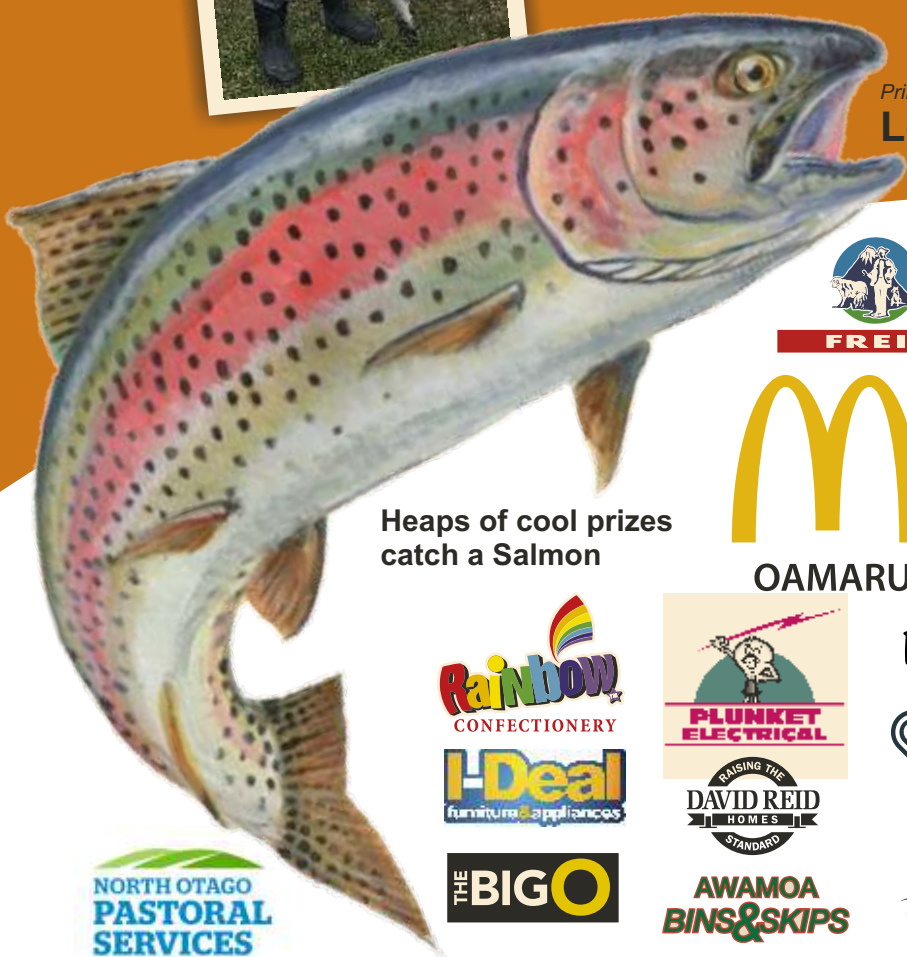


Register 9am Wednesday 4th November  
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Sunday 15th November 10am - 1pm

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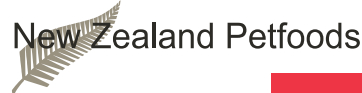


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## Chatham Islands – Must Visit

The Chatham Islands are a special part of the world and a unique part of New Zealand's heritage and natural environment.

Located over 800 kilometres east of Southern NZ, the two largest islands Chatham and Pitt with only about 600 people living on them have officially been part of NZ since 1842. The Chatham Islands may be remote but getting there is easy with regular flights operated by Air Chathams out of a number of NZ airports. These rugged and windswept islands are surrounded by the pristine and unspoiled waters of the Southern Pacific Ocean and they have a diverse landscape and fascinating history.

The island operates on a host system meaning accommodation is pre-booked so that your host will pick you up from the airport (there are no taxis or public transport) and look after you during your stay. In addition a lot of attractions are on private land so you have no choice than to be guided by a host to get to the sights. Rental cars are available if booked in advance.

If you want to see the sunrise from the first inhabited place on the planet then be sure to take a boat or plane ride to Pitt Island.

If you love wildlife, wild places and wild scenery the Chatham Islands will be a memorable holiday like no other.

**Jannine Hore – Travel Broker**

## Gingerbread Men

2 cups Standard Grade Flour, ½ tsp Baking Soda, 1 Tbsp ground ginger, 1 cup Soft Brown Sugar, Dark Cane Sugar or Organic Coconut Sugar, 150g Tatarua Butter, cubed, 1 egg - beaten, 1 Tbsp Golden Syrup

### Icing

1 egg white, 1 ½ cups Icing Sugar, 1 tsp lemon juice, Lollies or currants to decorate

Preheat oven to 180°C bake (160°C fan-forced). Line two baking trays with baking paper.

Place the Edmonds Standard Grade Flour, Edmonds Baking Soda, ginger and Chelsea Sugar in a bowl or food processor. Add Tatarua Butter and rub in with fingertips or pulse in food processor until it resembles fine breadcrumbs. Add egg and Chelsea Golden Syrup and stir or pulse to mix. If the dough is sticky, add a little more flour until it forms a workable dough. Wrap in plastic wrap and refrigerate for 30 minutes.

Roll out on a lightly floured surface or between two sheets of baking paper until 5mm thick. Cut out shapes using biscuit cutters and place on trays. Form leftover dough into a ball and re-roll and repeat cutting out until dough is used up.

Bake for 8-10 minutes until golden brown. Cool on a wire rack.

### Icing

Make icing by beating egg white with a fork until frothy. Fold in the other ingredients and place icing in a resealable bag. Snip off the corner and pipe decorations onto each biscuit. Use icing to attach lollies or currants.

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## Community diary

### Wednesday 28th

**Excelsior Petanque Club;** Ph 4372557, Wed & Sun 1-3pm, Excelsior Rugby & Sports Club.

**Free JP for certifying documents, affidavits, & declarations.** 10-1pm at the Public Library.

### Thursday 29th

**N.O. Asthma Society Respiratory Exercise Class,** 10am, St John Hall, Exe St. Ph 437 2673.

**Migrant Meet and Share,** 10.30am at the Landsar Rooms in Severn St. Build connections & learn about life in Waitaki. Ph Maria 021 066 5143.

### Friday 30th

**AA;** Orwell St Chapel, 12noon. Ph. 0277227818.

**Meadowbank Bowling Club;** Bowlers & non-bowlers welcome. 14 Conway St Social bowls from 2pm. Ph Mary 4347196.

**Newcomers Coffee Group** at 10am at either the Opera House or The Brydone. Ph 0272428643

### Saturday 31st

**Weston Church Fun Fair;** Bring your pet lambs for racing & best dressed competition, gumboot throwing competition. Stalls, pony rides, face painting, bouncy castles & more. Ph 0274326036

### Sunday 1st

**AA Meeting;** Orwell St Chapel, 6pm. Ph. 0277227818 or 4372337.

**Oamaru Baptist Church;** Sandringham St, Service at 10am. All welcome.

**Reformed Church Oamaru,** 4 Eden St, morning service at 10:30am, followed by Sunday School, afternoon service at 5.00pm.

**St Paul's Church,** Coquet St, service and kids club. All welcome, 10am.

### Monday 2nd

**Genealogy help** by local genealogist - at the Oamaru library 10 am - 12noon.

**Waitaki Woodturners;** 1 pm - Oamaru Race Course & Tuesday evening at 7pm. Ph 439 5795.

**Waitoa Park Golf Club;** Twilight golf starting Cards in by 5.30 Tee off 5.45. 12 holes \$2. Members and Non Members welcome.

**Tokarahi spinners & Weavers meeting;** Tokarahi Hall from 10am. Contact is Christine, 4342223

### Tuesdays 3rd

**AA Meeting;** Orwell St Chapel, 7:30pm, Ph. 434 0227 or Ph. 432 4191.

**Family History Talk;** 6pm Oamaru Library. Marilyn Wreakes "A personal experience of Family History research."

**U3A Waitaki,** talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph. 434 6613.

**Age Concern Gentle Exercise.** 1:30 - 2:45pm Seated exercise class with music, followed by afternoon tea. Orwell St Church.

## AGM

**Central Coast Country Music Assn Inc AGM;** November 6th at 7:30pm at St Josephs School Hall Usk Street. All Welcome.

**Excelsior Petanque Club AGM;** 29th Oct at 4pm at the Excelsior Clubrooms.

**Oamaru Garrison Band AGM;** Tuesday 27th Oct 2020 at 7:30, Bandrooms, C Rusbatch Secretary.

**Oamaru Repertory Society AGM;** Repertory Theatre Itchen St, Monday Nov 23rd at 7:30pm.

**Pukeuri War Memorial Hall AGM;** To be held on Wednesday 18th November 2020 at 7pm in the Hall, Works Road, Pukeuri. Everyone Welcome.

**Tokarahi Collie Club AGM;** Tuesday 10th November 2020 at 8pm at the Tokarahi Collie/Golf Club rooms, Dip Hill Road. Followed by GM.

**Totara Public Hall AGM;** Notice is hereby given for the 2020 AGM of the Totara Public Hall Committee. Wednesday 11th Nov at 7pm, Totara Hall, 633 Fortification Road, Oamaru.

**The Waitaki Girls' High School Old Girls and Staff Assn AGM;** Sat 31st Oct 2020 commencing with a luncheon at the Star & Garter 12pm. Ph 4395364 if attending.

**Waitaki District Community House AGM** to be held at Community House, 100 Thames Street on 17 November at 10am. All welcome.

**Waitoa Park Golf Club Inc AGM;** Tuesday, December 1st 2020, 7.30 pm at the Clubhouse.

## Public Notices

**Oamaru Coffee Riders,** ALL riders, all abilities catered for. For ride times & venues. ph 0211214627 Special meeting for concerned parishioners from St Luke's Anglican Church Oamaru; Sat Oct 31st 2:30-4pm. Totara Estate private meeting room, by Invitation only, This meeting is for those parishioners who wanted to discuss the problems in the parish. Annie will provide her cream teas and in this friendly atmosphere we hope to find ideas to solve those problems. Invitation have been issued. Any parishioner who has not received an invitation and wishes to attend please contact the co-ordinator on 03 434 5677.

**St. Paul's Maheno/Otepopo Parish Fete;** Coquet St, Shurch Hall, Sat 7th November 10am-3pm. Power point slide show, Sub Antarctic Islands and Iceland Baking Produce, Plants, Silent Auctions, Sausage sizzle, Pre-loved Jewellery.

## Services

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- Car Rental



## Handy Phone Listings

### Accommodation & Facilities

- ▶ **Holiday Home - Seaviews 'n Sistas**  
Relax 10% off Moeraki .....021 0827 0805

### Acupuncture & Massage

- ▶ **Rick Loos (NZRA)** .....03 434 9663  
Acupuncture, Massage & Reflexology

### Building & Construction

- ▶ **DOMINATOR Garage Door Centre**  
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- ▶ **David Ovens Building Contractor Ltd**  
.....Licensed B/P.....027 481 9424
- ▶ **Doran Brick 'n' Block** .....027 516 5675
- ▶ **Handyman Al's Maintenance & Repairs, qualified joiner**.....027 221 1069
- ▶ **MGM Handyman Services,**  
*Your professional handyman* 022 3106294
- ▶ **Wayne Nuttall Builders**..... 437 2513  
.....027 434 3409

### Carpet & Vinyl layer

- ▶ **Dion**.....0223924852  
specialising in second hand carpet & repairs
- ▶ **Flooring Specialist ...** free measure and quote  
in Oamaru township ..... 021 727 498

### Chiropractor

- ▶ **Oamaru Chiropractic**.....021 729 868  
*Robert Brydges* .....179 Thames St
- ▶ **Ron Sim Chiropractor**.....434 8784  
.....31 Essex St, Weston

### Cleaning

- ▶ **A1 Spic n' Span**.....434 5534  
*Almost ALL Cleaning* .....027 737 8423
- ▶ **AA Gutter Cleaner**.....0274 335 295  
*For your annual Gutter Cleaning...*
- ▶ **A+ Services NZ Ltd**.....0800 155 166  
*windows, gutters and carpets*..... 027 7144 812
- ▶ **Kimis Home Cleaning**.....027 292 1023  
*Your home cleaning service....*

### Contracting

- ▶ **HR Contracting**.....*Lifestyle Conventional*  
*baling, balage, hedge cutting & more* 0274150775

### Counselling

- ▶ **AYR St - Counselling** .....027 6861849  
*Kaye Mattingley...Dip.Grad.S.Sc.Otago.NZRSW MANZASW*
- ▶ **Barbara Liffiton** .....0211 807 366  
.....NZ RCPN, Grad Dip GT, Prov NZAC

### Dental

- ▶ **Oamaru Denture Clinic** .....434 7560  
Reg Clinical Dental Technician, 4/6 Coquet St

### Dressmakers

- ▶ **Robinson Gray** .....021 173 6161  
.....Tailored clothing & alteration
- ▶ **Jenny Boon** .....022 034.9190  
.....Clothing alterations

### DVD and CD

- ▶ **Oamaru Public Library**.....433 0850  
.....cleaning service (resurface), \$5 per disc

## Electricians & Appliances

- ▶ **Bryan Searle, Oamaru Electrical** 0277157170
- ▶ **Robert Jones - Electrician.** 027 445 0523  
.....434 0994
- ▶ **Whitestone Appliances**..... 021 366 446  
.....repairs.....434 6810

### Entertainment

- ▶ **Sylviane's Karaoke** .....027 737 8360  
all occasions - bookings sylgal@msn.com

### Firewood

- ▶ **Weston Firewood**.....434 1085  
.....021 052 2877
- ▶ **Oamaru Landscaping**.....437 1888  
*Wood Supplies* .....027 555 0511

### Funeral Directors

- ▶ **Walls Funeral Services**.....434 8266  
.....49 Humber St

### Gardening & lawns

- ▶ **Ashleys Lawn & Garden Care**.....4372865  
*Includes ride on lawns*.....0221086606
- ▶ **CHANGEZ Landscape Property Services**  
*Property maintenance - Steve* 021 1148 900
- ▶ **Crew Cut large lawns**  
*Paul Houlaham*..... 021 331 261
- ▶ **Inside Out Landscaping Property & Garden Maintenance.** ph Brett 0212166775
- ▶ **Oamaru Garden Maintenance**  
*Richard Kennedy* .....021 0474758
- ▶ **Roses, garden weeding, hedges & lawns**  
*Steven*..... .ph/txt....027 2609988

### General Store

- ▶ **Roses General Store** .....021 515 205  
*9 Tyne St*.....after hours...434 8285

### Guided Tours

- ▶ **Historic Oamaru Tours**  
*Enquiries & Bookings*.....027 434 1173

### Handyman

- ▶ **Handyman** .....027 642 6474  
*Old job, water blasting, repairs, call or text.*

### Insulation

- ▶ **Dunbars Insulation** .....027 789 8788  
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### Interior Design

- ▶ **Tracey Vickers Design** ..... 027 5420 215  
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- ▶ **Waitaki Interiors**..... 434 7755  
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### Immigration

- ▶ **Immigration & Secretarial Services Ltd**  
sylviane@isservices.nz.....027 737 8360

### Joinery

- ▶ **Inex Joinery/Kitchens 4 Less**  
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- ▶ **Rycole Joinery** *Custom designed kitchens*  
.....434 5012.....027 276 2866

## Mobile Travel Broker

- ▶ **Lynne Sinclair, NZ Travel Brokers**.....  
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## Painters & Decorators

- ▶ **ACE Painters** .....027 201 1918  
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- ▶ **Central Furnishers** .....434 8994  
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- ▶ **Don - Painter & Decorator - 25 years**  
.....Call for a quotation .....027 2205403
- ▶ **Solid Plastering** .....027 3137250  
.....David Caldwell Plastering

## Pets

- ▶ **Suds & Paws for dog grooming** 4345957
- ▶ **Paws Awhile Boarding Cattery** 4341296

## Plumbers

- ▶ **AG Plumbing**.....021434950  
.....Blocked drains & CCTV Camera
- ▶ **Cunningham Plumbing, Oamaru**  
.....Plumbing & Drainlaying...0800 555 105
- ▶ **Foley Plumbers Oamaru**.....434 2330  
.....Sam Boswell.....0800 303 530
- ▶ **Hiflo's Group** ..... 03 434 9873  
.....Plumbing, Heating & Rockgas

## Professional Podiatrist

- ▶ **Simply Feet Podiatry**.....437 9025  
.....316 Thames Hwy, open Mon-Fri

## Picture Framers, Printing

- ▶ **Waimate Picture Framers**...03 6898568  
*For all your framing requirements*...0272918763
- ▶ **Oamaru Print and Copy Ltd**...434 9651  
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## Progress Coach

- ▶ **Jenny Malcolm**.....0274 477079  
.....*Helping you progress forward.*

## Real Estate

- ▶ **RayWhite - Leona Stretch**..0274 820908  
.....*Essential Realty Ltd Licensed REA 2008*

## Transportation & Rental Vehicles

- ▶ **Airport/Hospital, Oamaru Tour**...434 9506  
.....*transfers (Merv Aitcheson)* .....0272268347
- ▶ **Driving Miss Daisy** .....434 8421  
.....Appointments, Dunedin & Timaru Hospital, Shopping
- ▶ **Oamaru Dunedin shuttle** .....434 3007  
.....Mon - Fri, Door to Door .....027 2565651
- ▶ **Smash Palace**.....433 1444  
.....Cars, Vans, Bicycle Hire & Shuttle Service

## TV Installation & Repairs etc

- ▶ **Nathan Oakes TV, Sound, PC Install & Repairs**.....0210 237 0646 or 03 437 2474

## Upholstery

- ▶ **Craft Upholstery**.....Kirk 021 022 98678  
..... www.craftupholstery.co.nz

## Window Tinting

- ▶ **Tint a Window**.....0800 368 468  
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