

The last issue for 2020 will be published on the 15th December with the deadline for copy on Thursday 10th 12pm.

Oamaru The Telegram

100% local 8,000+ homes weekly

24 November 2020

Phone 434 9651

Issue 513

THE GARAGE DOOR CENTRE

Call Brian on 0274 335 299 or 434 8476



DOMINATOR

YES we Sell Garage Door Systems – Free Quote
YES we repair Garage Doors

You can always tell when Christmas is close - as we start saying days until Christmas and not weeks or months... If you have events on over the two weeks of Christmas and New Year, you will need to book in your advert for the last edition before the 10th of Dec. It's not too late to get gifts designed and printed for Christmas and New Year events. Our shop Oamaru Print and Copy, will be open until 18th December. We are looking forward to some time off with family and friends... **Regards The Telegram.**



*Santa
Parade*
5th Dec

Register your Float NOW!

anton@thebigco.nz or collect from Oamaru Print



REMINDER TO SUPERGOLD CARD HOLDERS.. 10% OFF YOUR EXTERIOR WINDOW CLEANING

- ◆ Carpets ◆ Upholstery ◆ Windows
- ◆ Full cleaning packages ◆ Residential ◆ Commercial
- ◆ Water Blasting ◆ Full House Washing
- ◆ Builder's Cleans ◆ Floors & More!

Ph. 027 737 8423 or A/H 434 5534
facebook spicnspan.oamaru Call for FREE quote

New Zealand Petfoods

Keep your dog safe when boating this summer too!
Life jackets in store now



434 8484 - 16 Ouse Street



VAN SMIRREN ACCOUNTING

MOBILE ACCOUNTANT

Tax Services, Accounting Services, Business Consults

Contact John
for a FREE
Quote

Ph. 03 432 4283 or 027 431 2773

Email: john@vansmirrenaccounting.co.nz

Gillies

AUTOMOTIVE

FREE BATTERY TESTS

Nissan Service & Parts

We now have a new state-of-the-art Wheel Aligner for vehicles up to 6 tonne!
Get your WOFs & Services up-to-date before Christmas

Any mechanical issues or breakdowns, call us on

433-1199

4 Ouse Street, Oamaru

OAMARU
LANDSCAPING
 WOOD SUPPLIES

SPECIAL DRY PINE \$65 PER MT
 LOADS 2MT, 4MTS, AND 10 MTS,
 GREAT XMAS GIFT, SAWDUST UNTREATED,
 BULK 2MTS, 4MTS AND 10MTS,
 GREAT FOR GARDENS, HENHOUSES
 AND HORSE PENS, TRAILERS AVAILABLE.
Ph 03 4371888 or 027 555 0511
or Email oamland@xtra.co.nz

Lotto 'n Things (03) 437 1153
 411a Thames Highway

**Mail now overseas
 in time for Christmas**

New Zealand Post 

POST HOURS

Weekdays 8:30 am - 5.00pm
 Sat 9.00am - 4.00pm

Central Podiatry Limited
Nathan Dickson

Cost \$44 pension or community service, house calls available
 Quality treatment of all foot and lower limb conditions
Community House, Oamaru Ph: 434 8862

**Native Tree
 Planting Services**

Contact Robert White

022 369 8121



HANDYMAN

PH. TOM 021 0233 2002 OR 434 3326

General indoor &
 outdoor repairs,
 fencing, decking,
 bathroom, kitchen
 renos & more...



November is almost over and we are racing towards December the busy month.

Warm winds have dried ground out again as I write this - there are rain filled clouds all around, but no rain as yet. Because some nights are still cool, the Night Beetle and the big brown Moths have not yet made an appearance, but the Spittle bug is here frothing up plants. Spittle bug nymphs can turn a liquid secretion into bubbles, by moving or pumping their bodies. Once bubbles have formed, they use their hind legs to cover themselves with the froth that insulates them from temperature extremes and protects them from predators. Although Spittle bug nymphs do feed on plant sap, the damage is minimal and populations are usually small, so no pesticide is necessary - a strong hose blast should be enough to dislodge them.

Roses: I am keeping up the fish emulsion to foliar feed Roses and deter Greenfly - plus still removing old Hellebore leaves where I see Greenfly have populated on the under sides and wintered over.

Orchid growers - it is the time to re-pot now - use Orchid mix for the best results - it takes the guesswork out of wondering what to feed them.

Dahlias are pushing growth up fast. Get supports around those that grow large heavy blooms and they will not collapse when fully grown. So much spent Spring growth in our garden is needing cut back now - Aquilegias, Forget-me-not, Pansies, Violas and Catmint, plus I have dug out all the Polyanthus to replant in a shady damp spot until next Winter. Gaps will be filled with Daisies, Poppies, Petunias, Marigolds and Salvia .

Vegetable garden: Early morning soaking keeps moisture up through the day and helps with the germination of seeds. Successive planting can be kept up right through the Summer. If you are having problems with bugs or mildew on Veg, try an organic option spray or make your own natural sprays. The following plant leaves can be simmered in water and the resulting liquid used on plants. **Basil** will help to eliminate aphids, **Chives** prevent mildew occurring on Cucumbers, Squash and Pumpkins. **Coriander** also for aphids and spider mite. **Eucalyptus** is a good general-purpose insecticide. **Rhubarb** has been found to help prevent black spot. These may be only plants, but in liquid form they can be harmful to children, so keep marked bottles high up. I found that it is not a good idea to breathe in fumes when simmering. Keep doors and window open.

Companion planting: Some plants have been proven to help and enhance others, so I will list what has proven to work. Carrots and Onions together, Celery and the Brassica family, i.e.: Cabbage, Cauliflower, and Broccoli, Marigolds and Beans/Brassicas. Get Corn and Pumpkins in as soon as possible, because they need a long growing and ripening season.

Fruit: Keep water up to Currants and Berries, Lemons and Fruit trees - it takes a lot out of a plant to grow Fruit. There are specially prepared fertilizers for most plants, with instructions for how much to apply and when. All Fruiting trees and plants need a lot of water now to create juicy plump Fruit, it takes only a day of strong wind to zap moisture from the ground.

Remember to cover Strawberries from birds. Strawberry netting stretches out to cover a large area and does the job well. Birds can strip Gooseberries as well. Throw some frost cloth or old net curtains over them until you get a chance to pick them.

Keep food up to Tomatoes as they grow - be sure to remove laterals of the taller growing variety and stake them to keep them upright as fruits get heavier. They should be flowering now, waiting for Bees to pollinate them. If your Bees are few and far between on overcast days, you may have to move an electric toothbrush close to flowers, to gently move pollen around while leaves are dry. *Cheers, Linda*

Network probes - the silent assassins of cyber crime

Pretty much any IT professional will tell you that their networks have been probed at some point or another. Although technically network probes are not intrusions themselves, they shouldn't be ignored as they can easily lead to actual intrusions and infections.

So what are they and where do they come from?

It all boils down to the fact that there are known (and sometime not that well known) vulnerabilities in software and hardware that hackers have discovered. Network probes are a result of the pieces of software these hackers have written searching out vulnerabilities to exploit on your network.

The phases of attack from network probes

There are two phases of a network probe-based attack. First, the malware will scan your network, either using a port scan or a ping sweep. If it locates a vulnerable device it will infect that device with the malware.

Second, once installed, the host device becomes part of the infection matrix as on top of allowing the bad guys into that network as and when they chose, the malware will also then scan for other vulnerable devices on the Internet. And so the process goes as the malware copies itself from machine to machine and the infection spreads.

One common misconception is that with the hundreds and thousands of different devices attached to the Internet and the billions of people using it, the chances of getting infected in this way would be fairly remote.

Spreading the infection

However, a story from last year proves just how easily this can happen if you let your guard down. In this instance a Brazillian ISP supplied routers to its customers with a common vulnerability – generic router login details such as 'admin'.

With tens of thousands of customers all with the same hardware, this presented a treasure trove of opportunity for the bad guys to get in. Furthermore, with all potential victims being from the same ISP, the malware in this particular case was able to spread quickly as it was able to scan merely a subset of the Internet where it knew – or was at least fairly certain – it would find what it was looking for.

Of course, once an infection has taken place, all sorts of activity can happen on the target computers as unrestricted access can now easily be gained by the bad guys. But network probes is how it all begins.

Making sure you're protected

This is largely an automated attack with infected systems reaching out to find other vulnerable systems. It can also be difficult to detect. The Brazillian ISP is a useful case study as this could happen to any ISP because the routers provided at commercial level more often than not don't have a lot of robust features or don't undergo solid vulnerability and Q&A assessments.

On top of this, the ISP would usually be responsible for this piece of hardware, and patching and updating that as required. In a lot of cases these attacks continue until the supplier discovers that there is a problem, and they then face a huge expense patching and updating the machines in their infrastructure.

So what should your mitigation strategy be?

One of the biggest lessons here is not to rely on the infrastructure that is provided to you. Put in your own firewall or router to control access to your computer(s). This can be tough for small businesses and personal users but relying on hardware with default settings from your ISP, could leave you way too open to attack.

Talk to a local supplier about upgrading your internet router.

The Business HIVE

Professional office space for hire!

Flexible and affordable workspaces for hire by the month, day or hour.

Workspaces | Meeting Rooms | Workshops
thebusinesshive.co.nz | 03 398 2400

Wounded Bull Fire Wood Ltd

Free delivery to Oamaru 3m³/6m³ loads
Stacking available at extra cost



Unseasoned (green)

Pine \$60 p/m³
O.M.P \$65 p/m³
Macro \$75 p/m³
Bluegum \$75 p/m³

Dry

(when available)

Call Karl 027 629 7664

Get in now and avoid winter prices
Qualified tree felling, portable mill available,
macro timber sales

Your Business Christmas & New Year OPEN Hours;

If you would like to let your customers know what days you are open over the Christmas and New Year break - Let us know!

There are 3 Telegrams in December.

Please remember to let us now well in advance.!

Email: OamaruPrint@gmail.com

Oamaru The Telegram

100% local 8,000+ homes weekly



NZ owned & operated
Funeral Home

WALL'S FUNERAL SERVICES



When you need us,
we'll be there

Plan ahead with us, ease the burden on your loved ones by pre-planning.

Ensure your wishes are recorded and carried out.

Ensuring peace of mind

Funeral prearrangement simply means that by planning now, you can ensure that your funeral reflects your personal wishes.

49 Humber Street, Oamaru
P: 03 434 8266

E: admin@wallsfuneralservices.co.nz

OAMARU SPORTS & OUTDOORS



ANYTHING to do with camping and outdoors
see the local experienced team

223 Thames St Oamaru | Phone 434 5609

CUSTOM HIGH QUALITY LARGE FORMAT PRINTING



Oamaru Print and Copy Ltd
146 Thames St, oamaruprint@gmail.com

Alheimers Otago

Service of Remembrance 2020

We know that you have said goodbye to someone you love and the Christmas this year is going to feel different.

To acknowledge this, we want to invite you as well as your family and friends, to a twilight service of remembrance.

Together we will pause to remember those who have left us over the years. We do hope that you can join us at the Weston Church for this simple service. You are very much in our minds thoughts and we would love to see you if you can make it. *Twilight "Forget Me Not Service" Tuesday 1st December 7pm.*



Fresh Whole
Milk
The Natural Dairy
OAMARU

Glen & Bron Claridge
027 537 0043
27 Bulleid Rd, Oamaru
Free delivery in the Oamaru area.

New Zealand
OAMARU
Bottles are Recyclable, return to refill.

WWW.THENATURALDAIRY.NZ

Let's talk about Allergies

You certainly see an increase in the hay fever type of illnesses with the allergens that float around as you get to the warmer months. For hundreds of thousands of people however, Spring brings with it pollen and the misery of hayfever. Allergies are the most common chronic health condition affecting New Zealanders. At least one in five is affected, and this is likely to rise. Allergies are caused by the immune system overreacting to something that is otherwise harmless to most people.

Allergic Rhinitis, most commonly known as hayfever, is the most common symptom of allergies. It causes a recurrent runny, stuffy, itchy nose, and frequent sneezing. It can also affect the sinuses, throat and ears. It may affect the eyes for some people, as the protein found in pollen can cause their eyes to become irritated and inflamed, this can become quite uncomfortable and even debilitating preventing you from enjoying warm, sunny days when the pollen count is at its highest.

Fortunately there are many products available to treat and prevent allergy symptoms. Such as nasal sprays, antihistamine tablets, eye drops, and health supplements. Other ways to help protect you against Allergic Rhinitis are keeping your home and car windows closed on windy days during the pollen season (August to March), avoid mowing lawns or walking in long grass and wear close fitting sunglasses. Reduce house-dust mites by vacuuming often and shampooing the carpet regularly.

Consider using dust-mite-proof covers for mattresses, duvets and pillows. Keep pets outdoors and regularly vacuum their hair or fur off the floor and furniture. Avoid dry dusting - instead use a damp cloth to wipe over surfaces. Hot wash bed linen weekly, and air blankets in the sun for about 4 hours to kill dust mites.

Come in and see the team at Oamaru Pharmacy, we are always here for you with professional, knowledgeable and friendly advice. We are open 7 days and do not charge a fee for faxed prescriptions.



North Otago Motor Group



Approved Insurance & Private Work Welcome

(03) 433 0145 - 24-30 Severn St

Pre-Approved

FMG
Advice & Insurance

Smith & Smith
SINCE 1873



Approved

STATE

ami

iag

N4

Lumley

Rawleigh's
HEALTHCARE
Your Local Stockist
Wendy Simpson
Independent Distributor
Rose's General Store
5 Tyne Street, Oamaru
Phone 021 515205
a/h 434 8285

Colin G.L. Jones Trust
GRANT APPLICATIONS
Applications for Grants are invited from
Groups and Organisations
to the above Trust.
Forms are available from
Property Brokers or
or email: adair@adairca.co.nz
APPLICATIONS CLOSE with completed
forms to Property Brokers by
5pm on Friday, 4th December 2020



Elizabeth Thomson - Cellular Memory
Friday 27 November - Sunday 14 February 2021

In Thomson's art we encounter new ways of seeing, feeling, understanding and possibly even remembering. As human beings, we are familiar with our own patterns of memory—and with motor- or body-memory which allows us to repeat physical movements. The idea of 'cellular memory' raises the possibility that memories might be stored within cellular structures.



KLAM LTD

Property Maintenance
 Repairs / Alterations



Making a house your home!

GARDEN THINGS
 BY KLAM

Planters
 Raised beds
 Garden Furniture

027 473 1430

CranioSacral Therapy & energy healing

- * headaches, neck pain, whiplash, head injuries
- * back injuries, vertigo, soft tissue disorders, post-op
- * stress, anxiety, fatigue, PTSD
- * Babies: colic, reflux, birth trauma, unsettled

Phone **Glenda Ruddenklau**
 021 386 823

Certified CranioSacral Therapist
 Reiki Master/Teacher

<http://glendaruddenklau.co.nz>
 (formerly BodyWork Oamaru)

Clinic dates: November 14-26, December 12-17,
 January 1st - 9th 2021

OAMARU
print & copy

we print
**BUSINESS
 CARDS**

Phone 03 434 9651



Where Happiness is Homemade

**We are now stocking
 T leaf T
 and accessories**



MON-FRI 9AM - 5:30PM SAT 9:30AM - 2PM

10 Eden St, Oamaru

03 433 1433

Like us on Facebook

RealFood - Refined Sugar Free Chocolate Cake

Ingredients

- 2/3 cup milk of choice
- 1 1/2 tsp vinegar
- 1/2 cup pure maple syrup or honey or agave.
- 1/4 cup vegetable or melted coconut oil
- 2 tsp pure vanilla extract
- 1/3 cup cocoa powder (not dutch)
- 1 cup loosely packed spelt, white, or gf all-purpose flour
- 1/2 tsp salt
- 3/4 tsp baking powder



Instructions

Refined Sugar Free Chocolate Cake Recipe: Preheat oven to 350 F, and grease an 8-inch square or round baking pan. Whisk together the first 5 ingredients, and set aside for at least 10 minutes. Meanwhile, stir together the remaining ingredients in a separate bowl until well-mixed. Pour wet into dry, stir just until evenly mixed, and transfer to the prepared pan. Bake 20 minutes on the middle rack, or until cake is light and fluffy and a toothpick inserted into the centre comes out clean. (If using a 9-inch pan for a thinner cake, you may have to experiment with the baking time)



Havenwyck Pets

Creating Calm

Gift Vouchers



Perfect Gift for Christmas

Petshop - Training - Rehoming
2 Coquet St 427 0174

Monday - Friday 9am - 5pm, Saturday 10am - 2pm

Pets Holiday Too! - Havenwyck Pets

This year has flown by with many critical national and international events occurring. Although we may not be able to travel with ease we are able to explore our own back yard to the fullest!

There are many great camping spots around New Zealand and accommodation options for those with pets.

If you are unable to take pets book in to local boarding facilities as these do fill up fast.

This year at Havenwyck Pets we are able to offer boarding for Rabbits, Guinea Pigs, Birds and are looking into our options for boutique Cat boarding. Call us, drop in or send an email to secure your place. Limited availability so be in quick!!

Kind Regards, Leanne Wreakes-Fallen, DipVN



Must Visit Waiheke Island

Waiheke Island is approximately a 40 minute ferry ride from Auckland and you can visit for a day or stay a few nights to truly appreciate all it has to offer. Waiheke Island is well known for its many wineries and vineyards including Mudbrick and Cable Bay as well as it's culinary delights with fantastic restaurants and top notch chefs. If wine doesn't appeal to you, the gorgeous white sand beaches are worth a visit on their own. Oneroa Beach is Waiheke's main beach, centrally located beside the main street and its many cafes and restaurants. Alternatively, you can enjoy Waiheke's art scene with local galleries and studios or the sculptor park. You could add a bit of adventure to your visit by taking a scenic flight or enjoy the stunning views of the island by choosing one of the three different zip lines operated by Ecozip Adventures. If you are a lover of the outdoors then Whakanewha National Park is an area of mature coastal native forest which has a network of walking tracks to explore. You can hire a bike to make your way around the island and there are plenty of opportunities to get out on the water with kayaking, paddle boarding, jet skiing, diving and snorkelling all available on the island. There is no shortage of awesome things to see, do and experience on Waiheke Island making it a must visit destination. **Jannine Hore - Travel Broker**

BATTERY AUTO ELECTRIC
 7 REGINA LANE OAMARU - PH: 437 0781

Keep cool this summer get your air con working correctly.
 We can repair boat & caravan issues as well.

HEADFIRST TRAVEL NEW ZEALAND

DOUBLE DECKER and local tours / transfers

- Staff / Christmas functions
- Weddings & local transfers
- Birthday parties

WINE & BREWERY tours

- Waitaki / Dunedin
- Rural local pubs



SUPPORT A LOCAL BUSINESS THAT IS SUPPORTING OTHER LOCAL BUSINESSES

BOOKINGS tel 021 682461 / 0800 000432
 email ralph@travelheadfirst.com

Council's role in controlling noise

Noise in the environment (including domestic noise) is subject to the Resource Management Act 1991 which gives councils the power to control noise in their cities or districts.

Under the Act, we are able to include specific controls in our District Plans setting

boundary noise levels between zones designated for specific uses.

For example, an Industrial Zone which shares a boundary with a Residential Zone may have a noise level set at a lower 55 A-weighted decibels (DBA). In rural districts, councils often set other conditions that 'protect' a commercial activity – for example, allowing farmers to bale hay without a noise restriction as the activity is weather-limited and the farmer needs to get it in as soon as possible. Fortunately, the adjacent landowners are usually aware of such impacts and don't complain as it is a seasonal imperative for the farmer. Waitaki District Council has in the past carried out noise level surveys across the district to assess existing 'background' levels and these have been used to determine the kind of controls that should be incorporated into the District Plan rules. If you are building a helicopter pad, or a skateboard park, for example, you would evaluate the various impacted parties and look at where you fit in the District Plan. Whatever the industrial or commercial process, those involved in generating the noise need to be aware of how they will impact their neighbours.

On any site, activities, other than residential activities and outdoor recreation, shall be conducted such that the following noise limits are not exceeded at any point;

- Monday to Friday 7am – 10pm 55dB LAeq (15min)
- Saturday 8am – 7pm 55dB LAeq (15min)
- At all other times and any public holiday 40dB LAeq (15min)
- Daily 10pm to 7am the following day 75dB LAFmax

Exemption; Noise limits shall not apply to residential activities and outdoor recreation, however the activity shall comply with the requirements of Section 16 of the Resource Management Act 1991.

Noise complaints

If you have a noise complaint issue with a neighbour you can contact 0800 108 081 - [Automated options after hours]

Noise from any source will impact on people. The effects can range from being mildly irritating and stressful, to depriving people of much-needed sleep.

Noise controlling machine.

Waitaki District Council typically gets 300-400 complaints a year through its after-hours noise control service. Most of these are complaints relating to loud stereos, with a small number relating to noise from factories and other commercial activities. Domestic noise complaints (usually occurring after normal work hours) are investigated and resolved by Council's after-hours Noise Control Officers. These officers are able to give notice both verbally and in writing to require the immediate abatement of the noise following their on-site assessment. Usually, where there is a noise impact issue, people are happy to comply with a request by the officer to "turn down the stereo". On rare occasions officers may need to seize stereo equipment. The owner then needs to claim it back from Council after paying a 'return fee'. The Police assist in cases where seizure is involved to ensure public safety.

Barking dogs

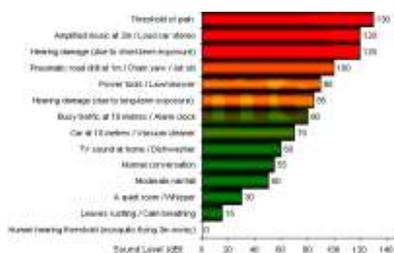
If your calls is about barking dogs please call Council on 0800 108 081 and your complaint will be dealt with by our Animal Control team. For more information please go to dog complaints page.

Noise complaints not dealt with by Council

- Noisy vehicles on a road – contact the NZ Police
- Noisy workplaces – contact Worksafe
- Noise from aircraft and trains – contact the Civil Aviation Authority or KiwiRail

Noise between tenants in the same dwelling or building premises – contact your landlord in the first instance (you can follow up with Council if there are any ongoing issues)

Noise complaint issue contact 0800 108 081



Playing way MORE Music

91.2 FM

Your Music
Your Station

OAMARU + PHARMACY
Your Pharmacy

Levrix

Effective Allergy Relief



Levrix

90 Tablets / 60 Tablets / 30 Tablets

Oamaru Pharmacy, 171 Thames st, Oamaru
Ph. 03 434 8741, Monday - Friday 8am - 6pm
Saturday 9.30 - 5pm, Sunday 10:30 - 4:30pm
www.pharmacy-nz.com

*Your pharmacist will advise you whether this preparation is suitable for your condition. ** Vitamins and minerals are supplementary to and not a replacement for a balanced diet. Always read the label. Use only as directed. If symptoms persist, see your healthcare professional. Weight management products should be used with a balanced diet and exercise. The pharmacist reserves the right not to supply when contrary to our professional and ethical obligation. Retail quantities only. Limits Apply. Not all products or promotions featured are available online. All products subject to Manufacturers Availability. We reserve the right to correct printing errors.

SALE STARTS: 24 NOVEMBER 2020. SALE ENDS: 1 DECEMBER 2020

North Otago Motor Group

CAR OF THE WEEK



Toyota GR Yaris \$54,990

FINANCE &
INSURANCE



Mon-Fri 8am to 5:30pm, Sat 9am to 12pm

*Based on Classic Finance with a 20% deposit over 60 months at 9.95% interest. \$409.20 establishment fee and normal Toyota Financial Services lending criteria apply

Motoring with Jamie

Hi! Jamie here, North Otago Motor Group. This weeks car of the week is the New GR Yaris Hot Hatch from Toyota. Just the sixth car ever to get 10 out of 10 from Top Gear UK (scan the QR code). Toyota NZ has just secured another small batch of this Hot Hatch, technologically advanced in all areas, 1.6 Turbo, 4WD, 6 speed manual, selectable drive train modes for street or track. It is designed to perform and even bigger on safety, with the full Toyota safety sense package, available to pre-order now, come in and see me today. We have over 35 years LOCAL experience in the industry and our team, Peter, Martin and myself are here to help you. Being local has huge advantages for you. We are close to where you live; you can pop in and see us or we can come to you - plus we have a service and parts department. See us any day including Saturday 9am-12, or call us to make an appointment outside working hours. Loads of options of vehicles too, from small run-bouts, SUV's to 4x4's. Plus we can cover everything from finance, insurance and extended warranties. Have a great week. *Jamie 0800660070*



Jamie

Waitaki Interiors

• Interior Design • Window Furnishings • Gifts & Homewares

Christmas Gift Ideas



Open - Every Sat until Christmas
10am to 1pm

29 Thames Street
Ph. 434 7755
www.waitakiinteriors.co.nz



Thank you for shopping Oamaru

Get your FREE Shop
Open Hours
Window labels
Ph 434 9651



ROGER SKENE BUILDING CONTRACTOR
OAMARU Registered Master Builder

Phone: 027 453 0709 - 03 432 4135

Email: rogerskenebuilding@gmail.com





How do we help you hear better?

Take the worlds smartest hearing aids...

Add the most dedicated hearing professionals in Otago and Southland.



FREE TECHNOLOGY UPGRADE* (save up to \$2300)

OFFER ENDS SOON

Call now for your **Free Hearing Check and Consultation.**

157 Thames St, Oamaru 03 433 0482

www.audiologysouth.co.nz

AUDIOLOGY SOUTH
Hearing Health Professionals

*On selected hearing aids. Terms and conditions apply. Offer Expires 24/12/2020.



THE FILIPINO WAITAKI INCORPORATED
PRESENTS

“KULTURA”

5 December 2020
7pm - 9pm
Oamaru Opera House
oamaruoperahouse.co.nz

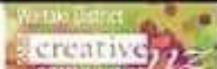
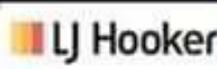
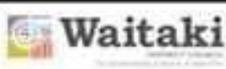
The F.W.I variety show is back - bigger, brighter & more fabulous! Be entertained & captivated with rich and colourful Filipino culture, full of story, dances & music, amazing costumes & everything fascinating from the Filipino tradition.



Experience the show of a lifetime!

Get your tickets now at the Oamaru Opera House: \$5 Child; \$10 Adult (+fee)

Brought to you by:





Hollander & Mathews
BUILDING

- New homes
- Alterations
- Decks
- Sheds
- Roofing

Caleb: 027 865 3841

New Business - Awa Osteo

ACC Accredited Practice
Providing Osteopathic
Care for the whole family
- using gentle hands-on
treatment methods such
as mobilisation; soft
tissue massage and

cranial assessments. For those who love to garden, dance and surf,
Osteopathy can help relieve pain from injuries, and help maintain
flexibility, strength, and health, so you can continue what you
enjoy!

What to expect?

Osteopathic consultation - includes Assessment and Treatment
Plans

We listen and take our time to understand your health concern.

For adults that can mean asking about your medical history,
injuries, and any surgeries – to understand the events that may have
led to your current symptoms.

For babies, we would enquire about any complications or difficult
moments during mum's pregnancy or delivery, which can cause
compressions or tension held within baby and cause them to be
uncomfortable and unsettled, having difficulty feeding/sleeping,
amongst other concerns.

We use a range of osteopathic treatment methods, including Cranial
Osteopathy, visceral, and joint mobilizations to help improve their
function in both physiology and form.

For any queries or to book an appointment please call me (Anna) on
0211363573.

*You can also connect with us through anna@awaosteo.nz, or
through our Facebook page www.facebook.com/AwaOsteo.nz*



Citizens Advice Bureau



Ngā pou whakawhirinaki o Aotearoa



Problem?

Can Citizens Advice Help
Free legal appointments
Access to contact details
of various agencies

We try to help solve your problems!

Ph. 434 9743 or 0800 367 222

Weekdays 10am - 1pm

Victor Nelson



CYCLES

Huge Range of Kitsets



Great Xmas Gift Ideas

231 Thames Street

Ph 03 434 9077

GIANT LIV

HARO THULE



• **KITSETS**
• **MODELS**

Victor Nelson

CYCLES

Cycling with Victor Nelson Cycles

Our team at Victor Nelson Cycles are passionate about cycling, we are a family business, we have been here for 73 years and still going strong, that's why we can advise you on the best products for you and your bike.

Victor Nelson Cycles is also a destination for model collectors in the Otago region. We also sell die cast model cars, planes, tractors and trucks and building kitsets we have a huge range, we are also stockists of a wide range of paints, glues and tools for kitsets only available in Our Oamaru Shop.

With Christmas coming up we have a huge range of christmas gift ideas like diecast models, kitsets of aircraft, trucks, cars, boats, tanks and the paints and modelling tools to go with it, plus slotcar and train sets and accessories for all ages, come in and have a look. We are open Monday to Friday - 8am to 5:30pm and Saturday 9:30am to 12:30pm.

Stay safe and enjoy cycling PAT CONN

Oamaru The Telegram

100% local 8,000+ homes weekly

**Your Business Christmas
& New Year OPEN Hours;**
If you would like to let your customers know
what days you are open over the Christmas
and New Year break - Let us know!

There are 3 Telegrams in December.
Please remember to let us now well in advance!
Email: OamaruPrint@gmail.com

THAI FOOD

11:30-2:30 & 5-9 7 DAYS

BANGKOKRECIPE.CO.NZ
03 434 6245 220 THAMES ST.

SuperGold 10% OFF LUNCH TIME for SuperGold Card holder

Community diary

Wednesday 25th

Excelsior Petanque Club; Ph 4372557, Wed & Sun 1-3pm, Excelsior Rugby & Sports Club.

Justice of Peace; available 10am-1pm for certified copies, declaration & affidavits at the public library.

Thursday 26th

N.O. Asthma Society Respiratory Exercise Class, 10am, St John Hall, Exe St. Ph 437 2673.

Migrant Meet and Share, 10.30am at the Landsar Rooms in Severn St. Build connections & learn about life in Waitaki. Ph Maria 021 066 5143.

Friday 27th

AA; Orwell St Chapel, 12noon. Ph. 0277227818.

Meadowbank Bowling Club; Bowlers & non-bowlers welcome. 14 Conway St Social bowls from 2pm. Ph Mary 4347196.

Newcomers Coffee Group at 10am at either the Opera House or The Brydone. Ph 0272428643

North Otago Summer Bowls; 7pm Centennial Park, all bowlers welcome. Ph 437 1999.

Waitoa Park Golf Club - Christmas Tournament \$12. 12.30 start - cards in by 12. Entries in by 21st. Members a plate. An invitation is extended to past members to join us for afternoon tea.

Sunday 29th

AA Meeting; Orwell St Chapel, 6pm. Ph. 0277227818 or 4372337.

North Otago Scottish Society; St Andrew's Concert, 2pm. North Otago Scottish Hall, 10 Tyne Street. Join us for an afternoon of entertainment at the Scottish hall. Followed by afternoon tea. Entry \$5 per person, members free.

Oamaru Baptist Church; Sandringham St, Service at 10am. All welcome.

Reformed Church Oamaru, 4 Eden St. Morning services at 10:30am, followed by Sunday School. Afternoon service at 5:00pm.

St Paul's Church, Coquet St, service and kids club. All welcome, 10am.

Monday 30th

Genealogy help by local genealogist - at the Oamaru library 10 am - 12noon.

Monday Music and More; Music and fun for you and your wee one 0-3yrs. 10-11am, 6 Severn St.

Waitaki Woodturners; 1 pm - Oamaru Race Course & Tuesday evening at 7 pm. Ph 021 024 98604. waitakiwoodturners@gmail.com.

Tuesdays 1st Dec

AA Meeting; Orwell St Chapel, 7:30pm, Ph. 434 0227 or Ph. 432 4191.

U3A Waitaki, talks, discussions for enquiring minds, 2-4pm. St Johns Hall Lounge. Ph. 434 6613.

Age Concern Gentle Exercise. 1:30 - 2:45pm Seated exercise class with music, followed by afternoon tea. Orwell St Church.

Alzheimers Otago; Twilight "Forget Me Not Service" 7pm, Weston Church.

AGM

North Otago Embroiderers Guild AGM; Nov 25th at St Lukes Hall at 10am.

North Otago Land Search & Rescue AGM; Tue December 8th 7.30pm, 1 Severn St, Oamaru

Oamaru Squash & Badminton Club AGM; 24th November 6pm, at the club rooms 14 Tyne St.

Waitoa Park Golf Club Inc AGM; Tuesday, December 1st 2020, 7.30 pm at the Clubhouse.

Public Notices

Colin G.L. Jones Trust Applications close with completed forms to Property by 5pm on Friday, 4th December 2020.

Oamaru Coffee Riders, ALL riders, all abilities catered for. For ride times & venues. ph 0211214627

Special meeting for concerned parishioners from St. **North Otago Grey Power Christmas Get Together,** Oamaru Club on Thursday 3 December. For more information and to book phone Daphne 4346249 before 22 November.

Rose Show; Blind Foundation Hall, Steward Street Fri, 4th Dec 1pm - 6pm, Sat, 5th Dec 10am - 4pm, Free Entry, Everybody Welcome.

The annual Toot for Tucker drive is to be held on Monday 7th Dec 6pm onwards. Food donations are sought for your local food bank to boost their stock as Christmas approaches. We are asking people to donate non-perishable food items; if you will not be at home please leave the food items by your mailbox or gate by 6pm. A big thank you to those who donate & to everyone who helps on the night

Lost

Red battery cover off mobility scooter. South Hill - CBD area perhaps. Ph 027 438 7614.

For Sale

Pig Manure Compost; mix of sawdust and Pig Poo. Great for all gardens \$6 a bag or \$50 a trailer load delivered. Ph 027 4431716.

For Free - 8 week old bantam Roosters tame & friendly. Phone Kate 437 1327.

Services

Clairvoyant Rose 4 Readings Ph. 021 126 3329.

Storage; Chelmer st, near new containers. \$35 - \$40 weekly. Smaller units 1 B/R \$15-\$20 weekly. Ph 027 434 1289.

Carpet/Vinyl layer second hand carpet & repairs. Dion 0223924852.

Experienced and innovative engineer available to build or repair any project, big or small. Your place or mine. 0274437142

Office space for hire by the month, day or hour. The Business Hive. Ph: 398 2400.

Macrocarpa Raised Garden Beds made to order and delivered Ph. 027 417 7397.

Smash Palace, for rental cars/vans/bikes, car parts and shuttle service. Ph. 433 1444.

Wanted

Tools wanted! Tradesman, carpenters, gardening tools etc. Ph. 021 450 405.

Raffle

North Otago Rugby Supporters Club; draw under police supervision 16th November, all winners have been notified.

The community prefer to find their trade & service providers locally and rely on the Telegram for this.



FIREWOOD LOGS
\$1200 truck and trailer
Contact Richard
027 966 3636

North Otago Motor Group

19 years Rental Experience in North Otago



RENTALS

24 hours - 7 days

Rentals by the hour, day or longer

- 8-12 Seater Vans
- Shuttle Trailer Hire
- Bike Trailer Hire
- Car Rental

 North Otago Motor Group Rentals Vehicles

(03) 433 0146 – (0274) 872 048

Handy Phone Listings

Accommodation & Facilities

- ▶ **Holiday Home - Seaviews 'n Siestas**
Relax 10% off Moeraki021 0827 0805

Acupuncture & Massage

- ▶ **Rick Loos (NZRA)**03 434 9663
Acupuncture, Massage & Reflexology

Building & Construction

- ▶ **DOMINATOR Garage Door Centre**
.....Quality you can trust.....03 434 8476
- ▶ **David Ovens Building Contractor Ltd**
.....Licensed B/P.....027 481 9424
- ▶ **Doran Brick 'n' Block**027 516 5675
- ▶ **Handyman Al's Maintenance & Repairs, qualified joiner**.....027 221 1069
- ▶ **MGM Handyman Services,**
Your professional handyman 022 3106294
- ▶ **Wayne Nuttall Builders**..... 437 2513
.....027 434 3409

Carpet & Vinyl layer

- ▶ **Dion**.....0223924852
specialising in second hand carpet & repairs
- ▶ **Flooring Specialist ...** free measure and quote
in Oamaru township 021 727 498

Chiropractor

- ▶ **Oamaru Chiropractic**.....021 729 868
Robert Brydges179 Thames St
- ▶ **Ron Sim Chiropractor**.....434 8784
.....31 Essex St, Weston

Cleaning

- ▶ **A1 Spic n' Span**.....434 5534
Almost ALL Cleaning027 737 8423
- ▶ **AA Gutter Cleaner**.....0274 335 295
For your annual Gutter Cleaning...
- ▶ **A+ Services NZ Ltd**.....0800 155 166
windows, gutters and carpets..... 027 7144 812
- ▶ **Kimis Home Cleaning**.....027 292 1023
Your home cleaning service...

Contracting

- ▶ **HR Contracting**...*Lifestyle Conventional*
baling, balage, hedge cutting & more 0274150775

Counselling

- ▶ **AYR St - Counselling**027 6861849
Kaye Mattingley...Dip.Grad.S.Sc.Otago.NZRSW. MANZASW
- ▶ **Barbara Liffiton**.....0211 807 366
.....NZ RCPN, Grad Dip GT, Prov NZAC

Dental

- ▶ **Oamaru Denture Clinic**434 7560
Reg Clinical Dental Technician, 4/6 Coquet St

Dressmakers

- ▶ **Robinson Gray**021 173 6161
.....Tailored clothing & alteration

DVD and CD

- ▶ **Oamaru Public Library**.....433 0850
.....cleaning service (resurface), \$5 per disc

Electricians & Appliances

- ▶ **Bryan Searle, Oamaru Electrical** 0277157170
- ▶ **Robert Jones - Electrician.** 027 445 0523
.....434 0994
- ▶ **Whitestone Appliances**..... 021 366 446
.....repairs.....434 6810

Entertainment

- ▶ **Sylviane's Karaoke**027 737 8360
all occasions - bookings sylgal@msn.com

Firewood

- ▶ **Weston Firewood**.....434 1085
.....021 052 2877
- ▶ **Oamaru Landscaping**.....437 1888
Wood Supplies027 555 0511

Funeral Directors

- ▶ **Walls Funeral Services**.....434 8266
.....49 Humber St

Gardening & lawns

- ▶ **Ashleys Lawn & Garden Care**.4372865
Includes ride on lawns.....0221086606
- ▶ **CHANGEZ Landscape Property Services**
Property maintenance - Steve 021 1148 900
- ▶ **Inside Out Landscaping Property & Garden Maintenance.** *ph Brett* 0212166775
- ▶ **Little Praire - Garden Services**
littleprairiegardens@gmail.com 0224987368
- ▶ **Oamaru Garden Maintenance**
Richard Kennedy021 0474758
- ▶ **Roses, garden weeding, hedges & lawns**
Steven..... *ph/txt*.....027 2609988

General Store

- ▶ **Roses General Store**021 515 205
9 Tyne St.....*after hours*...434 8285

Guided Tours

- ▶ **Historic Oamaru Tours**
Enquiries & Bookings.....027 434 1173

Handyman

- ▶ **Handyman**027 642 6474
Old job, water blasting, repairs, call or text.

Insulation

- ▶ **Dunbars Insulation**027 789 8788
.....*local and affordable*
- ▶ **Heartland Home Solutions** 0274451088
Your locally owned & operated Insulation company

Interior Design

- ▶ **Tracey Vickers Design** 027 5420 215
Upholstery and Furnishings03 439 5370
- ▶ **Waitaki Interiors**..... 434 7755
All window furnishings

Immigration

- ▶ **Immigration & Secretarial Services Ltd**
sylviane@isservices.nz.....027 737 8360

Mobile Travel Broker

- ▶ **Lynne Sinclair, NZ Travel Brokers**.....
*Longest established broker in North Otago.*432 4172

Osteopathy

- ▶ **Awa Osteo - ACC Accredited Practice.**
Anna King B.Ost DO..... 021 136 3573

Joinery

- ▶ **Inex Joinery/Kitchens 4 Less**
335 Thames Hwy..... 4341533 or 021 1085500
- ▶ **Rycole Joinery Custom designed kitchens**
.....434 5012.....027 276 2866

Painters & Decorators

- ▶ **ACE Painters**027 201 1918
.....for all your painting needs.
- ▶ **Central Furnishers**434 8994
.....custom made drapes & binds
- ▶ **Don - Painter & Decorator - 25 years**
.....Call for a quotation027 2205403
- ▶ **Solid Plastering**027 3137250
.....David Caldwell Plastering

Pets

- ▶ **Suds & Paws for dog grooming** 4345957
- ▶ **Paws Awhile Boarding Cattery** 4341296
- ▶ **Puppy Love Grooming**.....021 101 7858

Plumbers

- ▶ **AG Plumbing**.....021434950
.....Blocked drains & CCTV Camera
- ▶ **Cunningham Plumbing, Oamaru**
.....Plumbing & Drainlaying...0800 555 105
- ▶ **Foley Plumbers Oamaru**.....434 2330
.....Sam Boswell.....0800 303 530
- ▶ **Hiflo's Group** 03 434 9873
.....Plumbing, Heating & Rockgas

Professional Podiatrist

- ▶ **Simply Feet Podiatry**.....437 9025
.....316 Thames Hwy, *open Mon-Fri*

Picture Framers, Printing

- ▶ **Oamaru Print and Copy**.....03 4349651
printing, design, signage, scanning, binding & more
- ▶ **Waimate Picture Framers**...03 6898568
For all your framing requirements...0272918763

Real Estate

- ▶ **RayWhite - Leona Stretch**..0274 820908
.....*Essential Realty Ltd Licensed REA 2008*

Shoe Repairs

- ▶ **Cobbler Glenn** 79 Thames St434 8815

Transportation & Rental Vehicles

- ▶ **Airport/Hospital, Oamaru Tour**...434 9506
.....*transfers (Merv Aitcheson)*0272268347
- ▶ **Driving Miss Daisy**434 8421
..... Appointments, Dunedin & Timaru Hospital, Shopping
- ▶ **Oamaru Dunedin shuttle**434 3007
..... Mon - Fri, Door to Door027 2565651
- ▶ **Smash Palace**.....433 1444
.....Cars, Vans, Bicycle Hire & Shuttle Service

TV Installation & Repairs etc

- ▶ **Nathan Oakes TV, Sound, PC Install & Repairs**.....0210 237 0646 or 03 437 2474

Upholstery

- ▶ **Craft Upholstery**.....Kirk 021 022 98678
..... www.craftupholstery.co.nz

Window Tinting

- ▶ **Tint a Window**.....0800 368 468
UV fade, heat, glare & privacy. tintawindow.co.nz

The community prefer to find their trade & service providers locally and rely on the Telegram for this.

Classified Section Advertising Rates

AGM - Notices

\$13.50 for 2 weeks

4Sale & Services- Notices

\$13.50 plus \$4 for every line over 3.

Community Diary entries and public notices

\$13.50 plus \$4 for every line over 3.

Advertising space is limited

Please remember to book your advertising in advance. Our deadline is Wednesday night the week before publication.



Get your FREE Shop
Open Hours
Window labels
Ph 434 9651



Full Stocked with Whiteware

TV's
Lounge Suites
Dining Furniture
Whiteware



335 Thames Highway Mon-Fri 10-5pm



www.idealfa.co.nz



CENTRAL SOUTH ISLAND HELICOPTERS



for all your Agricultural & Commercial work
Matt 027 227 8256

I-Deal Furniture & Appliances

We are a licenced second hand dealer with the best range of quality secondhand furniture and appliances, we are registered WINZ supplier. We like to bring modernisation and service to the secondhand industry something I feel is lacking. I have worked in the retail industry for over 20 years and have worked in big supply chains like Smiths City and Harvey Norman. I wanted to have a secondhand shop that provides a service and customer focused environment. Since opening 8 years ago I have built strong relationship in Oamaru as the preferred whiteware supplier as I have the largest range. All items are tested cleaned to the highest standards, some ask if they are new!! I also pride my self in having a very good success rate. I am very picky on the items I sell so my breakdowns or faults are minimal almost non existant. We are fully stocked with 25 washing machines, 14 plus fridge-freezers, limited chest-freezers, come and have a look. Have a great week, Nathan.

A Victorian Christmas Special
at
Totara Estate
Celebrating Christmas... as they used to be!
Sunday 13th December
Starting at 1 p.m.
Sing carols in our historic Stables...
With stories, poetry, and fine festive food!

\$25 p.p. Bookings essential
For Bookings
Phone (03) 433 1269
Email totaraestate@heritage.org.nz

Totara Estate