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3rd November 2020

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Issue 510



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It is that time of year to get things sorted on the lead up to Christmas. The Oamaru Telegram will be running an open hours section for business/clubs. If you would like your business/club listed, you will need to get your details to us before December. Annual clean out: that is, we delete all entries from the community diary, forcing us to update them. Don't be left out! We will need your club/group details to us before the New Year. It is great to see businesses gearing up for Christmas trading, this is always a great time of year, I have asked the Organising committee of the Waitaki district Santa parade if it is going ahead - great news "yes!", it will be on Saturday 5th December. The Telegram is a proud sponsor of this community event, each year as it brings thousands of people into town for a great show.

*Enjoy your week, Regards, The Telegram.*

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**Gardens will be revived a little after the much-needed rain** - however so much more is needed during Spring to set growth up for Summer. With soil now warm, moist and ready for planting, small weeds are popping up ready for hoeing and easy pulling - all is pretty straight forward now for those who have time to enjoy the rhythm of Spring.

**Birds feeding young** will be making a mess in gardens and on paths searching for worms - so annoying to have newly planted annuals scratched out daily. This will not be happening with gardens sporting low front hedging or a continuous perennial border. I have found strips of shade cloth weighed down with stones covering a front planting will keep the birds off until new plants have settled in and filled out to cover exposed worm filled soil.

**Rhododendrons, deciduous Azaleas and Peony roses** are now displaying a dazzling range of colours and our Botanical Gardens are bursting with the delight of these Spring treasures.

Early flowering Rhododendrons can now have spent blooms removed before seeds set - especially those newly planted - energy is needed for growth not making seeds. There is a point on the spent bloom where it snaps off without disturbing the new leaf growth. Once you find this point snapping off, past blooms become easy.

**Roses** are budding up, but I see on some of mine Green fly has arrived and a few new leaves have had to be removed where I spotted rust, which was expected with soil being so dry and because we mulch thickly in our garden. Old leaves with rust and black spot spores would have escaped the cleanup in early Winter. Keeping a balanced food up to Roses is the best form of protection against pests and fungus as Nature has its own plan for keeping harmony in a garden. Continual spraying will mean continual spraying which I feel really does upset the balance for plants and insects. I stopped spraying a number of years ago - things got worse before it got better. It took about 3 growing seasons to get a balance back between healthy growth and insect and fungus attack. I now deal to Greenfly early as they congregate on new leaf tip growth, with a finger and thumb, and remove any leaves showing signs of rust or black spot - feed roots well plus folia feed with a fish based plant food to deter aphids and keep water up.

**Wisterias** are at putting on a display as well now. Once flowering is over, energy will go into putting out many long leaders. If your Wisteria has reached the distance and spread required, all of these leaders need to be removed - flower spurs develop on old wood year after year. If new leaders are left, they will strive to be aged wood and become heavy un-needed branches.

**Weeds** on pathways and in gravel, can be dealt to while small with a hoe or a homemade weed spray of 1 gallon white vinegar (16 cups,) 2 cups Epsom salts or table salt, 1/4 cup dish washing liquid. Pour the vinegar, dish liquid and salt into a spray bottle. shake until combined, let settle for 2 minutes then soak weeds entirely with formula. Let sit for a day with no rain to get result.

**Lawns** have had a dry start here in North Otago, but grass is tough and will soon bounce back with the right conditions- long may moisture and sun continue. Non-sprayed grass clippings can be spread as mulch on gardens to keep weeds down and add humus to soil - only add thick enough to keep out light. Spread around trees and Shrubs right out to the drip line to retain moisture but spread it around rather than leaving in heaps. If spraying lawn weeds, try spot spraying rather than a full cover as grass is in need of worm action to aerate soil.

**Fruit:** trees and Fruit bushes should be well on the way to making fruit - keeping moisture up when the season heats up is the next job, putting a mulch around the drip line will help retain moisture already in the ground.

**Vegetables:** Now is the perfect time for growing veg. Once planted, it's all about keeping the weeds down and birds off to give them room to grow. Pumpkin plants I put in last week are romping away as are the Corn seedlings. Planting Corn in squares rather than rows will ensure pollination on the lower tassels and add support during strong winds. Potatoes loved the last rain and are pushing on now the threat of frost is over. Tomatoes will be soon needing to be staked - if you have no glass or tunnel house, plant a couple of Cherry Tomato plants in pots and place in a sheltered, well-lit spot - they will produce all season. Russian Red bush Tomatoes also grow well outside in a warm spot. *Cheers, Linda.*





## Native Tree Planting Services

Contact Robert White

022 369 8121

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North Otago Motor Group



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## Pieces Of April - April Hayes Dickson

Many people can picture where they were when they heard that Kennedy had been assassinated. Others recall the exact moment they learnt John Lennon had died. I remember both. But with even greater clarity I remember the first time I heard Helen Reddy's "I Am Woman".

It was early 1973. I was 18. It changed everything. I was yet to articulate feminism but the song caught me in my mind, my heart, my hormones. All these years later, it doesn't matter where I am, those first chords still tug. It could be a muzac version in a shopping mall or a lift or it could be the original. It makes no difference: they leap out at me over any din. I was hoping that 47 years down the track its lyrics would be obsolete; that we'd be sitting around reminiscing about the bad old days, sentimentalizing Helen's theme.

If only. Women are still trapped. By lack of pay parity and representation, by violence, by poverty, by motherhood, by expectations, by political agendas, by predatory sexual harassment. The list goes on. And on. My heart sinks and my blood boils when I see music videos of young women wearing not much more than dental floss; they twerk and grind while referring to other women as "whores".

This isn't liberation, this is conforming to a male template rather than taking the high road to equality.

I was so ready for Reddy. She was woman. I heard her roar. Sadly, we still need to roar. Maybe louder than ever.



## Central Coast Country

Music Assn. Inc.

November 8th - 1pm START  
St Joseph's School Hall, Usk St

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## **Realfood Pantry**

### **Cup of Tea Loaf**

#### **Ingredients**

250g (9oz) sultanas, 250g (9oz) currants, 250g (9oz) caster sugar, 375ml (13fl oz) cold tea, 1 free-range egg, 500g (1lb 2oz) self-raising flour, 1tsp mixed spice, 1tsp grated nutmeg, you will need 900g (2lb) loaf tin, lined with baking parchment

#### **Method**

Place the sultanas, currants and caster sugar in a large bowl and pour over the cold tea. Stir well and leave, covered, overnight for the fruit to plump up.

Heat the oven to 180 C, 160 C fan, 350 F. Add the egg to the bowl of soaked fruit and beat in. Sift over the flour, mixed spice and nutmeg, and stir until the mixture is well blended. Spoon into the prepared tin and bake in the oven for 1 hour to 1 hour 10 minutes, until firm to the touch and a skewer inserted into the centre comes out clean. Remove the cake from the tin and allow to cool completely before serving. We love this cake toasted for breakfast.



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## **Build a Cake**

- Cake tin
- Dried ingredients
- Dried Fruit/Nuts
- Icing
- Decorations

**MON-FRI 9AM - 5:30PM SAT 9:30AM - 2PM**

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### **Working together Results in a win for District's Biodiversity**

What started as an episode of non-compliance has, with hard work and a great deal of good faith on both sides led to a positive outcome for one of the more pristine and beautiful parts of Waitaki. Lake Ohau station staff found themselves on the wrong side of the Waitaki district's regulatory processes earlier this year after clearing indigenous vegetation without a resource consent. "Protecting our unique biodiversity is a big part of what we are here to do," said Heritage, Environment and Regulatory Group Manager Lichelle Guyan, "It's a significant part of council's charter as the legislative guardians of the things we all love: whether you're a farmer, hunter, tramping enthusiast or cyclist." After the Council raised the issues of non-compliance, the landowner entered into a constructive dialogue with Council, and a solution was then able to be found, with Lake Ohau station committing to increase the areas within the property already protected as reserve and offering a donation to the council's biodiversity fund, something that is seen as being the best outcome and resulting in a now-strengthened council-community partnership which will add to what is already there; protect, educate and safeguard this pristine part of the Waitaki valley, so beloved by the public as a place for recreation.

"We would much rather seek out solutions that provide the greatest net benefit to the environment following a breach, rather than take punitive measures through the Courts simply because they are available to us," said Chief Executive Fergus Power, "and I commend the team for working so effectively to achieve this."

The money will top up an existing contestable funding pool which environmentally-focused community groups may apply for.



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## Let's Talk About Diabetes Awareness

Through the madness of COVID19, our own personal health has really come into light. We have all become more aware of the food we eat, and the physical activity we do. We have also become more aware of medical conditions, or potential medical conditions that we have, and we are now more than ever finding ways to fix these. One medical condition which many people are developing without even knowing is Type 2 diabetes. Diabetes affects many parts of our bodies, mainly our nerves, eyes, and kidneys. This happens because the levels of sugar in our blood are too high, for a long period of time. However, this disease can easily be managed by making changes to our everyday lives or taking medication.

In the month of November, your friendly team at Oamaru Pharmacy will be holding a diabetes awareness month. You can come down and see us for advice about diabetes including lifestyle and medications, see what information we have to offer or just come in for a chat.

Do not put your health on the backburner, come in and see our team for advice. *Oamaru Pharmacy 2018 Ltd, 171-173 Thames st, Oamaru. 03 434831.*

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## Hi-vis hue: Oamaru Opera House Goes Yellow for National Road SafetyWeek

Road Safety week this year runs from the 9th to the 15th of November. It is a chance for all road users to reflect on how we use the roads and whether we are keeping ourselves and other users safe. Throughout the week, Waitaki District Council's Road Safety Co-ordinator Jason Evered will be focussing on specific areas and providing hints and tips around how to keep ourselves safe. As a visual reminder, we will be lighting up the Oamaru Opera House yellow, joining other sites across New Zealand such as the Auckland Harbour Bridge and Christchurch Memorial Arches in showing our support for road safety. Road safety week is promoted by the Brake Charity, a national road safety charity that works to prevent road deaths and injuries and supports people bereaved and injured in crashes across New Zealand. More details can be found on the [brake.org.nz](http://brake.org.nz) website. Road Safety week happens every year, usually in May. Due to the Covid 19 lockdown it was postponed until November. It would be great to hear from any local businesses or groups who would like to get involved next year, please email [jason.evered@waitaki.govt.nz](mailto:jason.evered@waitaki.govt.nz) and register your interest.

Jason said, "I would especially like to thank Real Classic Radio 104FM, who will be broadcasting series of interviews and recordings Monday to Friday at 9.20AM. These include Adair Craik talking cycle safety, Senior Sergeant Jason McCoy of Oamaru Police talking about impaired driving, Kay Page CCS Disability Action around challenges faced by people with a disability on our roads, an interview with Students Against Dangerous Driving (SADD) talking about how young people view road safety and Sarrath Milmine of the Waitaki Road Safe community group detailing the work they do in the community around Fatigued driving.

The week should not teach us anything we don't know. What it may do is bring those issues to the front of our minds and help keep us all safe. We all deserve to return home in the same condition as when we left. Also of note, as of the 1st of November a number of speed limits changed across the district. These changes followed public consultation and public submissions. Do lower speeds make a difference? It takes about 5 seconds to cover 100 metres (rugby pitch) at 70kmh, it only takes 2 seconds longer at 50kmh. That 20kmh reduction can make a difference between life and death when it comes to braking distances and collision speed. Please be mindful of your speed. *Take care and Drive Safer, Waitaki.*"



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## Introducing Waitaki's Community Recovery Coordinator

Marianne Korten is Waitaki's Community Recovery Coordinator. The role is a new one, established to answer a need brought about by Covid-19. Marianne has a background in not-for-profits and public health. Her role is twofold: funding and data collection. When it comes to funding, she is on the hunt for grants and opportunities for the wider community, especially in view of Covid and its effects. She is charged with seeking out funders, searching for and researching grants relevant to our region and eligibility. The second part of the role is collecting wellbeing data, using aspects of the community that fall under a larger umbrella of the four wellbeings: social, economic, environmental and cultural. The Community Recovery Coordinator role sits within the framework of Safer Waitaki. Safer Waitaki is a whole-of-community project with a focus on community development and community safety. It was initiated as way of identifying and responding to key community priorities.



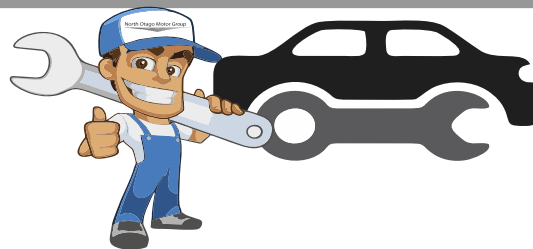
Community Development Manager and Safer Waitaki Coordinator Helen Algar said that the Safer Waitaki Network has grown from amembership of 17 organisations to over 160. "This is a unique and effective mechanism for supporting community wellbeing. Having Marianne's role adds weight to the evidence base we need to work from which will enhance our ability to deliver in a coordinated and targeted way."

The Coalition network meets in working groups which encompass a wide range of sectors including mental health, addiction services, elderly and positive ageing... with the purpose of discovering what the needs of the community are. Marianne says sharing this data means, "I can compare it to the national outcomes, create a wellbeing tool and use it to check how we're doing. We have the big picture and the small picture and in the end it should be a kind of roadmap: we started here and got to here. Ideally, we are doing exactly what the community wants us to do, making a stronger district, and we all benefit from that." Mayor Gary Kircher was supportive of the work, "District Councils are given the shared responsibility of improving the wellbeing of their residents. This is all about quality of life, filling the gaps which central government misses in our communities, and giving our people opportunities. The Waitaki District Council takes its role seriously, and also sees the very good opportunities to improve our district to the benefit of the community. We are also thankful to have Safer Waitaki as an organisation to partner with as we carry out our work."

A full list of the funding opportunities available as of this week can be found on the Safer Waitaki website:

<https://www.saferwaitaki.co.nz/funding>

For more information contact [mkorten@waitaki.govt.nz](mailto:mkorten@waitaki.govt.nz)



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# North Otago Motor Group

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### Motoring with Martin

Hi! Martin here, North Otago Motor Group. Is there such a thing as V8 Season? Tidy low milage Commodore V8's are a rare species, we are really lucky we have had two, we sold one SS V Redline last week and now we have one for enthusiasts who like the blacked out look. 2014 Commodore VF SS-V Redline, 6 litre V8, 6 speed auto, only 55,000ks, your chance to own a modern classic. Come and check it out today. We have over 35 years LOCAL experience in the industry and our team, Peter, Jamie and myself are here to help you. Being local has huge advantages for you. We are close to where you live; you can pop in and see us or we can come to you - plus we have a service and parts department. See us any day including Saturday 9am-12, or call us to make an appointment outside working hours. Loads of options of vehicles too, from small run-bouts, SUV's to 4x4's. Plus we can cover everything from finance, insurance and extended warranties. Have a great week. *Martin* 0800660070



Martin

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## Community diary

### Wednesday 4th

**Afternoon Social Housie;** 1.30 pm Darts Hall Ribble St. All welcome. Relaxed session using counters. North Otago Grey Power Ph. 4346249.

**Excelsior Petanque Club;** Ph 4372557, Wed & Sun 1-3pm, Excelsior Rugby & Sports Club.

**Free JP for certifying documents,** affidavits, & declarations. 10-1pm at the Public Library.

### Thursday 5th

**Friends & Neighbours** welcome you at Orwell St Church. 10am-11:30 interesting & varied programme. Ph. Valerie 4370520.

**N.O. Asthma Society Respiratory Exercise Class,** 10am, St John Hall, Exe St. Ph 437 2673.

**Migrant Meet and Share,** 10.30am at the Landsar Rooms in Severn St. Build connections & learn about life in Waitaki. Ph Maria 021 066 5143.

### Friday 6th

**AA;** Orwell St Chapel, 12noon. Ph. 0277227818.

**Johnston(e) Clan;** meet at 10am. All Johnston/e's welcome. Ph. Daphne 4346249 for venue.

**Meadowbank Bowling Club;** Bowlers & non-bowlers welcome. 14 Conway St Social bowls from 2pm. Ph Mary 4347196.

**North Otago Summer Bowls;** 7pm Centennial Park, all bowlers welcome. Ph 437 1999.

### Sunday 8th

**AA Meeting;** Orwell St Chapel, 6pm. Ph. 0277227818 or 4372337.

**Oamaru Baptist Church;** Sandringham St, Service at 10am. All welcome.

**Reformed Church Oamaru,** 4 Eden St, morning service at 10:30am, followed by Sunday School, afternoon service at 5.00pm.

**St Paul's Church,** Coquet St, service and kids club. All welcome, 10am.

### Monday 9th

**Clubnight – Trip Planning;** Come along with lots of bright – or even average – ideas for the summer. The more the merrier. Ph. John (439 5598) Meeting at NOSAR club rooms, 1 Severn St, 7.30pm

**Genealogy help** by local genealogist - at the Oamaru library 10 am - 12noon.

**Monday Music and More;** Music and fun for you and your wee one 0-3yrs. 10-11am, 6 Severn St.

**Waitaki Woodturners;** 1 pm – Oamaru Race Course & Tuesday evening at 7 pm. Ph 021 024 98604. waitakiwoodturners@gmail.com.

### Tuesdays 10th

**AA Meeting;** Orwell St Chapel, 7:30pm, Ph. 434 0227 or Ph. 432 4191.

**Alzheimers North Otago Support Group.** Oamaru Polytechnic campus, (humber St) 1:30-3pm, all enquiries welcome, Ph 03 434 9090.

**U3A Waitaki,** talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph. 434 6613.

**Age Concern Gentle Exercise.** 1:30 – 2:45pm Seated exercise class with music, followed by afternoon tea. Orwell St Church.

## AGM

**Central Coast Country Music Assn Inc AGM;** November 6th at 7:30pm at St Josephs School Hall Usk Street. All Welcome.

**North Otago Indoor Bowls;** AGM Monday 9th November 7pm Indoor Bowls Centre, Centennial Park. All members please attend.

**Oamaru Repertory Society AGM;** Repertory Theatre Itchen St, Monday Nov 23rd at 7:30pm.

**Pukeuri War Memorial Hall AGM;** To be held on Wednesday 18th November 2020 at 7pm in the Hall, Works Road, Pukeuri. Everyone Welcome.

**Tokarahi Collie Club AGM;** Tuesday 10th November 2020 at 8pm at the Tokarahi Collie/Golf Clubrooms, Dip Hill Road. Followed by GM.

**Totara Public Hall AGM;** Notice is hereby given for the 2020 AGM of the Totara Public Hall Committee. Wednesday 11th Nov at 7pm, Totara Hall, 633 Fortification Road, Oamaru.

**Waitaki District Community House AGM** to be held at Community House, 100 Thames Street on 17 November at 10am. All welcome.

**Waitaki Travel Club; Moeraki AGM/meeting;** at 10am at the Brydone Hotel, 13th Nov. Guest Speaker: Jill Buckingham "Gardens in Spain".

**Waitoa Park Golf Club Inc AGM;** Tuesday, December 1st 2020, 7.30 pm at the Clubhouse.

## Public Notices

**Oamaru Coffee Riders,** ALL riders, all abilities catered for. For ride times & venues. ph 0211214627  
Special meeting for concerned parishioners from **St. Paul's Maheno/Otepopo Parish Fete;** Coquet St, Shurch Hall, Sat 7th November 10am-3pm. Power point slide show, Sub Antarctic Islands and Iceland Baking Produce, Plants, Silent Auctions, Sausage sizzle, Pre-loved Jewellery.

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**Storage;** Chelmer st, near new containers. \$35 - \$40 weekly. Smaller units 1 B/R \$15-\$20 weekly. Ph 027 434 1289.

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- ▶ **Rick Loos (NZRA)** .....03 434 9663  
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- ▶ **Handyman Al's Maintenance & Repairs, qualified joiner**.....027 221 1069
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Your professional handyman 022 3106294
- ▶ **Wayne Nuttall Builders**..... 437 2513  
.....027 434 3409

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Robert Brydges .....179 Thames St
- ▶ **Ron Sim Chiropractor**.....434 8784  
.....31 Essex St, Weston

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Kaye Mattingley...Dip, Grad.S.Sc.Otago.NZRSW. MANZASW
- ▶ **Barbara Liffiton** .....0211 807 366  
.....NZ RCPn, Grad Dip GT, Prov NZAC

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- ▶ **Robert Jones - Electrician.** 027 445 0523  
.....434 0994
- ▶ **Whitestone Appliances**..... 021 366 446  
.....repairs.....434 6810

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.....021 052 2877
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Paul Houlaham..... 021 331 261
- ▶ **Inside Out Landscaping Property & Garden Maintenance.** ph Brett 0212166775
- ▶ **Little Praise - Garden Services**  
littleprairiegardens@gmail.com 0224987368
- ▶ **Oamaru Garden Maintenance**  
Richard Kennedy .....021 0474758
- ▶ **Roses, garden weeding, hedges & lawns**  
Steven.....ph/txt....027 2609988

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- ▶ **Roses General Store** .....021 515 205  
9 Tyne St.....after hours...434 8285

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- ▶ **Oamaru Dunedin shuttle** .....434 3007  
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NEW PATIENTS WELCOME



## Pre-Christmas Mini Sale

Saturday 7<sup>th</sup> November  
at St Luke's Hall  
10.00am to 2.00pm  
Morning and afternoon teas



## Tall Poppy Brings Fair Real Estate to Oamaru

Three of Oamaru's leading real estate professionals are bringing fair fees and fairer real estate to Oamaru.

Since 2012, Tall Poppy has been working to make real estate fairer for Kiwis. They've saved Kiwis more than \$53 million in fees, and earlier this year, they launched NZ's no1 free marketing package. Designed with industry leaders like Trade Me, it combines the most effective elements to get in front of the right buyers, at the right time, to sell your property.

Pip O'Connell, Jane van Schreven, Glen Rolle bring more than 40 years' experience in real estate to Tall Poppy Oamaru, all driven to by their commitment to offering their clients fairer fees with the best possible service.

Launching just last month, Pip O'Connell says for her real estate is not just about selling properties.

"For me, it's about listening to people and working with them to get the absolute best results. We're often working with people going through a significant change - marriage, new babies, or downsizing. They deserve fairness. Working with such a precious asset requires care, honesty, energy and commitment".

For Glen Rolle, he says the one thing he's looking forward to being part of Tall Poppy is the smile on his customer's face when they find out about the fair fees.

Jane Van Schreven has been selling real estate in Oamaru for seven years and says the fees and marketing package on offer with Tall Poppy – and even better as it's permanent – it's not a promotion. Jane, Glen, and Pip are all committed to Oamaru and value being part of an inclusive community and look forward to supporting with fairer real estate.

Contact Pip – 0273521001 Jane – 027 4438716 Glenn - 0275347382



OUR HUB, OAMARU CREATIVE ARTS SPACE PRESENTS:

## THE HOPE AND FEAR EXHIBITION

Works of visual art, poetry, mixed media by local artists and makers

### Forrester Community Gallery

**Oct 31st - Dec 6th**

Special event on Saturday Nov 7th, 2-4pm with song and spoken word

More information:  
[creativityandcommunity@gmail.com](mailto:creativityandcommunity@gmail.com)

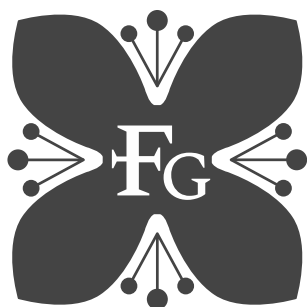
## The HOPE AND FEAR exhibition

If you are not already aware, the 'Hope and Fear' exhibition is a practical and collaborative approach to the expression of global, local and individual concerns, with involvement from over 22 local makers/artists/creatives and funding from the Waitaki District Creative Communities Scheme and the Community Resilience Fund. The exhibition of 33 works of painting, drawing, photography, sculpture, mixed media, poetry and film is on for the next five weeks, but submissions of song and spoken word will be performed at a special event this **Saturday November 7th, 2-4pm**. This is a family-friendly opportunity to meet the artists, members of the Our Hub Oamaru Creative Arts Space stewardship group, and see and hear the submissions among the community of creatives who have joined together in this special way.

The Hope and Fear Exhibition is on now at the Forrester Community Gallery. Come see and add to the collection of paper cranes or play a giant game of Tic Tac Toe. You just might find yourself reflected in these works already!

Brought to you by Our Hub, Oamaru Creative Arts Space, 191a Thames St (Cnr Eden and Thames Sts, above Lagonda Tearooms)

Contact: 0210421498 (Eddie Robinson) Email: [creativityandcommunity@gmail.com](mailto:creativityandcommunity@gmail.com)



**Forrester**  
GALLERY

**24 October - 22 November 2020**

### The Voices of Stone, David Sutton

Photography - New portraits from the Neolithic

### Hauora, Al Bell

Printmaking that explores diabetes and obesity among Māori

### Snowlight and other Southern Landscapes, Peter Belton

Paintings from excursions into hills, along coastlines and into steep places

**The Sea** until end November- from the Forrester Gallery collection

**31 October - 6 November 2020**

### Hope and Fear, Our Hub

Intermedia exhibition from Our Hub, Oamaru Creative Arts Space

